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EPIDEMIOLOGICAL STUDIES ON *TOXOPLASMA GONDII* IN A ONE
HEALTH PERSPECTIVE

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Abstract:

The One Health approach emphasizes the need for interdisciplinary collaboration to address complex challenges spanning human health, animal well-being, and the environment. Recent global issues like environmental shifts, biodiversity decline, and the emergence of infectious diseases necessitate holistic and collaborative strategies. Effective monitoring of toxoplasmosis and *Toxoplasma gondii* diffusion is crucial. The objective of the present Ph.D. thesis was to investigate with a One Health approach the epidemiological patterns of *T. gondii* infection in Italy, to better understand the transmission dynamics of the parasite, following different research lines. The results of a retrospective analysis in animals and human showed the widespread distribution of *T. gondii* in the study area, with specific antibodies found in various animal species and human populations, indicating its constant presence across diverse environments. The environment plays a significant role in *T. gondii*'s epidemiology, as it serves as a natural reservoir for its infectious form, the oocysts. Migratory aquatic birds, rodents, wolves, and wild boars were investigated as sentinels of the environmental contamination by oocysts, highlighting the potential transmission across geographic areas and infection risks for wildlife in natural settings. The study also provided insights into seroprevalence in wolves. Dogs, subjected to serological investigations as intermediate hosts of veterinary importance, exhibited risk factors for *T. gondii* infection, such as cohabitation with cats, coprophagy behaviours, and continuous outdoor. Correlation between serological evidence of exposure to *T. gondii* and pathological anxiety in large-size dogs was observed, and the consumption of raw meat was associated with a higher risk of infection in these animals. The consumption of raw or undercooked meat is a significant risk factor for *T. gondii* infection in human, although in cattle the parasite is rarely directly detected in muscle. Results of the investigations conducted in this thesis, demonstrate the dynamic nature of *T. gondii* infection in cattle, characterized by new infections and declining antibody levels over the production cycle. The study also describes a co-infection between *T. gondii* and *Sarcocystis hominis* in bovine eosinophilic myositis, using innovative detection methods. In the final part of the Thesis, a comprehensive genotyping of *T. gondii* in Italy reveals the predominance of Type II strains, particularly in cases of ovine abortion and fatal toxoplasmosis among captive *Lemur catta*. This approach enhances our understanding of the parasite's genetic diversity and transmission patterns, vital for effective management of its impact on human and animal health in Italy.

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CHAPTER 1- *Toxoplasma gondii*: Uniting Health and Ecosystems, a holistic perspective

1.1 Taxonomy, Genetic intricacy and Population Structure

Toxoplasma gondii is a protist parasite found within the subphylum Apicomplexa, a taxonomic category encompassing over 6000 members, known for their endoparasitic nature and distinguished by the presence of an apical complex in their cellular structure. Infections caused by apicomplexan parasites impose a substantial burden on both public and animal health globally, with genera such as *Plasmodium*, *Babesia*, *Cryptosporidium*, *Sarcocystis*, and *Toxoplasma*, and also have significant economic implications in livestock industry due to parasites *Eimeria*, *Besnoitia*, *Neospora*, and *Theileria*, among others (Swapna and Parkinson, 2017).

Within the subphylum Apicomplexa, *T. gondii* falls under the Coccidia subclass, alongside other parasites characterized by life cycles which include merogony, gametogony, and sporogony phases. Initially, *T. gondii* was believed to exclusively parasitize extraintestinal tissues of a wide array of warm-blooded hosts. It wasn't until 1970 when Frenkel and his collaborators identified the parasite as an intestinal coccidium within cats, featuring an oocyst stage reminiscent of *Isospora* sp. (Frenkel et al., 1970). Within the Coccidia subclass, *T. gondii* is classified under the family Sarcocystidae, which includes other genera of cyst-forming parasites with heteroxenous life cycles. These life cycles include both sexual and asexual replication stages, the first lasting in the elimination of oocysts in the environment. Notable genera within this family include *Neospora*, *Besnoitia*, and *Hammondia* (Tenter et al., 2002). *T. gondii* stands as the sole species within its genus.

In the life cycle of *T. gondii*, akin to other apicomplexan parasites, there is a predominant haploid state, with a brief diploid phase occurring during the sexual stage within the definitive host's intestine. The formation of sporozoites through postzygotic meiosis adheres to classical Mendelian laws, as elucidated (Dubey, 2022). Consequently, most phases of the life cycle are characterized by allelic homozygosity, which not only facilitates genetic recombination but also supports direct assessments of population-level heterozygosity.

It's worth noting that for many apicomplexan parasites like *Cryptosporidium* and *Eimeria*, the sexual phase is considered obligatory. However, in the case of the *Toxoplasma* and

Neospora genera, zoites possess the ability to perpetuate asexual replication indefinitely, as outlined by Beck et al. (2009).

The haploid genome of *T. gondii* is composed of 13 chromosomes and boasts an excess of 8300 identified protein-coding genes, with a total genome size exceeding 65 million base pairs (Mb). This extensive genomic information has been reported in various studies (Khan et al., 2005; Reid et al., 2012; Lorenzi et al., 2016; Xia et al., 2021).

Comparative genomic investigations involving *T. gondii* and multiple members of the Apicomplexa subphylum have unveiled distinctions that set *T. gondii* apart from its closest relatives. These differences are notably attributed to the tandem amplification and diversification of specific gene groups engaged in host-parasite interactions. They also play a pivotal role in defining variations among the 16 significant clades within the species. These determinant groups include genes encoding for micronemes (MIC, involved in host cell attachment), dense granular (GRA) and rhoptries (ROP) (involved in the modulation of host immunity) secretory proteins, as well as members of the SAG1-related sequence (SRS) super family of surface adhesins (adherence and immune evasion) (Lorenzi et al., 2016).

Before methods reliant on the characterization of specific genetic markers were established, *T. gondii* isolates were primarily categorized based on their virulence in outbred mice. Additionally, observed differences in the expression of polymorphic antigenic peptides and zymodemes among *T. gondii* strains indicated variances in particular genes. These early findings were used to formulate initial population structures (Dardé et al., 1992; Bohne et al., 1993; Meisel et al., 1996).

Concurrently, during the 1980s and 1990s, molecular methods has been used for discerning genetic distinctions among *T. gondii* strains and correlating them with the observed virulence in mice, as documented by Sibley and Boothroyd (1992) and Howe and Sibley (1995). Among these approaches, the Restriction Fragment Length Polymorphism (RFLP) method, focused exclusively on the Surface Antigen-2 (SAG2) gene, enabled pioneering researchers to initially outline a clonal population structure consisting of three genetic types (I, II, and III) that exhibited associations with the virulence observed in mouse isolates derived from human patients (Howe and Sibley, 1995). The authors of these studies proposed that type I isolates were uniformly lethal to mice, regardless of the administered dose, while types II and III generally lacked virulence.

Subsequent to these developments, multilocus typing methods unveiled strains that carried alleles matching types I, II, or III, akin to those present in the three primary lineages. However, these alleles segregated differently across the analyzed loci. These strains were recognized as the outcome of recombination events between strains originating from the major lineages and were defined "recombinant strains." Furthermore, strains featuring unique polymorphisms at certain loci, distinct from those in the predominant lineages, were also identified and categorized as "atypical" (Ajzenberg et al., 2004). The ToxoDB database (<http://toxodb.org/toxo/>) plays a pivotal role in this context, allowing for the identification, compilation, and assignment of a distinct code for all deposited isolates and genetic variants. This coding is determined by the combination of alleles from 11 PCR-RFLP markers and is referred to as the ToxoDB genotype number (#). Additionally, specific designations related to origin can be attributed to particular genetic profiles defined by 15 microsatellite markers (e.g., Africa 1, Caribbean 3).

The genome-wide polymorphism rate among the three primary lineages has been estimated at approximately 1%. This polymorphism is marked by an extensive bi-allelism distinguishing type I, II, and III SNPs, as reported in various studies (Grigg et al., 2001; Khan et al., 2005; Boyle et al., 2006; Sibley and Ajioka, 2008). The origin of this clonality, the low genetic diversity within each lineage, and the limited divergence between them have been attributed to a relatively recent emergence and expansion from a common ancestor, occurring just 10,000 years ago (Su et al., 2003). This phenomenon is further compounded by a significant reduction in sexual reproduction, with a predominantly asexual mode of propagation (Sibley and Ajioka, 2008).

The prevailing assumption is that the genetic population of *T. gondii* primarily results from infrequent but pivotal meiotic/genetic crosses between highly similar parental strains. The substantial expansion takes place through asexual reproduction, facilitated by direct oral infection among diverse intermediate hosts. The unique capacity of a single zoite to engage in complete sexual development and self-fertilization within feline hosts, coupled with the limited number of cats simultaneously harbouring multiple strains, restricts the opportunities for genetic exchange (Boyle et al., 2006; Sibley and Ajioka, 2008; Wendte et al., 2010). Nevertheless, this theory does not fully explain the situation in the South American model, where a significantly higher prevalence of infection, along with an increased diversity of wild

felids, may have led to more frequent recombination events, resulting in a notably diverse non-clonal population, as highlighted by Bertranpetit et al. (2017).

In the wake of significant advancements in molecular typing techniques, there have been numerous comprehensive efforts to elucidate the population structure of the parasite. Khan et al. (2007) conducted a phylogenetic analysis of intron sequences by pooling strains of *T. gondii* from Europe, North and South America, leading to the identification of 11 haplogroups. These included the three major clonal lineages, which were subsequently renamed as haplogroups 1, 2, and 3, predominantly distributed in North America and Europe. Additionally, they identified other haplogroups representing successful recombinant/atypical strains that had primarily clonally expanded throughout South America.

Later on, the same authors (Khan et al., 2011) re-evaluated the population structure of *T. gondii* in North America, by sequence-based phylogenetic and population analyses. Their work resulted in the delineation of a new clonal lineage, labelled as lineage 12, encompassing American strains that had previously been classified as atypical by PCR-RFLP typing. On a different front, Pena et al. (2008) concentrated their efforts on the Brazilian scenario, which mirrors tropical conditions. They analyzed a substantial number of Brazilian isolates using PCR-RFLP typing, leading to the identification of four clonal lineages that had successfully expanded (BrI, BrII, BrIII, and BrIV), alongside a substantial group of divergent and highly diverse strains. Furthermore, Su et al. (2012) identified 16 distinct haplogroups, organized into six major clades (A-F), characterizing isolates from around the world. These findings were largely in line with the earlier results reported by Khan et al. (2007; 2011).

Notably, Africa and Asia, in comparison with other continents, remained relatively uncharted and were underrepresented in the mentioned phylogenetic analyses. In a recent extensive review, du Plooy et al. (2023) showed that *T. gondii* type II and III isolates are also prevalent in African regions, particularly type III, coexisting with other less common genotypes identified by microsatellite markers as Africa 1 (haplogroup 6) and Africa 3 (haplogroup 14). In the case of Asian strains, research carried out by Chaichan et al. (2017) uncovered 36 distinct PCR-RFLP genotypes, the majority of which belonged to type I, II, III, or the Chinese 1 clonal lineage (ToxoDB #9, haplogroup 13).

In North America and Europe, the population structure of *T. gondii* is predominantly characterized by the presence of three dominant clonal lineages (I, II, and III). These lineages

coexist with relatively fewer isolates that exhibit greater genetic diversity. There is also a fourth clonal lineage, as mentioned earlier (lineage 12), which is primarily confined to North America, where it's more commonly found in wild animals. In contrast, South America displays a significantly greater degree of genetic diversity, following an epidemic structure. Here, the population features a few major clonal complexes alongside numerous less closely related isolates. The African and Asian scenarios represent a blend of both patterns. These regions harbour a considerable number of isolates belonging to the type I, II, and III clonal lineages, alongside other clonal groups that have emerged from the expansion of recombinant or atypical isolates. However, these clonal groups exhibit a lesser degree of divergence compared to South America (Lorenzi et al., 2016; Su et al., 2012). Utilizing phylogenetic and geostatistical approaches, Bertranpetit et al. (2017) hypothesized that *T. gondii* might have originated in South America and then spread through North America, Asia, Europe, and finally Africa via various migration routes. This dispersal could be closely linked to the co-evolution of members of the Felidae family and humans, potentially contributing to the distinct population structures observed between South America and other continents.

1.2 Unravelling *T. gondii*'s Epidemiological Triumph: From its Invasive Phases to Diverse Transmission Routes

In the intricate heteroxenous life cycle of *T. gondii*, three distinct invasive stages have been identified: tachyzoites, bradyzoites within tissue cysts, and sporozoites in the sporulated oocysts.

The structure of zoites (general term used to refer to any stage of *T. gondii* life cycle) in general is very complex and present a series of structures that play a pivotal role in the invasion and pathogenesis of the infection. In the following sections, a summarized overview of the main structures of *T. gondii* zoite that are involved in the invasive phase will be presented.

A complex of membranes, referred to as the pellicle, encloses the entire protozoan body. It comprises an external plasma membrane and, beneath it, two closely juxtaposed membranes that constitute the inner membrane complex. This inner complex is absent from the most apical region, where the conoid is situated, and in farthest posterior portion of the cell (Porchet and Torpier, 1977).

The three infective stages exhibit a distinct specialization of their anterior area, housing the apical complex, which plays a pivotal role in initiating the host cell infection process. This complex consists of the conoid and two sets of secretory organelles: the micronemes and the rhoptries. Micronemes are the most abundant ones. They are the initial organelles to release their protein content, a crucial component for the movement of the protozoan and its interaction with the host cell's membrane. The proteins within the micronemes, are referred to as MICs. This group encompasses proteins with properties resembling perforins, adhesins, and serine proteases (subtilisins). They are more abundant in sporozoites while bradyzoites have a lower count, and tachyzoites fall in between. (Reviewed by Attias et al., 2020).

Rhoptries, larger than micronemes, are the second group of apical secretory organelles. The most basal structure, wider and imparting a spongy appearance, houses proteins referred to as ROPs, which are involved in subverting host cell functions. In contrast, the anterior portion, also known as the neck, is dedicated to concentrating proteins associated with host cell invasion, known as Rhoptry Neck Proteins (RONs). The secretion of rhoptries plays an important role in the formation of the moving junction for *T. gondii* invasion and the constitution of the parasitophorous vacuole (PV) membrane (Bradley and Sibley, 2007; Boothroyd and Dubremetz, 2008).

The third group of secretory organelles are the dense granules, distributed throughout the protozoan body, and contain a large number of proteins (known as GRAs) that are involved in the assembly of a network of tubules and filamentous structures with the PV. Their number is higher in sporozoites (Paredes-Santos et al., 2012). Despite these cytoplasmic organelles being present in all three invasive stages, they exhibit distinct variations in their structure, function, and roles within the life cycle.

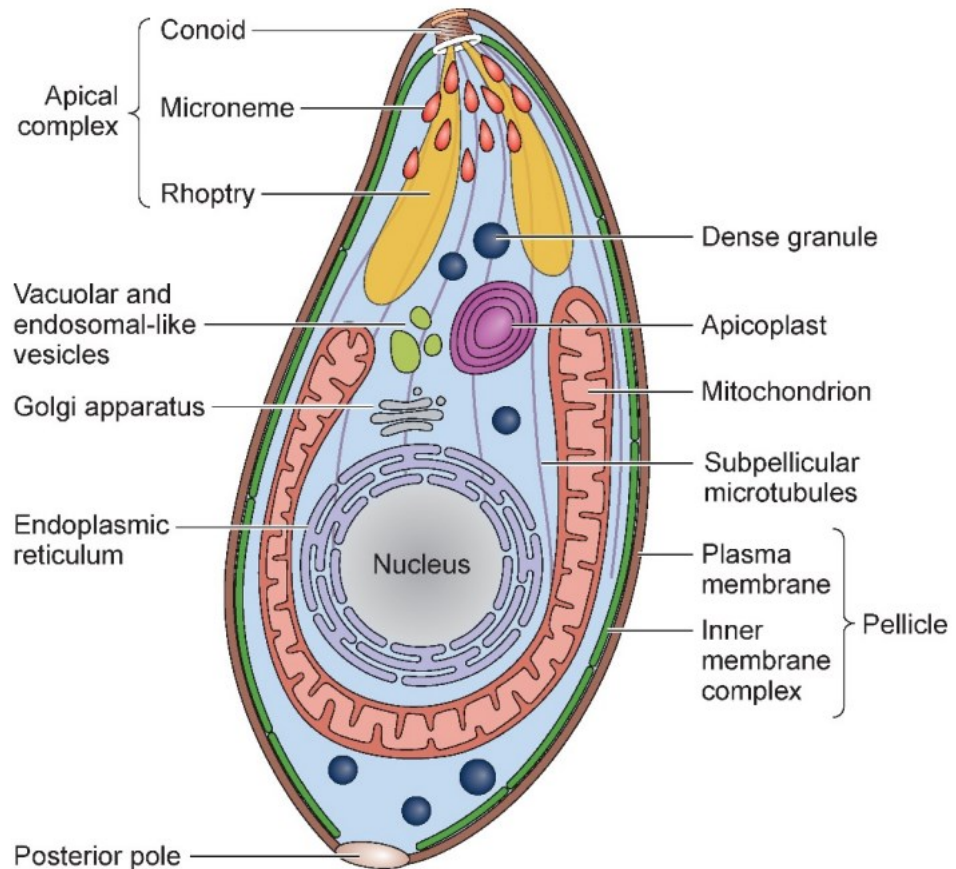


Figure 1 Longitudinal section view of the tachyzoite form of *Toxoplasma gondii* indicating the main structures and organelles, from Sanchez and Besteiro (2021).

The following sections outline the key characteristics associated with each of these infective forms.

Tachyzoites (Figure 2a) represent the swiftly multiplying phase of *T. gondii*, driving the acute stage of infection, host-wide dissemination, and tissue harm. These tachyzoites take on a distinctive crescent shape, measuring approximately $2 \times 6 \mu\text{m}$, with a remarkable capacity to infiltrate nearly all types of nucleated cells. They thrive within the PV. Within this vacuole, the parasite undergoes repeated asexual replication through endodyogeny until it ruptures the host cell, leading to its egression and the invasion of neighbouring cells. This continuous cycle of lysis and the accompanying immunopathological consequences are responsible for the manifestation of acute clinical disease, as documented in studies by Dubey et al. (1998) and Dubey (2022).

Bradyzoites (Figure 2b), in contrast, are the parasite's slow-replicating stage. Their primary role is to facilitate the chronicity of the infection, residing predominantly within tissue cysts, especially in immune privileged host tissues like central nervous system (CNS), eye, and skeletal muscles. These tissue cysts undergo growth while remaining intracellular, with bradyzoites multiplying via endodyogeny to form several hundreds of them. The size and shape of these cysts vary, depending on the time since their formation and the invaded tissue. For instance, in the brain, cysts often take on a spheroidal shape and rarely reach a diameter of $70 \mu\text{m}$; whereas intramuscular cysts are elongated, sometimes reaching a length of $100 \mu\text{m}$. The tissue cyst wall is characterized by its elasticity, and thickness of less than $0.5 \mu\text{m}$, as reported by Dubey et al. (1998) and Dubey (2022).

Sporozoites (Figure 2c), are enclosed within the sporulated oocysts, which represent the environmentally resistant stage of *T. gondii*. Initially, oocysts are excreted into the environment unsporulated through the faeces of the definitive host (limited to members of the Felidae family) as noted by Martorelli et al. (2019). The process of sporulation takes place within 1 to 5 days after excretion, contingent on factors like aeration and temperature. This transformation involves sporogony, after which the oocysts become infective and environmentally resistant. The oocyst stage of *T. gondii* is *Isospora*-like, characterized by its spherical shape and an approximate diameter of $11 \times 13 \mu\text{m}$. These oocysts contain two ellipsoidal sporocysts, each housing four sporozoites along with a residual sporocystic body inside them as described by Dubey et al. (1998) and Dubey (2022).

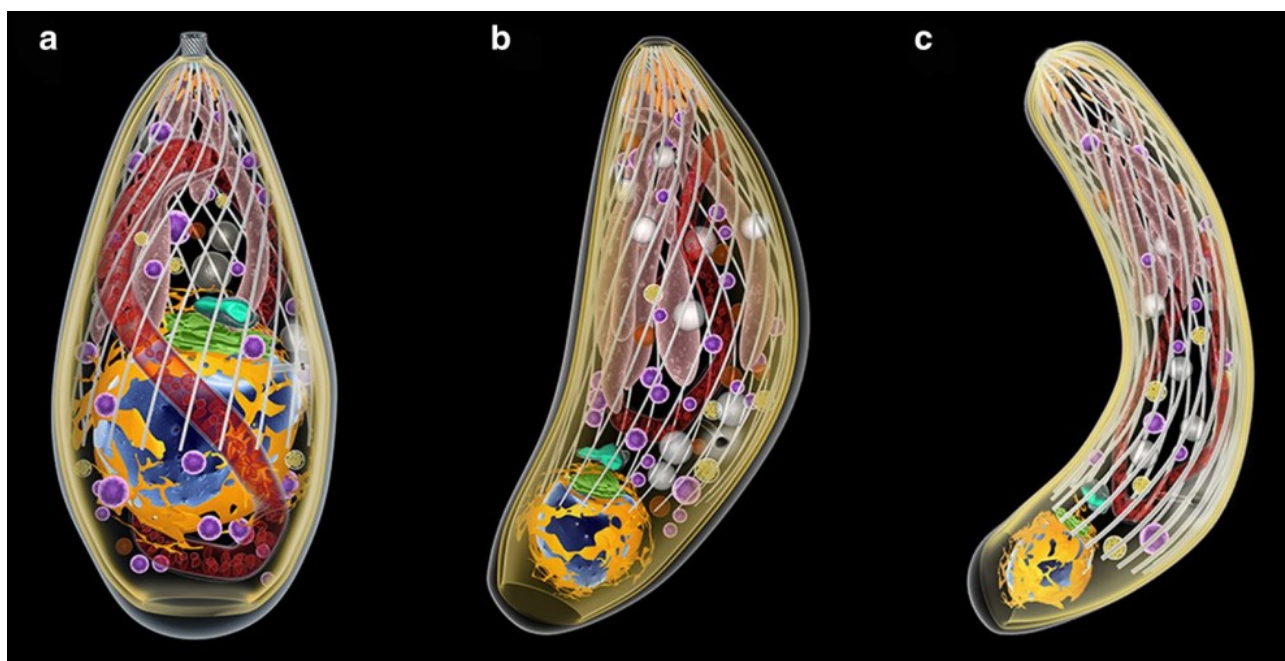


Figure 2: three infective stages of *T. gondii*, including the tachyzoite (a), bradyzoite (b), and sporozoite (c). From Attias et al., 2020.

The intricate life cycle of *T. gondii* is characterized as facultative heteroxenous, involving almost all warm-blooded animals, which serve as intermediate hosts (IH). This category includes various livestock species and humans. In contrast, definitive hosts (DH) are exclusively members of the Felidae family, encompassing both wild and domestic felines. The life cycle can be distinctly partitioned into three stages: an enteroepithelial sexual stage, an exogenous phase in the environment, and an extraintestinal asexual stage.

- **Enteroepithelial sexual stage**

Toxoplasma gondii exclusively perform the sexual reproduction of its life cycle within the small intestine of the felids definitive host (Tenter et al., 2000, Martorelli et al., 2019). Following the ingestion of tissue cysts or oocysts by cats, proteolytic enzymes in the stomach and small intestine break down the tissue cyst wall. This process allows to release bradyzoites (from tissue cysts), or sporozoites (from oocysts), both haploid, that infiltrate the epithelial cells of the small intestine, starting the asexual reproduction of multiple generations of *T. gondii*. Within the intestinal epithelial cells, five distinct asexual forms of *T. gondii* (types A to E) emerge, engaging in a continuous cycle of asexual replication through merozoite-schizont divisions via schizogony before transitioning to gametogony. Each schizogonic cycle gives rise several merozoites that will be released to readily invade new enterocytes, exponentially

enhancing the number of parasites (Dubey and Frenkel, 1972). Between three to fifteen days following the initial feline infection, schizonts and merozoites are primarily located in the ileum section of the intestine. During this period, some of them begin the process of differentiation into gametes. After the fertilization of haploid macrogametes (generated from a single merozoite) by haploid microgametes (formed by a schizogonic division), resulting in the formation of diploid zygotes, an oocyst wall develops around the parasite. The lysis of epithelial cells then enables the release of unsporulated oocysts into the intestinal lumen (Tenter et al., 2000; Dubey, 2022).

• **Exogenous stage in the environment**

Oocysts excreted in felid feces, are initially unsporulated and non-infectious. However, under favourable conditions of aeration, humidity, and temperature, sporogony takes place in the environment within a period ranging from 1 to 5 days. This process involves meiosis (postzygotic) and sporulation, ultimately resulting in the production of two sets of four haploid sporozoites. These sporozoites are enclosed within a second set of walled structures known as sporocysts. Once sporulated, these oocysts become infectious for both the intermediate hosts (IH) and the definitive hosts (DH) (Dubey, 2022; Ramakrishnan et al., 2019).

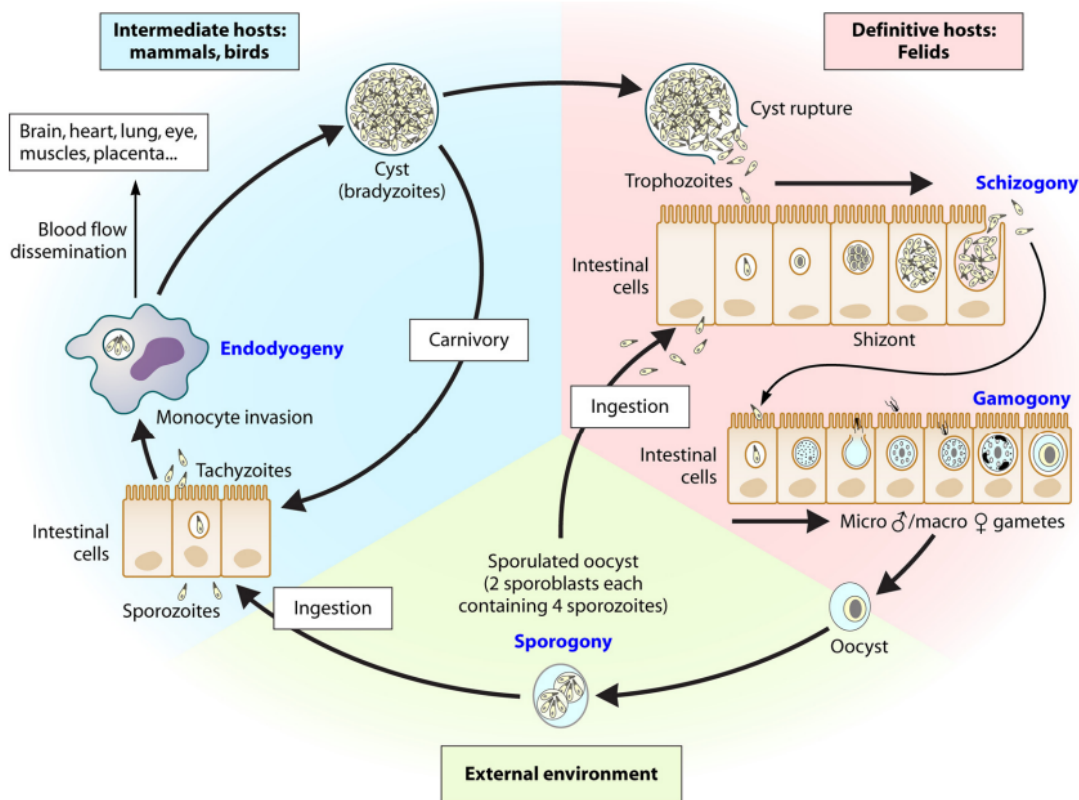


Figure 3 Life cycle of *Toxoplasma gondii*. Shown are the biology, infection, and replication of the three infective stages of the parasites in their respective hosts (Robert-Gangneux and Dardé, 2012)

- **Extraintestinal Asexual Stage**

Within a new host, after the ingestion of tissue cysts or oocysts, both walls are broken by digestive enzymes, releasing bradyzoites or sporozoites, respectively. These newly liberated bradyzoites or sporozoites employ a unique gliding mechanism for movement. In this gliding process, micronemal proteins are the first to be secreted, playing a crucial role in the protozoan's motility by facilitating gliding and the initial adhesion to the host cell surface. The gliding motility is a result of a complex assembly of proteins that are anchored to an actin-myosin motor situated between the plasma membrane and the inner pellicle. The complex interaction of proteins leads to the identification and attachment of the zoite to receptors of the host cell's plasma membrane (Opitz and Soldati, 2002; Fréchal et al., 2017, Kato, 2018; Attias et al., 2020).

This interaction ultimately leads to internalization. This process can take place virtually in any nucleated cell, with a particular affinity for macrophages, epithelial cells, muscle cells, and neurons. Initially, *T. gondii* attaches the surface of the potential host cell and subsequently, by secreting proteins localized in the apical organelles (micronemes and rhoptries), orchestrates the reorientation of its apical side, thereby initiating the internalization process. Subsequently, proteins from the basal section of the rhoptry are secreted, leading to alterations in the host cell's behaviour and the formation of the membrane of PV which serves as the habitat for the protozoan's survival and multiplication. These changes also extend to modifications in the host cell cytosol, including the inhibition of the fusion between host cell lysosomes and the PV membrane (Attias et al., 2020). This initial phase of penetration takes place within the enterocytes of the intestinal epithelium, serving as the primary site of infection in an intermediate host, and then penetrate to the lamina propria; here they undergo asexual replication via endodyogeny within various nucleated cells, eventually developing into tachyzoite forms. Tachyzoites widely disseminate throughout the host's body and subsequently transform into bradyzoites. These bradyzoites persist within tissue cysts, often found in a diverse array of organs, resulting in a chronic infection that may persist for the host's lifetime. Bradyzoites exhibit slow replication through endodyogeny while residing inside tissue cysts. It's worth noting that bradyzoites appear to be less infective than sporozoites, as detailed in some studies (Tenter et al., 2000, Dubey, 2022).

Toxoplasma gondii has adapted to two primary routes: the oocyst-oral route in intermediate hosts and the tissue cyst-oral route in carnivores, particularly cats. Interestingly, *T. gondii* oocysts are less infective and less pathogenic for cats compared to other hosts, in contrast to bradyzoites, as highlighted by Dubey et al. (1996; 2006). Hence, *T. gondii* can be transmitted from definitive hosts to intermediate hosts, from intermediate hosts to definitive hosts, and even between definitive and intermediate hosts (Fig. 4). The cycle's continuity isn't solely dependent on the presence of a specific host species, it can persist indefinitely through the transmission of tissue cysts between intermediate hosts, even in the absence of definitive hosts, and by the transmission of oocysts between definitive hosts, even in the absence of intermediate hosts, as elucidated by Tenter et al. (2000).

As previously outlined, the three biological stages – tachyzoites, bradyzoites, and sporozoites – exhibit several degrees of infectivity for both intermediate and definitive hosts. These hosts can acquire the infection through one of several pathways (Fig. 4).

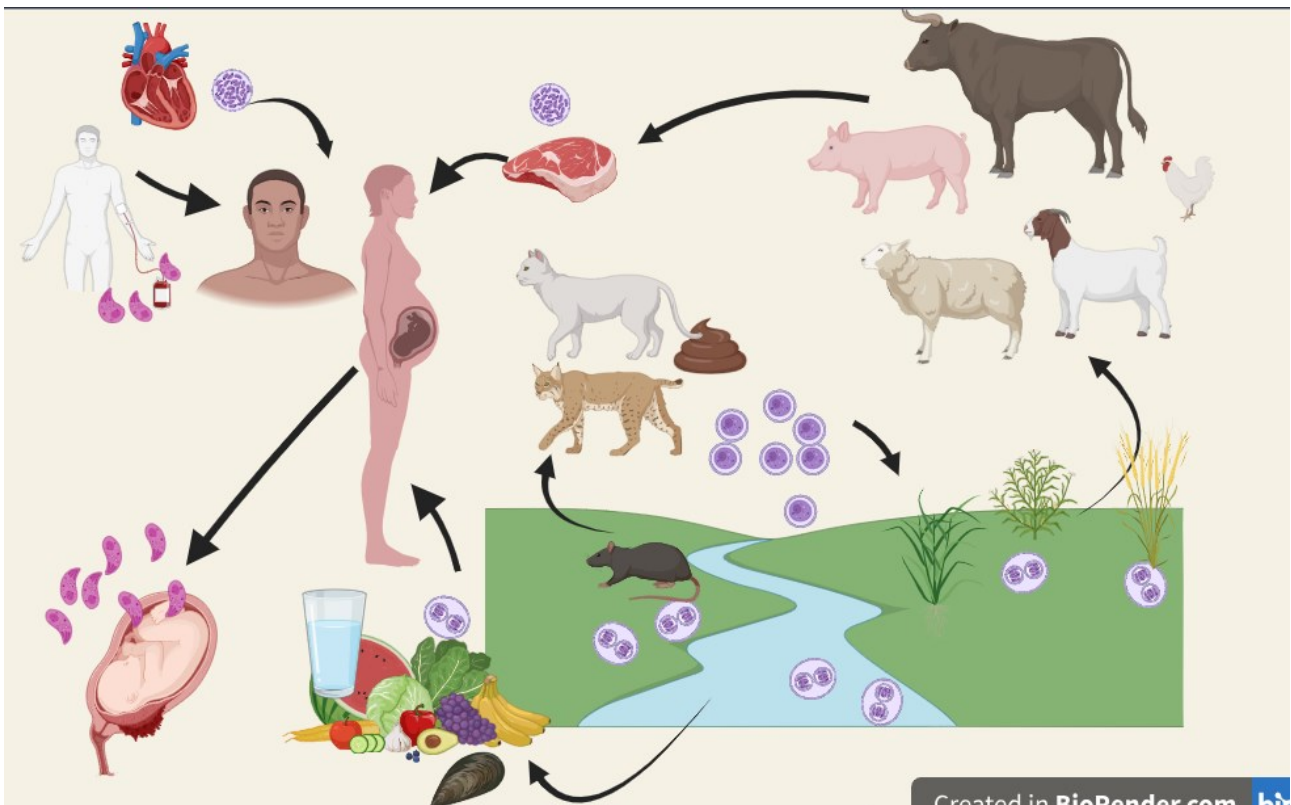


Figure 4 *toxoplasma gondii* transmission routes. Created with Biorender

- Fecal route: horizontal transmission by oral ingestion of sporulated oocyst from the environment (soil, contaminated water, vegetables).
- Carnivorism: horizontal transmission by oral ingestion of tissue cysts contained in raw or undercooked meat or viscera of intermediate hosts
- Transplacental route: vertical transmission by tachyzoites transference from a pregnant host to the foetus (congenital toxoplasmosis).
- Iatrogenic transmission: transmission by tachyzoites via transfusion of packed leukocytes or laboratory accidents, as well as transmission by tachyzoites/bradyzoites via transplantation (e.g., solid organs).

The prevalence of *T. gondii* infection and the primary transmission route within each intermediate host (IH) are influenced by a multitude of factors: the presence of felids in the environment, prevailing climate conditions that support sporulation and oocyst survival in the environment, the susceptibility of different host species to *Toxoplasma* infection (with some species exhibiting higher resistance), as well as the dietary habits and feeding behaviours of the host species, as highlighted by Robert-Gangneux and Dardé (2012).

On a global scale, it is estimated that approximately one-third of the human population is infected with *T. gondii*, though these values can vary significantly from one country to another, ranging from 10% to 80%. The lowest seroprevalence rates are typically observed in countries such as North America, South East Asia, and northern Europe (ranging from 10% to 30%). Intermediate values are commonly found in central and southern European countries (ranging from 30% to 50%). Conversely, the highest rates of infection are observed in regions of Latin America and tropical African countries (Pappas et al., 2009).

Significant attention is warranted with regard to meat-producing animals due to the zoonotic nature of the parasite. It is well-established that human infections are predominantly acquired, especially in some areas of Europe, through the consumption of raw or undercooked meat that contains viable *T. gondii* tissue cysts (Cook et al., 2000, Opsteegh et al., 2011b, Belluco et al., 2018). In the European Union (EU), *Toxoplasma gondii* is recognized as a specific risk to food safety, as outlined in the EFSA reports (2007, 2011,) and by De Berardinis et al. (2017). In the USA, it ranks as the second leading cause of foodborne illnesses, according to Scallan et al. (2011).

Given that farm animals simultaneously serve as a significant source of infection for humans and act as reservoirs of *T. gondii* for wildlife predators, there is a growing concern in this regard. Extensive efforts are being made to enhance our understanding of the real prevalence, primary risk factors, economic implications, characterization of circulating strains in livestock, development of vaccines, and even the quest for "Toxoplasma-free" meat (Hiszczyńska-Sawicka et al., 2014; Djokić et al., 2016; Stelzer et al., 2019).

- **Environmental and Foodborne Transmission in Humans**

Water

In recent times, the significance of waterborne infections associated with *T. gondii* oocysts has grown, primarily due to the documented occurrence of widespread outbreaks (Bowie et al., 1997; Shapiro et al., 2019). Water sources such as irrigation systems, rivers, lakes, beaches, coastal areas, as well as wastewater and groundwater, are susceptible to contamination with these environmentally resistant oocysts. Furthermore, oocysts have shown the ability to withstand various decontamination procedures involving chemical agents, such as sodium hypochlorite and chlorine (Wainwright et al., 2007; Mirza Alizadeh et al., 2018). In aquatic environments, oocysts can maintain their viability for extended periods, for instance, up to 18 months at 4 °C after exposure to 2% sulfuric acid (Shapiro et al., 2019), or for 15 and 54 months at temperatures of 20–25 °C and 4 °C, respectively, in freshwater. In artificial seawater with a salinity of 15 ppt, they can persist for approximately 6 months under the same temperature conditions (Hohweyer et al., 2013). The transmission patterns of *T. gondii* oocysts to humans have predominantly been characterized through toxoplasmosis outbreaks, with Brazil, in particular, experiencing multiple oocyst-related outbreaks where water sources were identified as common exposure sources (Ferreira et al., 2018). Several contributing factors to oocyst transmission patterns in Brazil are likely representative of other regions with epidemic and/or endemic *T. gondii* occurrences, including inadequate infrastructure for water and sewage treatment, a significant portion of the population living in impoverished and underserved conditions, and limited access to healthcare (Shapiro et al., 2019).

Fresh produce

In recent years, there has been a rising number of *T. gondii* infection cases associated with the consumption of fresh vegetables (Pinto et al., 2019). The contamination of fresh vegetables with *T. gondii* oocysts can occur during their growth in soil or when contaminated water is used for

irrigation or washing. Since there are no regulations requiring the testing of fresh produce for parasite contamination, and it is not mandatory, the increasing popularity of consuming raw and ready-to-eat vegetables could potentially expose consumers to oocysts unintentionally. This is because most post-harvest processing methods do not guarantee complete removal or effective inactivation of oocysts (Mirza Alizadeh et al., 2018, Lass et al., 2019, López Ureña et al., 2022).

In Europe, Lass et al. (2012) documented the presence of *T. gondii* on vegetables from stores and home gardens in Poland, with a contamination rate of 9.7%. In their study, the fresh produce was washed, and the eluate was concentrated using a flocculation method. Subsequently, they employed real-time PCR targeting the B1 gene to specifically detect *T. gondii*. Caradonna et al. (2017) investigated the prevalence of *T. gondii* in ready-to-eat packaged mixed salads, using microscopy examination and PCR detection. The PCR results revealed that 0.8% of the pooled ready-to-eat salads tested positive for *T. gondii*, and a significant oocyst burden was found in those pooled samples. In both of these studies, the general procedure for the recovery and detection of the parasite followed three key steps: (i) washing the samples; (ii) concentrating the parasites through methods such as filtration and centrifugation; and (iii) employing PCR detection or microscopy examination. (EFSA, 2018)

Molluscan shellfish

Toxoplasma gondii oocysts can also enter the marine environment through improper disposal of sewage, inefficient treatment plants, water discharge, and water runoff (Barhoumi et al., 2014), and they can cause infections in marine animals and the contamination of marine fauna (Shapiro et al., 2015). Consistently, oocysts have been detected in wild and commercial bivalve molluscs in several countries. Bivalves continuously filter large volumes of water and concentrate microorganisms. They can retain viable *T. gondii* oocysts for 85 days following uptake (Lindsay et al., 2004). Thus, they are considered good biological indicators of parasitic contamination of aquatic environments and could pose another risk for consumers when consumed undercooked or raw (Hohweyer et al., 2013; Palos-Ladeiro et al., 2013). Consumption of raw shellfish products was recognised as a risk factor for *T. gondii* infection in the USA (Jones et al., 2009). A survey of Mediterranean mussels (*Mytilus galloprovincialis*) collected from eight different sites on the west coast of Turkey found 9.4% (n = 795) to be positive for *T. gondii* using a PCR assay (Aksoy et al., 2014). A study looking at the presence of

T. gondii in a range of different farmed shellfish in Italy (Putignani et al., 2011) found the presence of positive DNA samples using a nested PCR assay and a fluorescent amplicon generation real-time PCR assay using the B1 target in 17% of *Crassostrea gigas* and 4% of *Tapes decussates*. *Toxoplasma gondii* DNA was detected in 43 out of 409 (10.5%) *Mytilus galloprovincialis* from southern Italy, revealing the presence of five distinct genotypes including one corresponding to type I and four atypical genotypes (Santoro et al., 2020).

Dairy products

The ingestion of unpasteurized milk, whey, and fresh cheese derived from animals infected with *T. gondii* can serve as a potential pathway for the transmission of the parasite to humans (Boughattas, 2017). Human infection and disease have been linked to the consumption of raw milk from goats infected with the parasite (Sacks et al., 1982). In milk, the parasite's tachyzoite stage is most likely to be present, as these are directly excreted into the milk and are relatively delicate compared to other stages in the parasite's life cycle. It is generally believed that *T. gondii* tachyzoites do not survive pasteurization and are vulnerable to the acidic environment of gastric secretions (EFSA, 2018). Various techniques, including PCR, tissue culture, and in vivo bioassays, have been used to detect *T. gondii* in raw milk from infected animals (Dehkordi et al., 2013). A recent study conducted in southern Italy sampled 21 milk samples from three different sheep farms and identified one milk sample as positive using a PCR assay (Vismarra et al., 2017). A previous study in Italy, focusing on goat milk, revealed that 13% of the 77 samples tested positive using a *T. gondii*-specific PCR test (Mancianti et al., 2013). Despite tachyzoites being considered relatively fragile when compared to other stages involved in transmission, a recent study (Koethe et al., 2017) demonstrated that *T. gondii* tachyzoites were capable of surviving for at least one hour in gastric fluids when mixed with various volumes of cow's milk samples that were experimentally spiked with the parasite. This milk-gastric fluid mixture increased the overall pH, which enabled the tachyzoites to survive long enough to potentially pass through the stomach and gain entry to the intestine, where they could infect the host (EFSA, 2018).

Meat

The primary livestock species, including cattle, small ruminants, pigs, poultry, and horses, serve as sources for meat-borne toxoplasmosis. Assessing the prevalence of *Toxoplasma* in meat-producing animals can offer insights into the risk to humans. Many studies, such as Tenter et al. (2000), employ indirect detection methods like serology to estimate the seroprevalence of *T. gondii*. However, serology can only be indicative of the risk of human infection if there exists a correlation between seroprevalence and the presence of tissue cysts in meat. Opsteegh et al. (2016) demonstrated a strong correlation between the detection of antibodies to *T. gondii* and the direct detection of the parasite in pigs, small ruminants, and chickens. However, the predicting value of seroprevalence for DNA detection in cattle muscles was found to be low (Opsteegh et al., 2011a). While serology can assist in identifying a risk to consumers with certain species, such as pigs, small ruminants, and chickens, its utility may be limited with other animals like horses and cattle. Furthermore, tissue cysts have been identified in seronegative pigs (4.9%), sheep and goats (1.8% and 2.0%), and chickens (1.8%), signifying that a negative serological result does not necessarily guarantee the absence of *T. gondii* in the meat (EFSA, 2018).

From a public health perspective, the lack of information regarding the prevalence of *T. gondii* tissue cysts in horses and cattle is a significant data gap, given that beef is a major meat source in many European countries, and horse meat is consumed in some regions often undercooked or raw (EFSA, 2018). This information is crucial for evaluating studies that rely on serology to detect *T. gondii* in meat samples. Numerous serological studies have been conducted (as reviewed by Tenter et al., 2000), and seroprevalence can vary widely, ranging from a few percent to over 80% in pigs and small ruminants, depending on the husbandry system. This suggests that pork and mutton are important sources of *Toxoplasma* infection for humans (EFSA, 2018). In the Netherlands and Italy, quantitative risk assessments were conducted for meat-borne toxoplasmosis, revealing that beef, rather than pork or mutton, contributed to the majority of the predicted human cases (Opsteegh et al., 2011b, Bellucco et al., 2018). In Table 1 are presented the principle detection methods in for *Toxoplasma gondii* in foods.

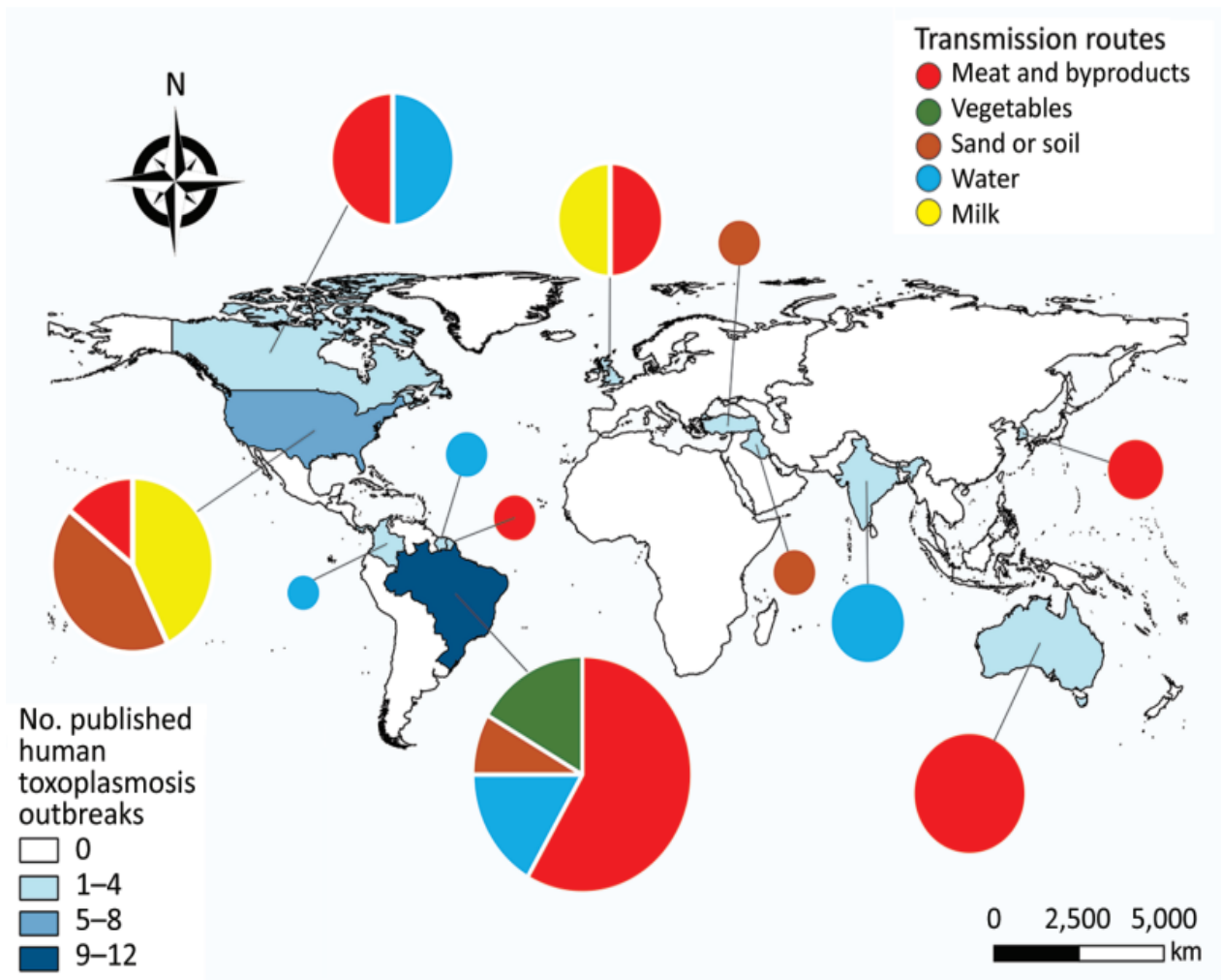


Figure 5 most probable transmission routes on documented human outbreaks of toxoplasmosis (from Pinto-Ferreira et al., 2019).

Table 1. Summary overview of the main detection methods for *Toxoplasma gondii* in food products (EFSA, 2018).

| Detection Method | Type of food | Direct/indirect | Demonstration of viability/infectivity | Comments |
|---|--------------------------------|-----------------|--|--|
| Cat bioassay | Meat, shellfish, milk products | Direct | Yes | Seronegative cats fed test samples of food and their faeces checked for oocysts, and blood for seroconversion. Cats can be fed large quantities of food |
| Mouse bioassay | Meat, shellfish, milk products | Direct | Yes | Homogenates of food samples are inoculated into mice followed by clinical monitoring and demonstration of <i>T. gondii</i> in body tissues and seroconversion |
| PCR | Meat, shellfish, milk products | Direct | No | The B1 gene and the 529 bp repeat element are the most common targets. Various systems are used; conventional, nested and real-time PCR. A magnetic capture-based PCR technique detects 1 tissue cyst in 100 g of meat. In addition, sporulated oocysts can be identified using RT-PCR |
| Loop-mediated isothermal amplification (LAMP) | Meat, fresh produce | Direct | No | Unlike PCR, amplification products from LAMP cannot be sequenced. Recent adaptation to a lateral-flow dipstick method for rapid results |
| Microscopy | Meat, fresh produce | Direct | No | Detection based on morphology and staining using specific conjugated antibodies. Limited sensitivity for direct use on food samples, but useful to confirm infection on mouse and cat bioassays. Technique is labour intensive and |

| | | | | |
|----------------------------|---|----------|-----|---|
| | | | | requires an experienced technician |
| In vitro culture | Liquid samples where tachyzoites or bradyzoites may be present, e.g. meat homogenates or milk samples | Direct | Yes | Tachyzoites and bradyzoites (tissue cysts) may be cultured in a wide variety of cell lines with vero cells being commonly used. In vitro cultures are mostly used to prepare antigen or for strain isolation after bioassays. Not common to use directly on food samples |
| Specific antibodies | Liquid samples from meat juices where antibodies may be present. Blood samples from food animals | Indirect | No | The detection of specific antibodies in food animals confirms the animal has been infected with <i>T. gondii</i> and has had an immune response to the parasite. The correlation of seropositivity and the presence of tissue cysts vary according to different livestock species |

1.3 *Toxoplasma gondii* Pathogenesis: Diverse Infection Patterns and Clinical Consequences Arising from Specific Host-Parasite Interactions

The outcome of a *T. gondii* infection is subjected to variation, contingent on the genetic background and immune status of the host, as well as the genotype of the parasite involved in the infection. Host species, and even subspecies, can exhibit different resistance or susceptibility to infection, as exemplified in the case of rodents, as reported by Hassan et al. (2019) and Mukhopadhyay et al. (2020). There appears to be a trend wherein hosts that have evolved alongside the parasite over time tend to develop greater resistance to the disease. A prime example is the lethal impact of the infection on Australian marsupials, whose evolutionary history has largely occurred in the absence of felids (Innes, 1997).

The genotype of *T. gondii* strains to which the host is exposed also plays a crucial role. For instance, type I strains are more prevalent in North and Southeast Asia, where *Mus musculus castaneus* and *M. musculus musculus* are the dominant mice subspecies. Type I strains are non-lethal to these mice but exhibit extreme virulence toward *M. m. domesticus*, the primary subspecies in Europe and North America. In contrast, type II and III strains, predominant in Europe and North America, generally do not cause mortality in *M. m. domesticus* (Shwab et al., 2014; Mukhopadhyay et al., 2020).

Certain animals display a higher degree of resistance to *Toxoplasma* infection, often experiencing inapparent infections or mild, transient symptoms during the acute phase, despite chronic infection could persist throughout their lifetimes. This group encompasses species such as cattle, pigs, and humans, among others. This resilience can be attributed to the prolonged co-evolution of these species with the domestic cat, stemming from their domestication by humans. Essentially, an ongoing evolutionary arms race characterized by mutual selection pressures between the parasite's virulence factors and the host's immune defences could account for the varying susceptibility to toxoplasmosis among different species, as suggested by some authors (Gazzinelli et al. 2014; Mukhopadhyay et al., 2020).

The host's immune status significantly influences the development of the disease. *Toxoplasma gondii* is widely recognized as the most prevalent opportunistic pathogen in patients with AIDS. Notably, *Toxoplasma* encephalitis stands out as the most frequently observed neurological disorder in HIV-infected patients in affluent nations, and it is also noted

as one of the primary neurological disorders affecting individuals with HIV in African regions (Howlett et al., 2019). Moreover, numerous reports have documented cases of infection following immunosuppressive treatments or transplantation procedures (Collazos, 2003; Ajzenberg et al., 2002b, 2009). Additionally, immune response imbalances during pregnancy emerge as one of the main contributing factors to the diverse clinical manifestations of *Toxoplasma* infection during pregnancy (Dos Santos et al., 2023).

In order to streamline the intricate web of pathological pathways resulting in various clinical manifestations, we've outlined the three primary pathological patterns that may emerge post-infection: acquired acute infection, congenital infection and chronic infection. Embracing the One Health approach, we aim to harmonize the pathological aspects observed in both human and animal cases, while also pinpointing species-specific distinctions in certain instances.

- **Acquired acute infection:** Natural infections primarily occur through the consumption of meat containing tissue cysts or the ingestion of oocyst-contaminated food or water. In the initial phase of infection (known as the acute stage), which occurs within 4 to 12 days after ingestion, bradyzoites or sporozoites invade the intestinal epithelial cells, multiply, and then locally spread to mesenteric lymph nodes and various organs via the lymphatic and bloodstream routes (parasitemia) (Dubey, 2022). This acute phase may manifest with non-specific clinical signs like low-grade fever, difficult breathing, joint pain, fatigue, or swollen lymph nodes. The invasion of the intestinal epithelium progresses to cause enteritis and necrotic lesions in the intestine and mesenteric lymph nodes. The necrotic damage is a result of the intracellular growth of tachyzoites and can also extend to various organs, such as the lungs, liver, eyes, heart, or adrenal glands, following the widespread dissemination of the parasite, particularly in visceral tissues.

In the case of individuals with weakened immune systems, the initial phase of enteroepithelial invasion and subsequent dissemination can lead to aggravated outcomes affecting vital organs, such as toxoplasmic pneumonitis, encephalitis, or myocarditis, and in severe instances, it can result in a fatal acute toxoplasmosis accompanied by multiorgan failure and death.

There are three primary clinical scenarios of immunosuppression to consider: certain viral infections that compromise the immune system (e.g., human immunodeficiency virus

[HIV] in humans, feline immunodeficiency virus [FIV] and feline leukemia virus [FeLV] in cats), organ transplantation, and the use of immunosuppressive chemotherapy in the treatment of malignant diseases (Davidson et al., 1993; Wang et al., 2017, Calero-Bernal and Gennari, 2019).

In addition to the risk posed by primary infection in immunocompromised individuals, there is a higher likelihood of disease reactivation due to the rupture of tissue cysts from a previous asymptomatic infection (Ajzenberg et al., 2009; Wang et al., 2017). Cerebral toxoplasmosis is a frequent cause of extensive brain lesions in AIDS patients and presents a potentially life-threatening danger to other immunocompromised patients, typically associated with the reactivation of a latent previous cerebral toxoplasmosis (Wang et al., 2017; Schlüter and Barragan, 2019).

• **Congenital infection**

In pregnant individuals who contract the infection, a process known as vertical transmission could occur, wherein tachyzoites are transferred to the foetus, resulting in congenital transmission. Parasitaemia during pregnancy can lead to placentitis, with tachyzoites breaching the placental blood barrier and invading foetal organs, thereby compromising the normal developmental process (Dubey, 2022; Schlüter and Barragan, 2019). Similar to the manifestations seen in a chronically reactivated infection, congenital infection primarily affects the central nervous system of the foetus (Wang et al., 2017; Schlüter and Barragan, 2019).

Congenital infection is characterized by a wide array of forms, dependent on the gestational stage when the infection occurs. These manifestations range from early embryonic death with reabsorption in the case of early gestation, to stillbirth or neonatal death during mid-gestation, and in some instances, the birth of transplacentally infected offspring during late gestation (Dubey, 2022; Khan and Khan, 2018).

Toxoplasma gondii induces distinct histological lesions in both the placenta and the foetus. In the placenta typically multifocal necrosis and mineralization of cotyledonary villi were observed (Dubey, 1989). In the foetus, they commonly entail infiltrations of various immune cells, often accompanied by necrosis affecting multiple organs (Dubey, 2022).

Research on *T. gondii* vertical transmission has primarily focused on humans and small ruminants due to its elevated prevalence and significant impact in these species.

In humans, congenitally infected infants commonly exhibit symptoms such as hydrocephalus or microcephalus, cerebral calcifications, retinochoroiditis, and long-term debilitating consequences. Retinochoroiditis or neurological complications may also manifest later in life (Dubey and Jones, 2008; Singh et al., 2016; Daher et al., 2021). Ocular toxoplasmosis stands out as one of the most common clinical manifestations of *T. gondii* infection congenitally acquired in chronic stage. It is primarily characterized by necrotizing retinitis with secondary choroiditis (retinochoroiditis), typically adjacent to a pigmented retinochoroidal scar. While it frequently occurs in congenital infections and among immunocompromised hosts, it can also affect immunocompetent patients (Butler et al., 2013).

Similarly, to what happens in humans, in small ruminants' infection during pregnancy often leads to the expulsion of small mummified foetuses or the birth of weak lambs, depending on whether the infection occurs during mid or late gestation, respectively (Stelzer et al., 2019; Dubey et al., 2020a).

Cases of congenital transmission associated with toxoplasmosis reactivation during pregnancy have been documented in women (Ladas et al., 1999; Silveira et al., 2003; Garweg et al., 2005). While recrudescence is common in successive goat pregnancies, its significance remains a topic of debate in pregnant sheep (Dubey, 1982; Trees and Williams, 2005).

On the other hand, cattle and horses are generally considered highly resistant to clinical toxoplasmosis, with limited reports of reproductive failure, while pigs fall within an intermediate range of susceptibility (Canada et al., 2002; Dubey, 2022; Sah et al., 2019; Nayeri et al., 2021). There are other animal species where transplacental transmission of *T. gondii* can occur, but its clinical significance is comparatively less notable. These species include cats and dogs (Bresciani et al., 2009; and Calero Bernal and Gennari, 2019), rodents (Freyre et al., 2001; Mercier et al., 2013), and white-tailed deer (Dubey et al., 2008).

- **Chronic infection**

Following the acute phase, the host typically gains control over the infection by developing humoral and cellular immunity against the parasite, leading to inflammation and the initiation of the chronic phase. Subsequently, as the inflammatory stage subsides the process of clearing the infection commences and tachyzoites migrate from predominantly visceral tissues to immunoprivileged organs such as the brain, eyes, and muscle tissues. In these organs, they undergo a transformation into encysted bradyzoites remaining protected from the host's immune response (Dubey, 2022). Nevertheless, reports of cyst ruptures, resulting in clusters of tissue cysts being observed in brain tissues and even a reactivation of the disease, are documented (Ferguson et al., 1989; Ajzenberg et al., 2009; Cerutti et al., 2020). The precise mechanism behind relapses, often linked to immunosuppressive conditions remains largely elusive (Dubey, 2022).

Toxoplasma gondii is typically classified as a primarily neurotropic pathogen, indicating its strong preference for the central nervous system in comparison to other organs (Schlüter and Barragan, 2019), in fact it's essential to conduct a thorough examination of the central nervous system (CNS) localization of *T. gondii* in the chronic phase. Upon successfully breaching the blood-brain barrier, a cascade of responses is triggered, including the host's immune reaction and factors related to intracellular neuronal homeostasis. As a result, *T. gondii* tachyzoites undergo a transition into bradyzoite cysts, which represent a defining feature of the chronic phase of the infection. The immune system maintains control over these intraneuronal cysts, yet it does not entirely destroy them (Blanchard et al., 2019; Matta et al., 2021). Despite the relatively slow replication of bradyzoites, their growth impacts the integrity of neuronal structures and disrupts their connectivity. Additionally, these tissue cysts induce a brain-specific immune response (Matta et al., 2021).

Astrocytes, microglia, and neurons, play a role in the intracerebral immune response by producing cytokines, chemokines, and expressing immune-regulatory cell surface molecules, such as major histocompatibility (MHC) antigens (Blanchard et al., 2019; Matta et al., 2021). Additionally, circulating immune cells are recruited to the CNS infection site, contributing to the overall immune response against the infection (Harker et al., 2013; Torgerson et al., 2015).

The release of various cytokines, including interleukins (IL12, IL1 β , IL-6), inducible nitric oxide synthase (iNOS), along with tumor necrosis factor-alpha (TNF- α) and interferon-gamma (IFN- γ), which activates IFN-inducible GTPases, inhibit *T. gondii* replication (Daher et al., 2021). Infiltrating CD4+ and CD8+ T cells primarily release IFN- γ (Matta et al., 2021); as a result, the immune response leads to brain inflammation, causing ventricular dilatation and disrupting the structure and connectivity of neurons (Hermes et al., 2008; Xiao et al., 2016). These morphological changes entail alterations in fiber density, a loss of fiber continuity and, a reduction in dendritic spines leading to a decrease in network activity (Daher et al., 2021).

The presence of bradyzoite cysts in neural tissues has been demonstrated to induce changes in behaviour, as indicated by Webster et al. (2013). *Toxoplasma gondii* appears to modify the behaviour of rodents increasing their vulnerability to predation by cats. This alteration involves reducing neophobia and diminishing predator vigilance behaviours (Webster, 1994, 2001, 2007; Webster et al., 1994; Berdoy et al., 1995; Lamberton et al., 2008). These analogous effects, which can be considered nonadaptive or residual manipulations according to Flegr et al. (2011), encompass a range of behavioural consequences in *T. gondii*-infected humans. These consequences span from subtle shifts in personality traits to more severe outcomes, including an increased susceptibility to schizophrenia, (Flegr 2013a; b), and an association with a higher risk of developing various neuropsychiatric disorders, as noted by Milne et al. (2020a).

This association has also been explored in other animal species during natural infections, particularly in wildlife. An intriguing phenomenon observed in wild red foxes known as "Dopey Fox Syndrome" (DFS) is characterized by unusual behavioural traits similar to those exhibited by infected rodents and has been directly linked to *T. gondii* infection (Milne et al. in 2020b). A recent study by Mayer et al. (2020) reported that wolves testing positive for *T. gondii* displayed a greater propensity to make high-risk decisions, such as dispersing and assuming leadership roles within packs. This behaviour resulted in an increase in spatial overlap and disease transmission between wolves and cougars, which are the definitive hosts of the parasite.

1.4 Diagnosis: clinical and epidemiological importance

The diagnosis of *T. gondii* infection holds significant importance for the surveillance, prevention, and management of toxoplasmosis. This is particularly relevant in cases of abortion or pregnancy-related complications, where a wide range of viral, bacterial, and parasitic pathogens could potentially be involved, especially in livestock's. As a result, laboratory analyses play an important role in the diagnosis of *T. gondii*, and these analyses can be categorized as follows (Liu et al., in 2015)

- **Direct Diagnosis:**

- Microscopic Techniques: involve the detection of the parasite's oocysts by light microscopy. Although being conventionally employed, shows low sensitivity and the need of skilled personnel to ensure reliable detection outcomes. Oocysts can be observed in fecal samples from felids, as well as in water, soil, or food stuff e.g., vegetables or fruits. Oocysts may even be found in aerosols following filtration and centrifugation processes (Lass et al., 2009, 2017; Sroka et al., 2010; Mancianti et al., 2015; Caradonna et al., 2017; López Ureña et al., 2022). Alternatively, direct observation of tachyzoites is feasible in various tissues and body fluids from infected hosts, such as broncho-alveolar lavage (BAL), cerebrospinal fluid (CSF), aqueous humor (AH), vitreous humor (VH), amniotic and peritoneal/ascitic fluids, or skin aspirates, among others (De Salvador-Guillouët et al., 2006; Stajner et al., 2013; Pena et al., 2014).

- Bioassays: The use of bioassays involving laboratory animals, such as mice and cats, has traditionally been regarded as the gold standard for diagnosing toxoplasmosis (Ghosn et al., 2003; Costache et al., 2013), and represents the most commonly employed approaches to establish the viability of *T. gondii* in positive matrices. Cats, in particular, serve as the most sensitive bioassay model for detecting *T. gondii* in meat due to their capacity to consume significantly larger quantities of tissues (500 g or more) and subsequently excrete millions of oocysts after ingesting just one bradyzoite (Dubey, 2022). Nevertheless, the complexity, cost and time-intensive nature of this technique have led to the initial preference for serological or molecular methods in *Toxoplasma* diagnosis. However, it's important to recognize that bioassays in mice remain an

invaluable means to obtaining *T. gondii* isolates, as emphasized in several studies (Su and Dubey, 2020; Dubey et al. 2020c).

○ Molecular diagnosis:

- **PCR:** The first PCR method for *T. gondii* detection, targeting the B1 gene, was established in 1989 (Burg et al., 1989). In their pioneering investigation into the applicability of the B1 gene for diagnosing human toxoplasmosis, they achieved the successful amplification and identification of DNA from a single organism directly from a crude cell lysate. This remarkable level of sensitivity allowed them to detect the B1 gene within purified DNA samples containing as few as 10 parasites, even in the presence of 100,000 human leukocytes. Subsequently, this method found widespread use in prenatal diagnosis of congenital toxoplasmosis and the diagnosis of *T. gondii* infection in immunocompromised patients, as indicated by Parmley et al. (1992), Ho-Yen et al. (1992), and Lamoril et al. (1992). In 2000, Homan et al. made a significant contribution by identifying a novel 529 bp fragment, which is found in repetitions ranging from 200 to 300-fold within the *T. gondii* genome. This 529 bp segment served as the basis for the development of an exceptionally sensitive and specific PCR method for diagnostic purposes. Sequencing of this gene revealed a highly conserved nucleotide sequence among various *T. gondii* strains and isolates, as demonstrated by Reischl et al. (2003). Notably, PCR using the 529 bp repeat element was reported to be 10 to 100 times more sensitive than the B1 gene, as highlighted by Homan et al. (2000) and Reischl et al. (2003). Additionally, a few studies have explored the use of multicopy ITS-1 and 18S rDNA as alternative targets, demonstrating a sensitivity level similar to that of the B1 gene, as observed in the research conducted by Hurtado et al. (2001) and Calderaro et al. (2006). To further improve sensitivity and specificity, nested PCR techniques built upon the B1 gene, the 529 bp repeat element, and ITS-1 sequences have been devised, as documented by Fallahi et al. (2014) and Jones et

al. (2000). An interesting observation from Fallahi et al. (2013) is that, when compared to B1-nested PCR, 529 bp-nested PCR exhibited the ability to detect *T. gondii* DNA even in seronegative samples. In nested PCR, two sets of primers are employed across two sequential PCR reactions, with the products of the first reaction serving as templates for the second. When targeting a specific gene, nested PCR outperforms conventional PCR in terms of sensitivity, a fact well-documented by Liu et al. (2015). The 529 bp repeat element-nested PCR boasts a detection limit of 640 fg of parasite DNA, whereas the rate for B1-nested PCR stands at 5.12 pg (Fallahi et al., 2014). Additionally, the nested PCR approach targeting the B1 gene proves to be more sensitive than targeting the ITS-1 sequence, according to Jones et al. (2014). It is important to emphasize that, even in the context of highly specific PCR assays, it remains crucial to verify the sequence of the PCR product to ensure adequate diagnostic specificity, as highlighted by Liu et al. (2015).

- **qPCR:** Real-time PCR, also known as quantitative PCR, possesses the capability to identify and quantify low concentrations of target DNA as well as determine the initial number of specific template DNA copies. During each cycle of amplification, the resulting product is measured using probes or intercalating dyes, and its quantity can be ascertained by comparing it to a known standard concentration (Liu et al., 2015). This real-time PCR technique has proven effective in the detection of *T. gondii* DNA in various human samples, including blood, cerebrospinal fluid, aqueous humor, and amniotic fluid, as outlined by Kompalic-Cristo et al. (2007) and Nogui et al. (2009). Moreover, it has found application in assessing the progression of toxoplasmosis and the effectiveness of treatment, as it can estimate the severity of *T. gondii* infection, as noted by Menotti et al. (2003). When it comes to diagnosing congenital toxoplasmosis, the real-time PCR assay featuring the B1 gene is considered the top-performing method in comparison to conventional PCR and nested-PCR (Teixeira et al., 2013). Real-time PCR

offers the advantage of being a rapid, closed-tube system, thereby minimizing the potential risk of contamination and delivering reproducible quantitative results (Liu et al., 2015). Opsteegh et al. (2010) have introduced a sequence-specific magnetic capture technique for the extraction of *T. gondii* DNA from substantial tissue samples. This innovative method addresses the challenge of the uneven distribution of *T. gondii* tissue cysts and the small sample size. When coupled with real-time PCR, this approach has been applied to meat samples (Opsteegh et al., 2010, 2019). This combination enhances the probability of detecting the parasite's DNA in large muscle samples, particularly in cattle, where tissue cyst distribution poses a detection challenge.

- **LAMP:** Loop-mediated isothermal amplification (LAMP) is a distinctive DNA amplification method operating under constant temperature conditions. It utilizes four primers designed to recognize six distinct regions on the target DNA (Notomi et al., 2000). In comparison to conventional PCR, LAMP demonstrates slightly higher sensitivity but falls slightly short of the sensitivity of real-time PCR (Lin et al., 2012). LAMP assays have been developed for various target genes, including *T. gondii* SAG1, the 529-bp repetitive element, B1, SAG2, GRA1, oocyst wall protein (OWP) genes, and 18S rRNA, tailored for use with veterinary and medical samples, as well as water samples (Liu et al., 2015). An application of LAMP centered on the SAG1 gene demonstrated its ability to detect *T. gondii* in the blood of experimentally infected pigs as early as 2 days post-infection, suggesting that LAMP could serve as a valuable tool for early toxoplasmosis diagnosis, especially in settings lacking sophisticated and costly equipment (Wang et al., 2015). The B1- and OWP-LAMP assays, with a detection limit of 0.1 tachyzoites DNA, were shown to be effective in water samples, highlighting LAMP as a rapid, specific, and highly sensitive method for detecting *Toxoplasma* contamination in environmental samples (Sotiriadou et al., 2008). It's important to note that LAMP appears to be particularly sensitive to contamination, emphasizing the need for

rigorous quality control measures to eliminate the risk of false positives (Liu et al., 2015).

- Histopathology and immunohistochemistry assessments: have been used as complementary techniques in various clinical scenarios for diagnosing toxoplasmosis. This is particularly important in cases of abortions in sheep and goats, where the preferred materials for histological examination are the placenta and fetal brain (Uggla et al., 1987; Pereira-Bueno et al., 2004; Partoandazanpoor et al., 2020; Dubey et al., 2020b).
- Direct serological antigenic assays: given the challenging interpretation of serological outcomes based on the detection of specific antibodies (indirect diagnosis) for ascertaining the timing of infection (recent or chronic), a valuable alternative method involves detecting circulating antigens in the serum (direct diagnosis). The sandwich enzyme-linked immunosorbent assay (sandwich ELISA) has been specifically developed for this purpose. This assay entails utilizing a well-coated with a specific antibody, which is exposed to the serum sample, along with an enzyme-conjugated antibody designed to recognize the antibody-antigen complex that forms (Liu et al., 2015). While not widely used, several intriguing cases and applications have been documented in the literature (Attallah et al., 2006; Dautu et al., 2008).

• **Indirect Diagnosis**

- Serological Assays: Serological tests are indispensable not only for specific diagnoses but also for epidemiological investigations. These serology methods have been employed on both adult and fetal serum samples, as well as on other fluids that may contain antibodies, such as fetal fluids (e.g., thoracic fluids) or meat juices (Ranucci et al. 2012; Vismarra et al., 2016; Gazzonis et al., 2020). Several serological assays have been developed, including the dye test (DT), modified agglutination test (MAT), enzyme-linked immunosorbent assay (ELISA), immunosorbent agglutination assay (ISAGA), indirect fluorescent antibody test (IFAT), indirect hemagglutination assays (IHA), latex agglutination test (LAT), and Western-Blot (WB), aimed at detecting different classes of antibodies (Liu et al., 2015). Nonetheless, in both clinical and scientific reports across various hosts, ELISA, IFAT, and MAT are the most widely employed techniques (Calero-Bernal and Gennari, 2019, Dubey et al., 2020a, c; Nayeri et al., 2021).

- **MAT** serves as a highly sensitive serological approach for detecting *T. gondii* IgG antibodies in both herds and wild animals. This method primarily identifies antibodies present in animal tissue fluid, serum, or plasma, and stands out as the most widely employed and cost-effective diagnostic method for detecting *T. gondii* infection. Notably, it is also one of the simplest techniques available and doesn't require specialized equipment (de Barros et al., 2022).
- **ELISA** has been used as the most reliable, convenient, cost-effective, and widely used method for identifying exposure to *T. gondii* in hosts. It boasts the advantage of requiring only a small sample volume and can be partially automated, rendering it suitable for extensive screening. Additionally, various ELISA variants can differentiate between different immunoglobulin classes, thereby facilitating the determination of the infection stage (de Barros et al., 2022). Diverse methodologies for ELISA standardization have been established, involving a range of antigens (such as native, recombinant, and chimeric), secondary antibodies, and antibody binding reagents (Ferra et al., 2015). There are commercially available ELISA multispecies kits designed for detecting *T. gondii* antibodies in domestic animals, simplifying the process of conducting large-scale and regular screening.
- **IFAT** is a straightforward assay employed for the identification of IgG and IgM antibodies against *T. gondii* in both humans and animals (Miller et al., 2002). Commercially, there are fluorescence-labelled antibodies accessible for different species. Nevertheless, this test needs the use of a fluorescence microscope for examination, and the results are visually interpreted, but can be affected by individual variability. Finding species-specific conjugates may pose challenges, but for some species it has been used as the serologic gold standard test, thanks to its specificity and sensitivity (Dubey, 2022).

The binding affinity (avidity) of specific antibodies to antigens undergoes changes during the course of infection, with avidity values initially being low and subsequently increasing with the progression of the infection. IgG avidity ELISA tests have the capability to differentiate between high and low avidity IgG proteins in serum, enabling the distinction

between recent and chronic infections, as demonstrated in several studies (Villard et al., 2013; Caballero-Ortega et al., 2008).

• Typing Techniques

To achieve genotype analysis, different approaches have been proposed: PCR-RFLP (Sibley and Boothroyd, 1992; Howe and Sibley, 1995; Howe et al., 1997; Biñas and Johnson, 1998; Su et al., 2006), gene sequencing (multilocus genes sequencing and whole genome sequencing (Su et al., 2012; Lorenzi et al., 2016), and microsatellite sequences analysis (Ajzenberg et al., 2002a, 2010; Joeres et al., 2023). These Genotyping techniques, to be effective required a high amount of parasite's DNA, often deriving from culture isolates. Isolating *T. gondii* from clinical and non-clinical samples presents a complex challenge. For this reason, serotyping offers an alternative method for characterizing *T. gondii* strains, eliminating the need for parasite isolation (Sousa et al., 2023). This technique relies on the recognition of strain-specific polymorphic peptides by antibodies (Konga et al., 2003; Sousa et al., 2008, 2009; Maksimov et al., 2012). The section will not delve further into genotyping techniques since they will be the focal point of Chapter 7.

CHAPTER 2: Thesis objective: elucidate the epidemiological characteristics of *Toxoplasma gondii* in Northern Italy within the context of a One Health approach.

Toxoplasma gondii stands as one of the most widely distributed and successful opportunistic parasites globally. Its significance extends to both medical and veterinary domains. It has the capacity to infect virtually all warm-blooded animal species, making it a substantial concern not only for public health but also for the livestock industry and wildlife conservation programs. Although toxoplasmosis typically remains latent and asymptomatic, it can manifest as severe clinical conditions in individuals with compromised immune systems and pregnant hosts (Dubey, 2022).

Toxoplasmosis imposes a significant health burden on a staggering one-third of the world's population. Nonetheless, toxoplasmosis remains classified as a neglected disease, primarily because it often shows a subclinical course in both animals and humans upon infection. Moreover, in intermediate hosts designated for meat production, the presence of the parasite does not manifest visually, resulting in the development of microscopic cysts within various organs. Consequently, the control of the foodborne transmission of the disease is challenging, and currently, it lacks regulation in Europe, especially from an inspection perspective.

The primary objective of this Ph.D. thesis was to delve into the epidemiological patterns of toxoplasmosis in Northern Italy. This study aimed to comprehensively explore various aspects of the parasite's infection dynamics in several host species, adopting a one-health perspective.

The initial research phase involved performing a retrospective survey to investigate the parasite's distribution in the Emilia-Romagna region, specifically the Province of Bologna (Emilia-Romagna Region), as detailed in Chapter 3. This survey relied on the examination of serological data collected from multiple diagnostic centres within the area of interest.

The research subsequently directed its attention towards three primary thematic areas. In line with the One Health framework, three distinct categories of hosts were deliberately selected, each assuming unique epidemiological roles in the context of *Toxoplasma* infection:

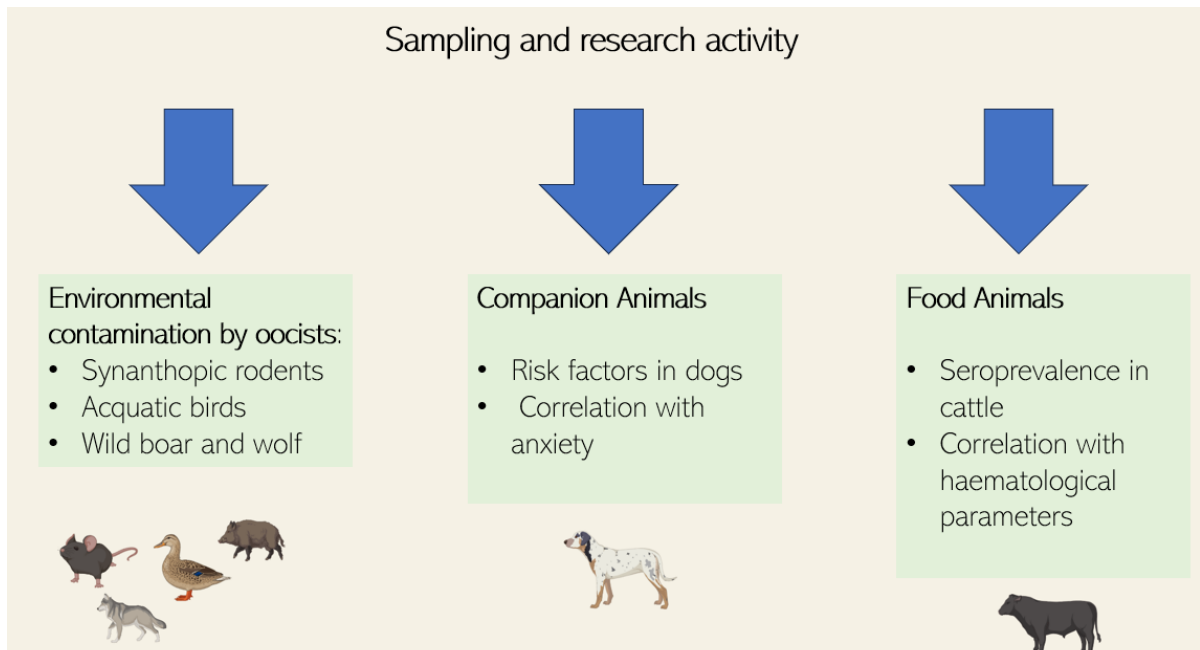


Figure 6: three main areas of interest considered in the sampling

- ✓ Wildlife, which functioned as indicators of environmental contamination via oocysts and thereby offered insights into the spatial dispersion of the parasite within natural ecosystems;
- ✓ Companion animals, notably canines, in which toxoplasmosis could bear clinical relevance;
- ✓ Animals intended for human consumption, specifically bovines, for which toxoplasmosis demonstrate limited clinical significance but held importance in terms of meat-borne transmission in humans (Fig. 6).

Regarding the first research area (Chapter 4), among the various wildlife species examined, the initial investigation centered on synanthropic rodents. Within these species, which have coevolved with human habits and tend to prefer urban and peri-urban areas over completely wild environments, the presence of protozoa belonging to the Sarcocystidae family was investigated (figure 7).

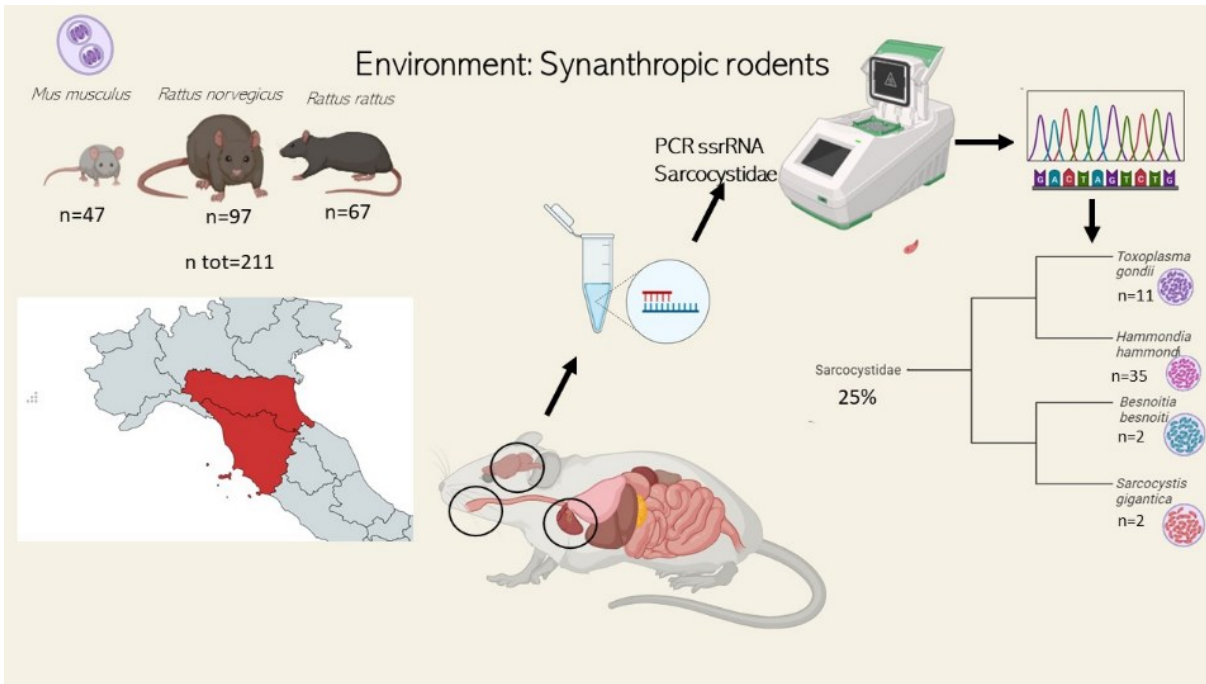


Figure 7 graphical characterization of Chapter 4.1

In this context, another cohort of animals sampled belong to migratory aquatic avian species, collected during the hunting season, with the primary objective of *T. gondii* detection through molecular methodologies. The rationale for focusing on these species is grounded in their distinctive ecological and behavioural attributes, which exhibit strong associations with aquatic ecosystems. Positive findings in these avian subjects may serve as sentinel indicators of contamination within aquatic ecological contexts. Furthermore, considering their migratory nature, they present the potential to act as reservoirs for infections originating from their respective source regions (figure 8).

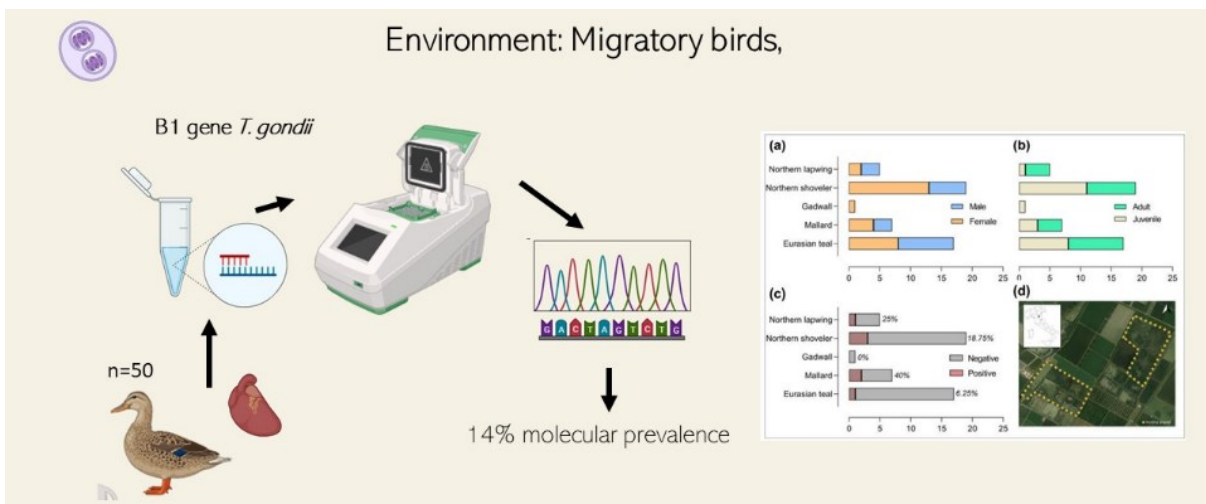


Figure 8 graphical characterization of Chapter 4.2

The final research investigation outlined in Chapter 4 pertains to a serological study of *T. gondii* in two pivotal species within the wild ecological balance: wild boar and wolves. While both can become infected through carnivorous pathways, potentially not exclusively signifying contamination from oocysts within a particular territory, their significance in this context lies in the crucial predator-prey dynamics inherent in the *T. gondii* life cycle, particularly in natural environments. In these cases, seroprevalence serves the purpose of providing data on past exposure to the parasite, which is valuable for epidemiological purposes (figure 9)

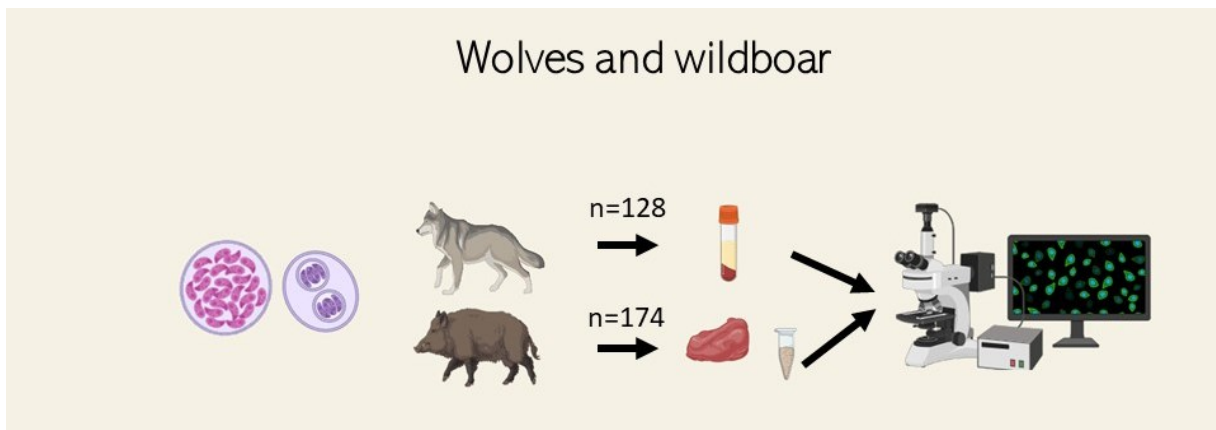


Figure 9 graphical characterization of Chapter 4.3

In Chapter 5, the research exclusively focused on dogs as companion animals potentially susceptible to clinical forms of toxoplasmosis. An initial project entailed the examination of risk factors for seropositivity in dogs with various lifestyles and roles,

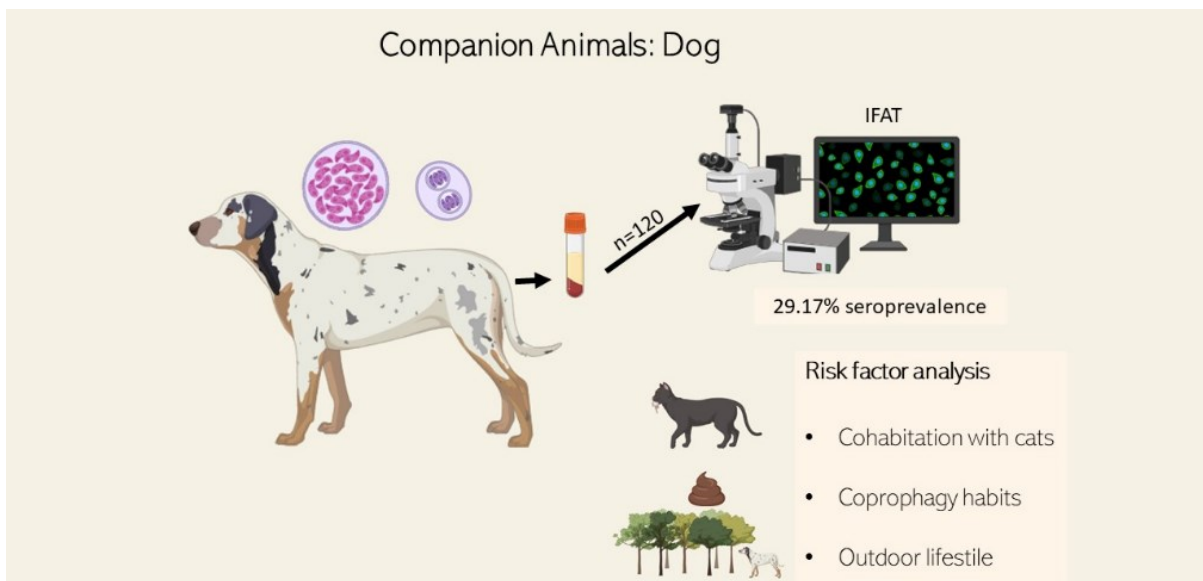


Figure 10 graphical characterization of Chapter 5.1

specifically companion dogs, guard dogs, hunting dogs, and truffle-hunting dogs. Through the collection of anamnestic data, this investigation aimed to identify risk factors associated with the development of antibody titers against *T. gondii* in these different categories of dogs (figure 10).

A second research consisted in a double-blinded study finalized to explore the correlation between serological evidence of exposure to *T. gondii* and pathological anxiety in companion dogs (figure 11).

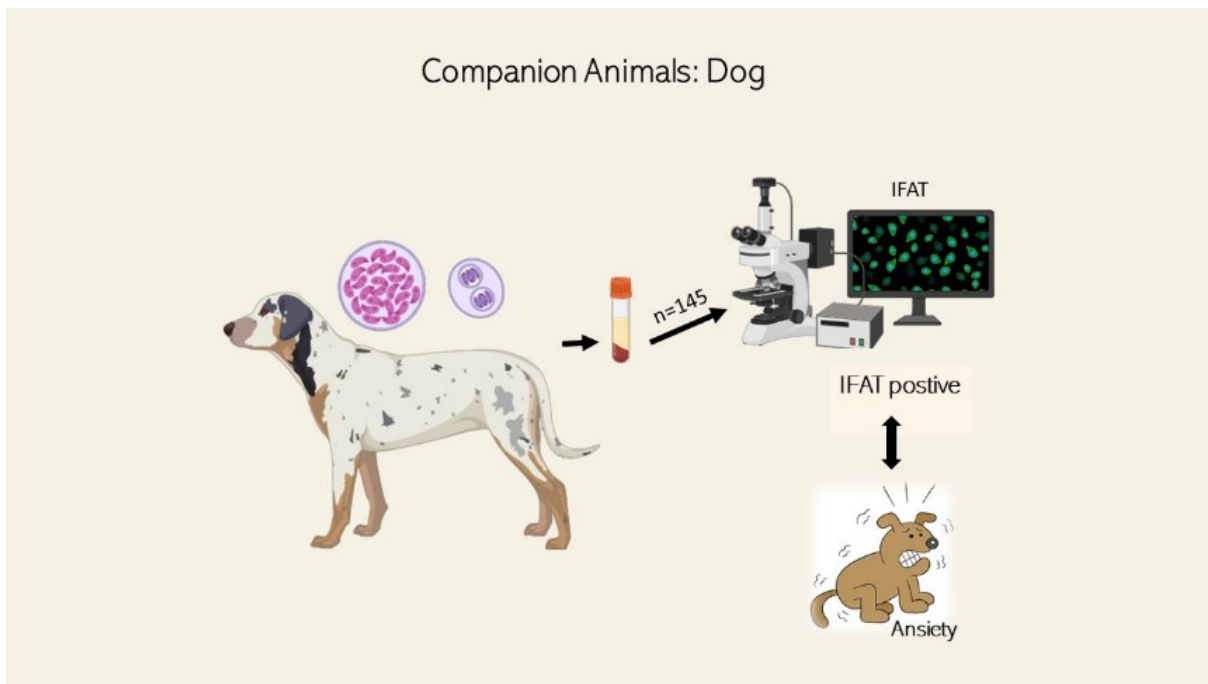


Figure 11 graphical characterization of Chapter 5.2

The investigations concerning the bovine species, as outlined in Chapter 6, focused on beef cattle. The study evaluated the antibody trends over consecutively samplings in subjects naturally exposed to the parasite in a feedlot setting. Additionally, a correlation was established between seropositivity, antibody titers, and hematological variations (figure 12). Within the scope of this research, another study unveiled a novel coinfection between *Sarcocystis hominis* and *Toxoplasma gondii* in a case of Bovine Eosinophilic Myositis (BEM), marking the first instance of such a co-occurrence. This diagnostic investigation utilized skeletal muscle tissue as well as meat juice as matrices for direct diagnosis, as a novel matrix for the diagnosis of these tissue forming apicomplexan.

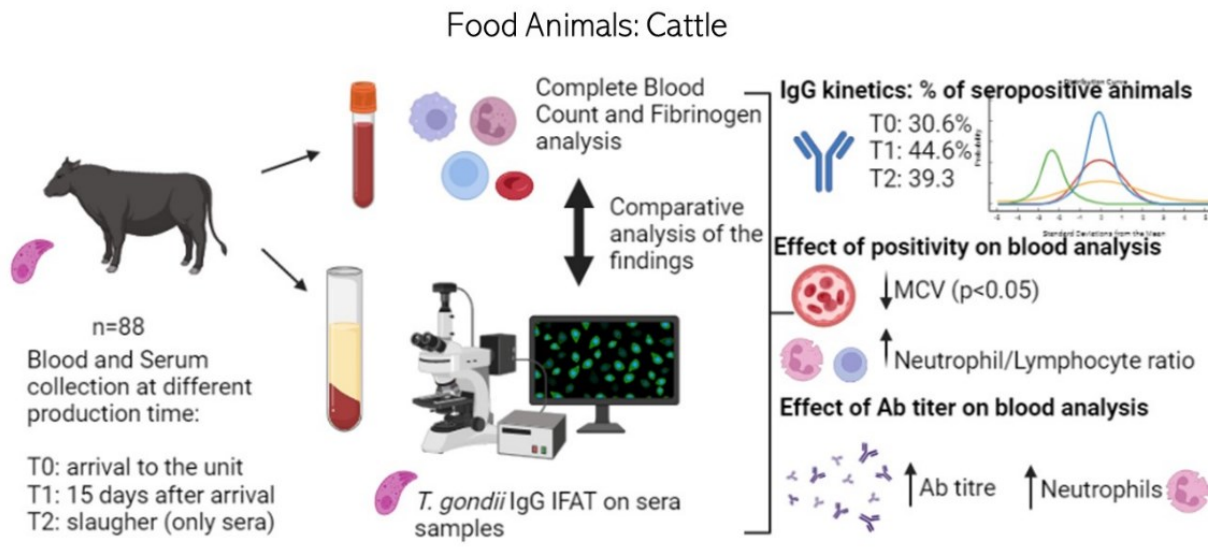


Figure 12 graphical characterization of Chapter 6

Finally, in the seventh chapter, the research aimed at molecularly characterizing strains of *T. gondii* collected over the three years of the candidate's doctoral research to identify the circulating variants in the geographical area of interest. Three different genotyping techniques were applied to DNA-positive *T. gondii* samples, and complete genotyping profiles were obtained from some of them. This provided, for the first time in Italy, a comprehensive characterization of *T. gondii* strains (figure 13).

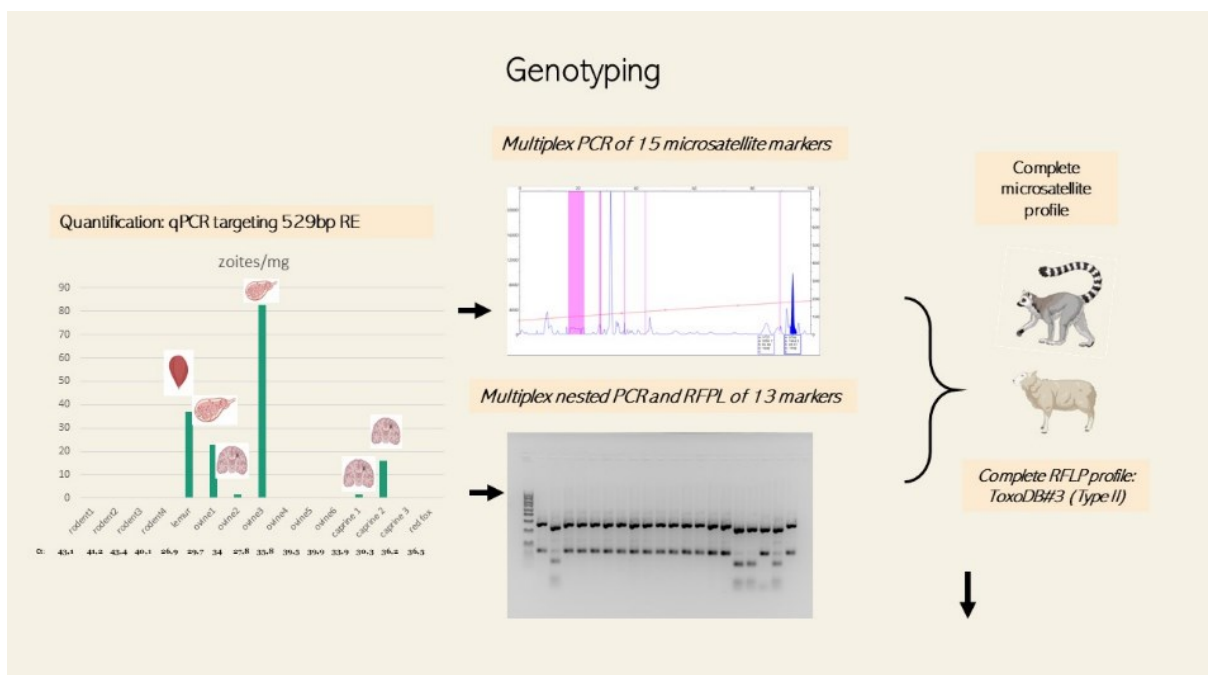


Figure 13 graphical characterization of chapter 7

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Chapter 3

Spread of *Toxoplasma gondii* among animals and humans in Northern Italy: A retrospective analysis in a One Health framework

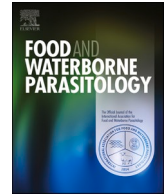
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Spread of *Toxoplasma gondii* among animals and humans in Northern Italy: A retrospective analysis in a One-Health framework

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ABSTRACT

Toxoplasmosis occurs worldwide and is considered one of the most important food-borne parasitic zoonoses. The consumption of undercooked meat containing viable tissue cysts and ingestion of environmental oocysts are the most important sources of infection. The aim of this retrospective study was to evaluate the spread of *Toxoplasma gondii* in the province of Bologna (Emilia-Romagna region) in northern Italy, with a One Health approach, comparing seropositivity rates in different animal species and in humans over the last 19 and 4 years respectively. Analyses were performed on serological data collected over different periods at three separate locations: Istituto Zooprofilattico Sperimentale della Lombardia e della Emilia-Romagna (IZSLER); Veterinary University Hospital Clinical Pathology Service, Department of Veterinary Medical Sciences, University of Bologna; and Unit of Microbiology, St. Orsola Hospital, Bologna. Most relevant seropositivity rates observed in animals were 15.5% (wild boar), 25% (roe deer), 18.7% (goat), 29.9% (sheep), 9.7% (pigs), 42.9% and 21.8% in cat and dog, respectively. A comprehensive screening was conducted on a population of 36,814 individuals, revealing a prevalence of 20.4%. Among pregnant women, a frequency of 0.39% for active toxoplasmosis was observed. Despite certain limitations, this study provided valuable insights into the extensive distribution of this parasitic infection among diverse animal species and human populations in the province of Bologna. These findings underscore the importance of implementing consistent and proactive toxoplasmosis screening protocols during pregnancy, while emphasizing the critical need for adopting a One Health approach for effective control of this parasitic disease.

1. Introduction

Toxoplasmosis is a zoonotic parasitic infection with a worldwide distribution caused by the apicomplexan protozoan *Toxoplasma*

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gondii. The sexual reproduction of the parasite occurs in felids, definitive hosts, that play an essential role in the contamination of the environment with oocysts, whereas a broad range of warm-blooded animals, including humans, act as intermediate hosts (Dubey et al., 2020a). Toxoplasmosis is recognized as one of the most significant food-borne parasitic zoonoses worldwide, and it is estimated that approximately one third of the global population is infected with *T. gondii*. (Montoya and Liesenfeld, 2004) In immunocompetent individuals, *Toxoplasma* infection is typically benign and self-limiting. However, it can cause life-threatening disease in fetuses and immunosuppressed individuals. Recent studies suggest that latent *Toxoplasma* infection may be associated with the development of specific neuropsychiatric conditions (Tyejbi et al., 2019). The primary sources of infection are the consumption of undercooked meat containing viable tissue cysts and the ingestion of food and water contaminated with oocysts (Pereira et al., 2010, Guo et al., 2015). The development of a serological assay capable of differentiating oocyst-induced infection from bradyzoite-induced infection has facilitated the recognition of oocysts as the primary reservoir of infection during outbreaks in the United States (Hill et al., 2011; Boyer et al., 2011). Nonetheless, the widespread implementation of these diagnostically valuable epidemiological techniques remains limited, underscoring the necessity for a meticulous transdisciplinary approach to effectively prevent and control this parasite (Djurković-Djaković et al., 2019).

In Southern Italy, a recent monitoring program has been implemented with the aim of enhancing the epidemiological knowledge regarding toxoplasmosis and identifying the risk factors associated with the infection in both animals and humans. This program adopts a multi-institutional approach to comprehensively investigate the subject (Pepe et al., 2021). In the Emilia-Romagna region of Italy, a three-year prospective observational study has shed light on the prevalence of toxoplasmosis among pregnant women. The study revealed that 22.3% of women tested positive for toxoplasmosis during early pregnancy. Notably, non-native women originating from Africa, Asia, Eastern Europe, and South America exhibited a higher likelihood of acquiring the infection during pregnancy compared to Italian women. Furthermore, the incidence rate of toxoplasmosis in this region was found to be higher than that reported in other European countries (Capretti et al., 2014). Serological analyses conducted during the same period in the Emilia-Romagna region also revealed a relatively high prevalence of toxoplasmosis in sheep flocks, reaching 41.9% (Parigi, 2014). Recently, a molecular investigation revealed a prevalence of 14% for parasite infections among wild water birds hunted in the aforementioned area (Dini et al., 2023).

To effectively implement appropriate control measures aimed at reducing the incidence of congenital toxoplasmosis, it is crucial to gain a comprehensive understanding of the extent of *T. gondii* circulation within the specific area of interest. Therefore, the objective of this study was to assess the prevalence of *T. gondii* infection in the province of Bologna, located within the Emilia-Romagna region of Italy, utilizing a One Health approach. The study aimed to compare the seroprevalence of *T. gondii* across various animal species with the seropositivity data observed in humans over the past years. By adopting this multidisciplinary approach, a more comprehensive and integrated understanding of the infection dynamics can be achieved, facilitating the development of targeted control strategies.

2. Materials and methods

The data utilized in this study were obtained through a retrospective analysis of serological investigations conducted at two distinct veterinary institutions and one human hospital.

Specifically, information pertaining to animal infections was extracted from the databases of the Istituto Zooprofilattico Sperimentale della Lombardia e della Emilia-Romagna (IZSLER) covering the period from 2002 to 2021. Similarly, data from the Veterinary University Hospital (VUH), specifically the Clinical Pathology Service of the Department of Veterinary Medical Sciences at the University of Bologna, were collected for the period from 2006 to 2021. This involved retrieving information from all samples that underwent serological testing for *T. gondii*.

IZLER is an Italian public health institute that is engaged in control and research initiatives, as well as offering services in the domains of animal health, food safety, and zoonoses. Within their scope of activities, IZLER conducts serological tests on diverse domestic and wild animal species for both routine institutional screening and diagnostic purposes upon request. During the specified period, various tests were employed at IZSLER: Latex Agglutination Test (LAT, Toxotest; Eiken Chemical, Tokyo, Japan), Enzyme-Linked Immunosorbent Assay (ELISA, ID Screen® Toxoplasmosis Indirect Multi-species; ID-Vet - Innovative Diagnostics, Grabels, France), and Immunofluorescence Antibody Test (IFAT, Toxo-Spot IF; bioMérieux, Marcy-l'Étoile, France). IFAT was performed using a commercial antigen (Toxo-Spot IF; bioMérieux) and, as conjugate, Anti-Dog and Anti-Cat IgG of IZSLER internal production were used. Antibody titer $\geq 1:40$ was considered positive for IFAT, while antibody titer $\geq 1:32$ was considered positive for LAT, as suggested by the manufacturers.

At the VUH, dogs and cats were tested for diagnostic purpose only by the means of IFAT (MegaFLUO TOXOPLASMA g, MegaCor Diagnostik, Hoerbranz, Austria) using Anti-Dog IgG-FITC antibody (Sigma-Aldrich, Saint Louis, MO, USA) and FITC IgG conjugate Anti-Cat (MegaCor Diagnostik, Hoerbranz, Austria); antibody titer $\geq 1:40$ was considered positive.

In both laboratories, in addition to the detection of specific IgG antibodies, IFAT was also used for the detection of specific IgM antibodies. Concerning humans, this study encompassed all individuals who underwent immune status evaluation for *T. gondii* infection at the Unit of Microbiology in St. Orsola Hospital. This particular hospital serves the entire population in the metropolitan city of Bologna and its province, which consists of over 1 million inhabitants. The hospital's microbiology laboratory, equipped with an online database called DNLAB® (Dedalus), contains records of all tests conducted in the past four years (2018–2021). For serological analysis of human serum samples chemiluminescence immunoassays (Elecsys Toxo IgG and Elecsys Toxo IgM, Roche Diagnostics GmbH, Mannheim, Germany) were initially employed to detect IgM and IgG antibodies. Borderline or positive IgM screening results were subsequently confirmed using enzyme-linked fluorescent assays (ELFAs) (Vidas Toxo IgM, bioMérieux, Marcy l'Étoile, France), to exclude IgM residual. If IgM positivity was confirmed, and IgG Avidity test (Vidas Toxo IgG Avidity, bioMérieux) was performed.

Positivity in ELFAs and low Avidity Index were indicative of *T. gondii* active infection.

Data collected from animals were organized in databases. The two laboratories, IZSLER and VUH, provided different variables. For IZSLER, information included the animal species examined, the municipality of origin (Bologna province consists of 55 municipalities), and the date of sample submission. On the other hand, VUH provided additional data such as age, sex, breed, municipality of origin (based on owner address), the date of testing, and associated clinical information. All possible duplicate observations were removed with the first occurrence of the animal in the dataset retained.

Pearson's χ^2 test was used to associate species and (when available) age, sex, and, for the cat, the origin (owned or unowned) with seroprevalence data. The level of statistical significance was 5% ($P < 0.05$).

For humans, data collected included prevalence and the number of active infections (positive IgM ELFA analyses and low avidity samples).

The Sample Size Calculator (<https://www.surveysystem.com/sscalc.htm>) was used to calculate 95% confidence intervals (CIs) for the observed prevalence values.

3. Results

Between 2002 and 2021, the Istituto Zooprofilattico Sperimentale della Lombardia e dell'Emilia Romagna (IZSLER) conducted serological testing for *Toxoplasma gondii* infection on a total of 4263 sera derived from various animals, including those from farms, companion animals, and wild species (Table 1). Specifically, investigations were carried out on small ruminants, such as sheep and goats, in response to abortion outbreaks. Among the 64 goat samples examined, 12 samples (18.7%) tested positive. Notably, in the municipality of San Giovanni in Persiceto, clusters of positive cases were identified in three different years (2003, 2004, 2019). Out of the 117 sheep tested, 35 (29.9%) were found to be positive. Additionally, as part of a food safety research project, 31 pigs from the same municipality in the Bolognese Apennines were examined, and the observed frequency of positive cases was 9.7%. Concerning wild animals, of a total of 594 wild boar and 104 roe deer examined, 15.5% and 25% were seropositive, respectively, indicating infection was significantly more frequent in roe deer than in wild boar ($P = 0.025$). Very few wild carnivores were tested to allow for meaningful results, but it is noteworthy that one of the 5 wolves and both red foxes tested were seropositive. In contrast, none of the 34 tested hares was seropositive. Pigeons ($n = 105$), tested during a population control campaign, showed a seroprevalence of 3.8%. Among companion animals, the species most represented was the cat ($n = 3087$), which tested positive for total antibody (ELISA, LAT) or IgG in 1355 cases (43.9%). In most cases (3082) the sampling was carried out between 2002 and 2006. Evaluating stray cats from colonies versus owned cats, the former had a statistically higher seroprevalence (46.5% vs. 33.4%; $\chi^2 = 34.14$, $P < 0.001$). In dogs ($n = 114$), the frequency observed was lower (19.3%) with 22 positive dogs.

Concerning the results obtained from the VUH, data derived from 65 dogs and 208 cats of the province of Bologna: these were owned animals in which toxoplasmosis was a differential diagnosis based on their clinical and pathological findings. Out of 208 cats tested, 59 (28.4%) [C.I. 95%: 22.27–34.53] were positive. No significant difference has been detected in frequency of positivity between males and females (25.5% vs. 30.9%), although entire males appeared less frequently positive than neutered ones (13.6% vs 35.2%; $P = 0.02$). The seropositivity rate was 18.2% in subjects younger than one year of age, and 30.7% in cats \geq one year, although the difference was not significant (Table 2).

Table 1

animal species tested at IZSLER, number of animals tested, number of municipalities of origin, frequency of seropositivity for *T. gondii* antibodies, confidence interval, number of municipalities of origin of positive animals and serological method used.

| Animal Species | n. examined animals | n. municipalities of origin | Seropositive n (%) [CI 95%] | n. municipalities of origin of positive | Test Used |
|--------------------------------|---------------------|-----------------------------|-----------------------------|---|------------------|
| Goat | 64 | 9 | 12 (18.7%) [12.45–24.95] | 4 | ELISA, LAT |
| Sheep | 117 | 14 | 35 (29.9%) [21.6–38.2] | 11 | ELISA, LAT, IFAT |
| Pig | 31 | 1 | 3 (9.7%) [0–20.12] | 1 | ELISA |
| Rabbit | 6 | 2 | 0 (0%) [n.d.] | 0 | LAT |
| Roe Deer | 104 | 25 | 26 (25%) [16.68–33.32] | 18 | ELISA |
| (<i>Capreolus capreolus</i>) | | | | | |
| Wild Boar | 594 | 19 | 92 (15.5%) [12.59–18.41] | 14 | ELISA |
| (<i>Sus scrofa</i>) | | | | | |
| Hare | 34 | 2 | 0 (0%) [n.d.] | 0 | IFAT |
| (<i>Lepus europaeus</i>) | | | | | |
| Pidgeon | 105 | 5 | 4 (3.8%) [0.14–7.46] | 2 | LAT |
| (<i>Columba livia</i>) | | | | | |
| Wolf | 5 | 5 | 1 (20%) [0–55.05] | 1 | ELISA |
| (<i>Canis lupus</i>) | | | | | |
| Red Fox | 2 | 2 | 2 (100%) [n.d.] | 2 | ELISA |
| (<i>Vulpes vulpes</i>) | | | | | |
| Dog | 114 | 21 | 22 (19.3%) [11.9–26.54] | 11 | ELISA, LAT, IFAT |
| Cat | 3087 | 39 | 1355 (43.9%) [42.89–44.91] | 30 | ELISA, LAT, IFAT |

Concerning dogs, the seropositivity rate observed was 26.2% (17/65) [C.I. 95%: 15.51–36.89]. There was no difference in prevalence according to sex (male or female, entire or neutered) or age (Table 2).

Fig. 1 illustrates the distribution of animals examined by IZSLER and VUH across various municipalities in the province of Bologna. The examination of wild species predominantly occurred in the southernmost region of the province, specifically in the Apennine area. On the other hand, dogs and cats were sampled from almost all municipalities throughout the entire province. The positive animals, indicating the presence of the infection, were found to be uniformly distributed across the different areas.

In the study period of four years, a comprehensive analysis was conducted on 122,377 serum samples at the Microbiology Unit of Sant'Orsola Hospital (Table 3). It should be noted that some individuals underwent multiple testing, resulting in a total of 36,814 patients (primarily adults) being evaluated (Table 3). Among these patients, the majority were women (88.2%), with an average of 3.61 samples assessed per woman or 1.16 per man. Notably, a significant proportion of women (87.9%) underwent testing during their pregnancy.

The observed prevalence of toxoplasmosis was 20.4% (95% CI: 20.8–20.0), ranging between 20.0% and 20.8% throughout the study period. There were no significant differences in prevalence based on year, season, or sex. During 2020, the number of tests conducted was markedly lower compared to other years, with a reduction of over 15%, which can likely be attributed to the impact of the COVID-19 pandemic.

IgM positivity confirmation by ELFA tests were performed on a total of 1915 sera. Among these, 504 sera (26.3%) tested positive for IgM. A diagnosis of acute *T. gondii* infection was established in 161 patients, determined by excluding cases of persistent IgM positivity and considering a low Avidity Index. This resulted in a frequency of 0.44% among the screened population. Most of the acute infection (113/161) were diagnosed in pregnant women. The frequencies of toxoplasmosis did not differ between men and women, or between pregnant and nonpregnant women.

Moreover, we divided the pregnant women into two groups: subjects attending the Family Advisory Health Centers of Bologna and its province for prenatal care and maternal screening and subjects attending the Maternal-Fetal Medicine Unit of Sant'Orsola Hospital, Bologna, for a second level toxoplasmosis diagnosis (women with clinical, echographic or laboratory suspicion of toxoplasmosis). In particular, in the former case, the frequency was 0.25% (69/27,513 subjects) and in the latter the value was 4.1% (44/1059), with $p = 0.0001$.

4. Discussion

In this study, a One Health approach was employed to analyse data concerning the presence of *Toxoplasma gondii* in the province of Bologna. The analysis focused on the key host species that play a significant role in the epidemiology of the parasite.

While the National Health Service has facilitated the collection of data on human health for the province through centralized analyses, the veterinary field presented a fragmented scenario due to the involvement of numerous private laboratories primarily focused on domestic animals and lacking a shared database. To overcome this limitation, data was obtained from two major institutional veterinary centres involved in diagnostic activities within the territory, resulting in a substantial number of samples from various animal species collected over the past 20 years. It is important to acknowledge that this approach has certain limitations. Firstly, the sampling methods varied across different categories, with some samples obtained through diagnostic processes and others through regional surveillance plans for toxoplasmosis in animals. Consequently, certain animal species may be underrepresented in terms of the number of specimens. Additionally, the available databases cover different time periods (2002 to 2021 for IZSLER, 2006 to 2021 for VUH, and 2018 to 2021 for St. Orsola Hospital), and the serological tests employed differ not only between different diagnostic centers but also within the same diagnostic unit at different time points. Nonetheless, despite these limitations, the collected data provides an overall understanding of the circulation of *T. gondii* in various animal categories and humans in the province of

Table 2
Signalment and serological results for *T. gondii* in dogs and cats examined at the VUH.

| Cats | | Positive n. (%) | Negative n. (%) | Chi-square test -P |
|--------------------|---------------------------------|--|--------------------|--------------------|
| Examined | 208 [from 36 municipalities] | 59 (28.4%) [from 23 municipalities] | 149 (71.6%) | |
| Age (207 known) | < 1 year | 8 (18.2%) | 36 (81.8%) | NS |
| | ≥ 1 year | 50 (30.7%) | 113 (69.3%) | |
| Sex | male | neutered | 19 (35.1%) | 4.84 P < 0.05 |
| | | entire | 6 (13.6%) | |
| | female | neutered | 23 (30.3%) | |
| | | entire | 11 (32.4%) | |
| 25 (25.5%) | 73 (74.5%) | 35 (35.7%) | NS | |
| 34 (30.9%) | 76 (69.1%) | 53 (69.7%) | NS | |
| | | | 23 (67.6%) | NS |
| Dogs examined | 65 [from 25 municipalities] | 17 (26.2%) [from 11 municipalities] | 48 (73.8%) | |
| Age | < 1 year | 1 (11.1%) | 8 (88.9%) | NS |
| | ≥ 1 year | 16 (28.6%) | 40 (71.4%) | |
| Sex | male | neutered | 0 (0%) | NS |
| | | entire | 7 (30.4%) | |
| | female | neutered | 5 (35.7%) | |
| | | unneutered | 5 (19.2%) | |
| 7 (28%) | 18 (72%) | 2 (100%) | NS | |
| 10 (25%) | 30 (45%) | 16 (69.6%) | NS | |
| | | | 9 (64.3%) | NS |
| | | | 21 (80.8%) | NS |

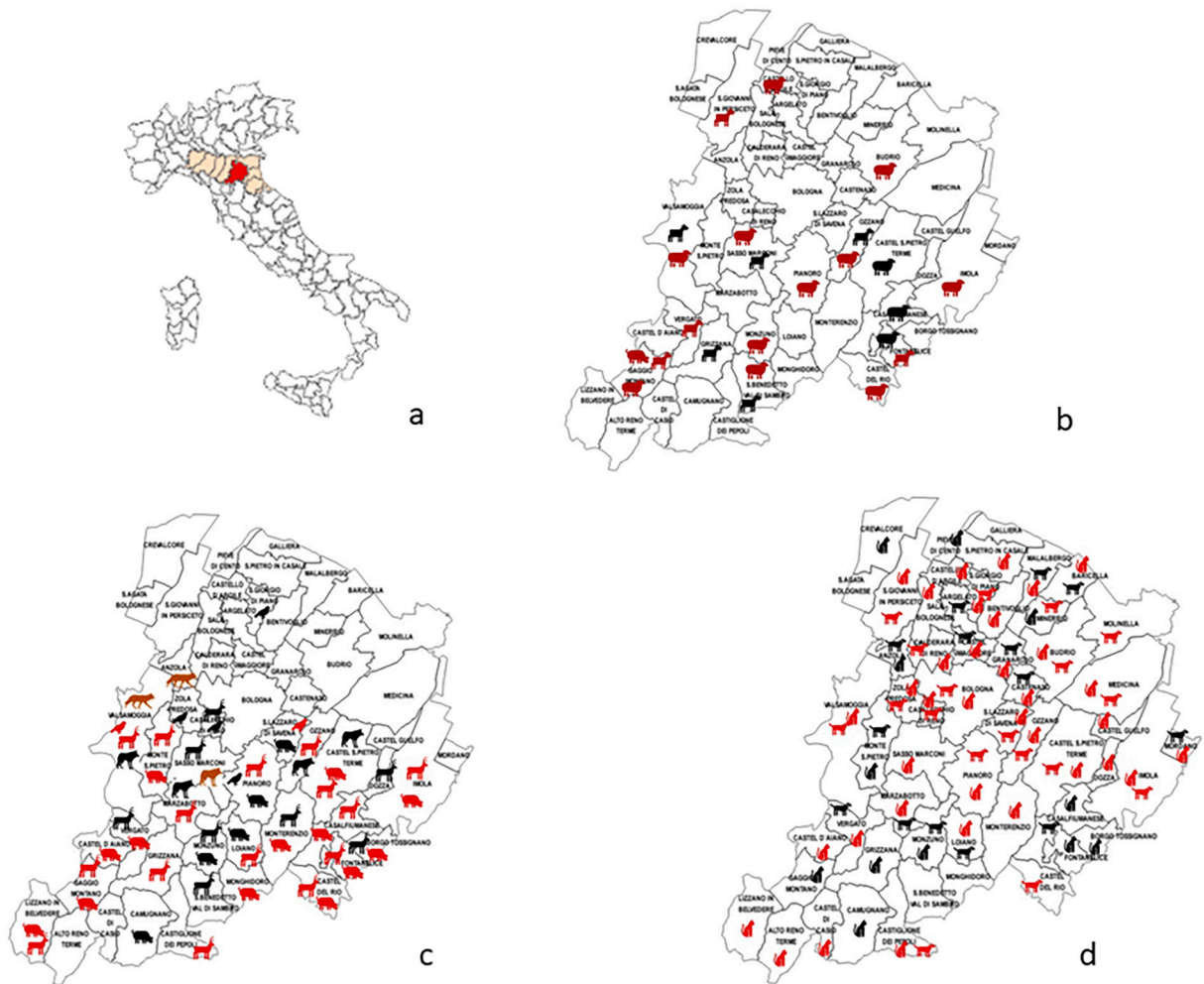


Fig. 1. Distribution of the animals examined by IZSLER and VUH: a) province of Bologna in Emilia Romagna region (Italy); b) Livestock species; c) Wild animals; d) dog and cat. The red figure means that at least one subject tested positive. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

Table 3

Data concerning tests and serological results for *T. gondii* in humans. In the “acute infection” category, only active *T. gondii* infection cases, with positive IgM ELFA analyses and low-avidity samples, have been grouped.

| | Total number | men (%) | women (%) | pregnant women (%) | non-pregnant women (%) |
|-----------------------------|--------------|--------------|----------------|--------------------|------------------------|
| Screened subjects | 36,814 | 4341 (11.8%) | 32,473 (88.2%) | 28,572 (87.9%) | 3901 (12.1%) |
| Acute infection (frequency) | 161 (0.44%) | 26 (0.60%) | 135 (0.42%) | 113 (0.39%) | 22 (0.56%) |

Bologna.

4.1. Livestock

In this retrospective study, diagnostic confirmation for *Toxoplasma gondii* was conducted in 181 small ruminants in the province of Bologna, specifically following abortion outbreaks, with seroprevalences of 29.9% in sheep and 18.7% in goats. The significance of toxoplasmosis in these animal species extends to both public health and economic aspects. They are considered a primary source of infection among certain ethnic groups that consume undercooked meat due to cultural reasons (Kijlstra and Jongert, 2008). Furthermore, *T. gondii* is recognized as one of the primary causes of abortion in sheep and goat farming (Dubey, 2022). Such losses can

be particularly devastating, especially for small family farms, which are prevalent in Mediterranean regions and have reported abortion rates as high as 75% (Edwards and Dubey, 2013). Although the seroprevalence values observed in our study were comparatively lower than those reported in other studies conducted in Northern Italy (Parigi, 2014; Gazzonis et al., 2015, 2020), it is crucial to consider the specific context of our data collection. The samples we analysed were obtained from farms in the area after abortion outbreaks, and it is possible that these outbreaks were not solely attributed to *T. gondii* infection. Previous studies have shown that goats generally exhibit lower positivity rates compared to sheep, consistent with the findings of the present survey. This variation can be attributed to the distinct feeding behaviors of the two species. Sheep, as grazers, are more vulnerable to the exposure of *T. gondii* oocysts and other soil-borne parasites, as indicated by prior research (Hoste et al., 2010). In contrast, goats, being browsers, have a relatively lower risk of contracting this parasitic infection.

4.2. Wild animals

The observed seroprevalences in wild boar (15.5%) and roe deer (25%), do not seem to reflect the increasing of the prevalence throughout the trophic chain previously described (Smith and Frenkel, 1995; Ferroglio et al., 2014) and are particularly intriguing: the higher exposure found in herbivores, suggests a relevant role of oocysts contamination in the considered territory. Oocyst environmental contamination could be linked to the presence of wild and domestic felids (Otranto et al., 2015). In recent years, the populations of wild boars and roe deer in Europe have shown significant expansion despite being among the most heavily hunted ungulate species (European Food Safety Authority (EFSA), 2014; Milner et al., 2006; Pittiglio et al., 2018). In recent decades, the roe deer population has undergone significant migration from northeastern regions to northwestern areas and the Apennines, establishing a relatively stable presence in our territories, especially in proximity to human-altered areas with a high abundance of free-roaming cats (Carnevali et al., 2009). The consumption of wild ungulate meat poses a potential risk of infection for other carnivorous hosts, including humans (Tenter et al., 2000). The meat of these ungulates is highly valued in certain regions of Italy, where culinary traditions may include the preparation of raw dishes.

Despite the limited sample size of wild carnivores in this survey, a notably high seroprevalence was observed, with 2 out of 2 red foxes and 1 out of 5 wolves testing positive for *T. gondii* antibodies. These findings are consistent with the results obtained in other surveys, where seroprevalence rates of up to 84.7% were reported in red foxes from north-eastern Europe (Kornacka-Strackonis, 2022), and *T. gondii* DNA was detected in 20% of grey wolves in Serbia (Uzelac et al., 2019). The higher susceptibility of these hosts to *T. gondii* infection, resulting from the consumption of both tissue cysts and environmentally-transmitted oocysts, positions them as valuable sentinels for monitoring the presence of the parasite within specific territories.

4.3. Dog and cat

Overall, in this study, cats demonstrated a seroprevalence of 42.9%, (1414 out of 3295 tested cats from both laboratories), in line with the estimate prevalence in Europe (43%) (Montazeri et al., 2020). Notably, colony cats exhibited significantly higher seroprevalence (46.5%) compared to owned cats (32.1%) ($P < 0.001$). Studies conducted in central Italy reported similar prevalence, such as 44% in colony cats from Florence province (Mancianti et al., 2010), and 62% in Rome (Macrì et al., 2009). However, it is important to consider the limitations of comparing these data due to variations in diagnostic techniques used over time, including in our laboratories, and the different cutoff titers.

Across the province of Bologna, seropositive cats were discovered in 36 out of 55 municipalities, indicating a widespread distribution of infected cats throughout the territory. This includes hilly and mountainous areas of the province, where positive cases were also found among wild ungulates. The detection of specific anti-*T. gondii* IgG in cats holds significant epidemiological implications. Cats that have developed protective IgG antibodies against *T. gondii* have likely shed oocysts in their living environment at some point, either in the distant or recent past, but are generally considered immune to further shedding of the parasite (Dubey, 1995).

Although not epidemiologically comparable to cats, dogs' exposure to *Toxoplasma* also has public health implications. Dogs can act as mechanical carriers of *T. gondii* oocysts, excreting them in their feces after ingestion from cat stool. Moreover, *T. gondii* oocysts can contaminate dog fur, potentially leading to human infection through contact with the dog's coat, mouth, and feet (Lindsay et al., 1997; Dubey et al., 2020b).

4.4. Humans

The seropositivity rate (20.4%) observed in this study is similar to the ones previously reported in other areas of Italy (Mosti et al., 2013; Fanigliulo et al., 2020).

The majority of available information on *Toxoplasma* seroprevalence in humans primarily focuses on women of reproductive age, utilizing prenatal screening data. Even in our retrospective study, over 95% of serological tests for *T. gondii* conducted between 2018 and 2021 were carried out on samples obtained from females, while only 4.1% were from males. This finding is not surprising, as serological testing during early pregnancy is strongly recommended (although not mandatory) according to the guidelines of the National Public Health Service. Moreover, *T. gondii* serology is provided free of charge to all pregnant women by the Italian Government (Italian Government, 2017). Consequently, pregnant women undergo testing for *T. gondii* during early pregnancy, and seronegative women are advised to undergo subsequent testing every 4–6 weeks until delivery. In addition to pregnant women, our study also included screenings conducted on transplant patients and individuals with clinical suspicion of toxoplasmosis.

In various high-income countries, a decline in *T. gondii* seroprevalence among the human population, specifically women of

childbearing age, has been observed since 2001 (Milne et al., 2023). This decrease has been attributed to shifts in dietary patterns, reduced prevalence in intensively farmed livestock, improved hygiene practices, and enhanced health education, collectively resulting in decreased exposure to the parasite (Pinto et al., 2012; Martini et al., 2020; Milne et al., 2023).

Although in many contexts, declining exposure to *T. gondii* commonly lead to a lower incidence of congenital toxoplasmosis due to fewer seroconversions in pregnancy, some studies have observed an unexpected increase in congenital toxoplasmosis incidence or IgM prevalence despite declining seroprevalence (Edelhofer and Prossinger, 2010; Mongua-Rodriguez et al., 2013). This phenomenon aligns with the epidemiological concept of “peak shift” dynamics, which suggests that as infection rates decrease, the risk of exposure is shifted to a higher age group (Woolhouse, 1998). Consequently, a naive population, including women of childbearing age, may become more susceptible to the infection due to increased exposure.

In the screened pregnant women population, the frequency of acute infections decreased to 0.25% (from the 0.39% of acute infection rate in the total population), which is consistent with findings from a previous study involving pregnant women in the Emilia-Romagna region (Billi et al., 2016). However, in the “second level *T. gondii* diagnosis group,” the incidence was notably higher at 4.1%. Another study (Capretti et al., 2014) previously reported a significantly elevated incidence of toxoplasmosis among pregnant women who were non-native. A major limitation of our current survey is the inability to distinguish between native and non-native women, as well as the lack of clinical information and specific details regarding dietary habits.

Considering the seroprevalence in various animal species and humans observed in our specific study area, prenatal screening programs remain the mainstay of the prevention of congenital toxoplasmosis, allowing the early identification of maternal infection cases. An early detection of infection permits to start promptly the antenatal treatment to interrupt the vertical transmission, underlining the need to maintain an appropriate and active screening for toxoplasmosis during pregnancy.

5. Conclusions

The findings of this study provide compelling evidence for the wide distribution of the parasite in the study area. Specific antibodies were detected in a range of wildlife, livestock, domestic animals, and humans, indicating a constant presence of the parasite in diverse environments. The seropositivity rates observed in wildlife species like roe deer and wild boars underscore their significance in the parasite’s epidemiology. They serve as indicators of environmental contamination in both wild and peri-urban settings, as well as potential sources of infection for humans. Furthermore, the presence of seropositivity in human populations, as well as in domestic and companion animals, highlights the occurrence of the parasite in anthropized environments. The interplay between anthropogenic and environmental factors shapes the epidemiology of this parasitic infection and influences its spread. Given the interdisciplinary nature of this issue, a One Health approach is crucial not only in prevalence surveys like this study but also in control, education, and prevention campaigns.

Declaration of Competing Interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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


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Chapter 4.1

Migratory Wild Birds as Potential Long-Distance Transmitters of *Toxoplasma gondii* Infection

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Migratory Wild Birds as Potential Long-Distance Transmitters of *Toxoplasma gondii* Infection

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Abstract: *Toxoplasma gondii* is a worldwide distributed zoonotic protozoan capable of infecting a wide range of mammals (including humans) and birds as intermediate hosts. Migratory wild birds, through interconnecting countries along their flyways, can play a role in the spatial spread of *T. gondii* and could contribute to its sylvatic cycle. Additionally, hunted wild birds used for meat consumption could represent a further source of human infection. To determine the presence of *T. gondii* in wild birds, a total of 50 individuals belonging to the Anseriformes and Charadriiformes orders were sampled during the 2021–2022 hunting season in Northern Italy. Cardiac muscle samples of three Northern shovelers (*Anas clypeata*), two wild mallards (*A. platyrhynchos*), one Eurasian teal (*A. crecca*), and one Northern lapwing (*Vanellus vanellus*) were positive for the molecular detection of *T. gondii* based on a targeted amplification of the B1 gene. A 14% (7/50) overall positivity was observed in the sampled population. Results from this study suggest a moderate exposure of wild aquatic birds to *T. gondii*, highlighting the importance of a further characterization of *T. gondii* in its wildlife hosts.

Keywords: *Toxoplasma gondii*; wild birds; One Health; PCR



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1. Introduction

Toxoplasma gondii is a widespread zoonotic apicomplexan protozoan potentially able to infect all the warm-blooded animal species [1]. The life cycle of this parasite is complex, including definitive and intermediate hosts and several transmission pathways. Millions of unsporulated oocysts are shed in feces by felids, the definitive hosts of *T. gondii*. The parasite can therefore be found in various environmental matrices where, upon sporulation, oocysts become infectious and can remain viable up to several years [2]. This environmentally resistant stage is critical to the success of the parasite's life cycle, and it shapes the extensive range of its intermediate hosts. The oocysts can be further dispersed by wind, earthworms, arthropods, and water [3]; any warm-blooded animal can therefore become infected by the ingestion of oocysts-contaminated soil, water, or plant tissue [2]. For mammals, a vertical route of transmission is also expected [2]. When infecting an intermediate host, *T. gondii* forms life-long persistent cysts located prevalently in neural and muscular tissues, such as brain, retina, and skeletal and cardiac muscles [4]. Through predation between intermediate hosts, tissue cysts act as a reservoir of infection even in the absence of felids [5,6]. Nevertheless, sexual replication of *T. gondii* and the fecal excretion of its oocysts can only happen in the definitive hosts [2]. Environmental factors such as temperature and humidity can affect the life cycle of *T. gondii* by influencing the survival time of unsporulated oocysts; furthermore, seasonal fluctuation in precipitation rates influence the dispersion of sporulated oocysts [7].

Infections caused by *T. gondii* in wildlife and humans can determine heterogeneous clinical observations. Toxoplasmosis can indeed be fatal or chronic, with disease severity affected by host-dependent or parasite-dependent variables (e.g., individual immune

response, species-specific susceptibility, strain virulence, and infective dose) [2]. In avian populations, toxoplasmosis can be particularly concerning for endangered species [8–10].

Considering the terrestrial definitive host of *T. gondii*, oocysts are exclusively deposited on land and can therefore disperse in freshwater following heavy rainfalls, owing to the hydrophilic nature of their surface [3,11]; this sheds interest on surveys concerning the occurrence of *T. gondii* infections in wild aquatic species. In aquatic environments, intermediate avian hosts belonging to different feeding groups (herbivores, omnivores, carnivores, and insectivores) appear to be subjected to a similar infection probability [12]. In birds, several aquatic species are known hosts of relevant animal or zoonotic pathogens [13–17], including *T. gondii* [18,19]. Considering the ecology of waterfowl and the specialization as filter-feeders of some species, *T. gondii* infection in these animals suggests the presence of an oocysts-contaminated aquatic habitat. Furthermore, being huntable aquatic birds and a human food source, the consumption of raw or undercooked meat, especially derived from niche products, could represent an underappreciated source of *Toxoplasma gondii* infection [19,20]. Given the scarce available epidemiological data, the present study aimed to assess the occurrence of *T. gondii* in wild aquatic birds hunted in the wetlands of Northern Italy, where wintering migratory individuals from different breeding grounds congregate seasonally.

2. Materials and Methods

2.1. Population of Interest

A total of 50 hunted wild aquatic birds were included in this study, selected among 124 individuals sampled within the application of the National Avian Influenza (AI) Surveillance Plan 2021 (<https://www.izsvenezie.it/documenti/temi/influenza-aviaria/piani-sorveglianza/piano-nazionale-influenza-aviaria-2021.pdf>, accessed on 22 October 2021) and the Commission Delegated Regulation (EU) 2020/689. As an inclusion criterion, only individuals whose entire carcass was preserved were included in the molecular survey hereby presented. Sampling activities were conducted from October 2021 to January 2022 in two hunting grounds (Figure 1d) of the province of Bologna, Emilia-Romagna region, Northern Italy, in an area where wintering migratory birds congregate and intermingle with resident populations. Licensed hunters made available their hunting bags for AI surveillance purpose, and the samplings were performed on the behalf of the Local Health Authority A.U.S.L. of Imola (BO). Birds were hunted according to the National Hunting law 157/1992, without the necessity of any additional permits. Overall, 19 Northern shovelers (*Spatula clypeata*), 18 Eurasian teals (*Anas crecca*), 7 mallards (*A. platyrhynchos*), 5 Northern lapwings (*Vanellus vanellus*), and 1 gadwall (*Mareca strepera*) were sampled. The sex and age class (juvenile of the year or adult) of each individual were recorded by trained ornithologists, as reported in Figure 1a and 1b, respectively.

2.2. Molecular Detection of *Toxoplasma gondii*

Heart tissue samples were collected and stored at $-20\text{ }^{\circ}\text{C}$ until processing. Genomic DNA was purified from 25 mg of tissue using the Pure Link[®] Genomic DNA Mini kit (Invitrogen by Thermo Fisher), according to the manufacturer's protocol. Nested PCR targeting the glycerol-3-phosphate dehydrogenase gene (B1) of *T. gondii* was performed with minor modifications of the protocol described by Jones et al. [21]. Briefly, the first round of amplification included a denaturation step at $96\text{ }^{\circ}\text{C}$ for 2 min, followed by 40 cycles at $93\text{ }^{\circ}\text{C}$ for 10 s, $57\text{ }^{\circ}\text{C}$ for 10 s, and $72\text{ }^{\circ}\text{C}$ for 30 s. The second round was as follows: denaturation step at $95\text{ }^{\circ}\text{C}$ for 2 min, followed by 40 cycles at $93\text{ }^{\circ}\text{C}$ for 10 s, $62.5\text{ }^{\circ}\text{C}$ for 10 s, and $72\text{ }^{\circ}\text{C}$ for 30 s. Amplifications were performed in a T-personal thermal cycler (Biometra, Goettingen, Germany). Amplicons from the first and second PCR rounds have an expected length of 193 bp and 96 bp, respectively. Water was used as a negative control, and *T. gondii* positive DNA was added as a positive control. PCR products were electrophoresed on 2% agarose gel stained with SYBR Safe DNA Gel Stain (Thermo Fisher Scientific, Carlsbad, CA, USA) in $0.5\times\text{ TBE}$. For sequencing, the amplicons were excised and purified by Nucleo-Spin

Gel and PCR Clean-up (Macherey-Nagel, Düren, Germany) and sequenced with an ABI 3730 DNA analyzer (StarSEQ, Mainz, Germany). Consensus sequences were compared with published sequences by a BLAST search (<https://blast.ncbi.nlm.nih.gov/Blast.cgi>, accessed on 21 December 2022).

2.3. Statistical Analyses

Data analyses were performed using GraphPad Prism (version 8.0) software (GraphPad Software Inc., San Diego, CA, USA). Fisher's exact test (two sided) was used to determine the association between the molecular results and the species, age class, and sex of the birds tested. A p value below 0.05 ($p < 0.05$) was considered significant.

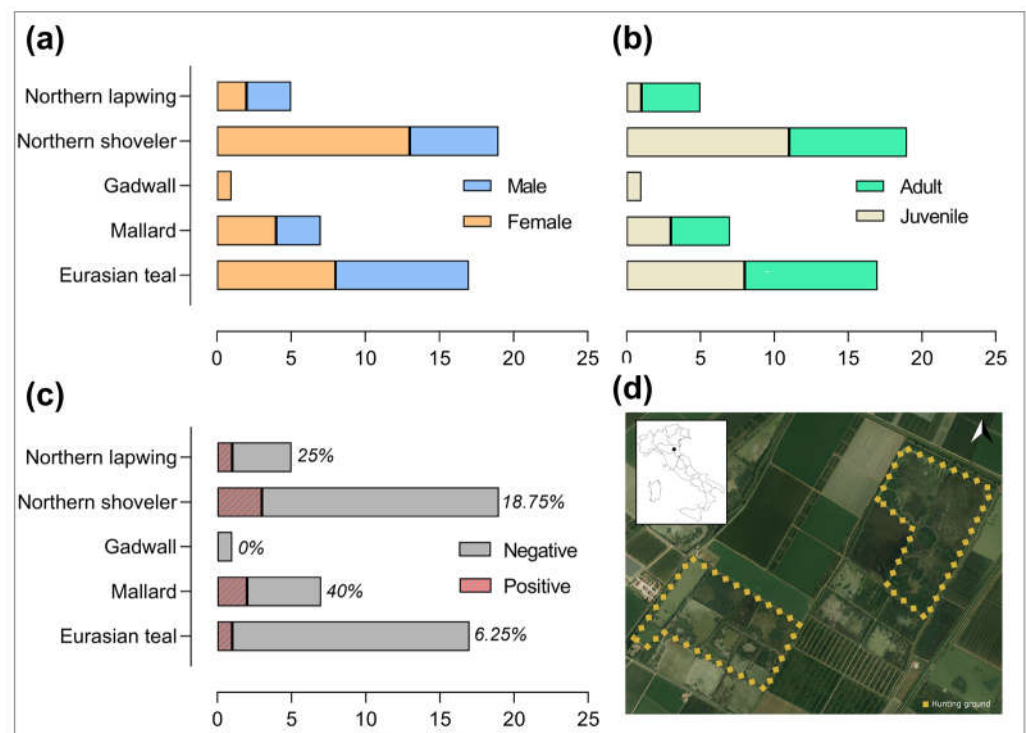


Figure 1. Population of interest, results, and study area. The number of sampled birds according to species and sex (a) and age class (b); the results of *T. gondii* molecular detection (c); and the hunting grounds (d), located in the Bologna province, Northern Italy. Map realized with QGIS software version 3.26 [22].

3. Results

The amplification of the B1 gene was successful in 7 out of the 50 heart specimens tested (14%) (Figure 2). BLAST searches on the obtained sequences gave a 100% identity with *T. gondii*. Sequence data were submitted to the NCBI GenBank database under the following accession numbers: OQ646717-23. As shown in Figure 1c, 3 Northern shovelers (1 juvenile female and 2 adult males), 1 Eurasian teal (adult male), 2 mallards (1 juvenile female and 1 adult male), and 1 Northern lapwing (juvenile male) tested positive. There was no association was observed between the molecular detection of *T. gondii* and species ($p > 0.1$), sex ($p = 0.43$), or age class ($p = 0.09$) of the birds tested.

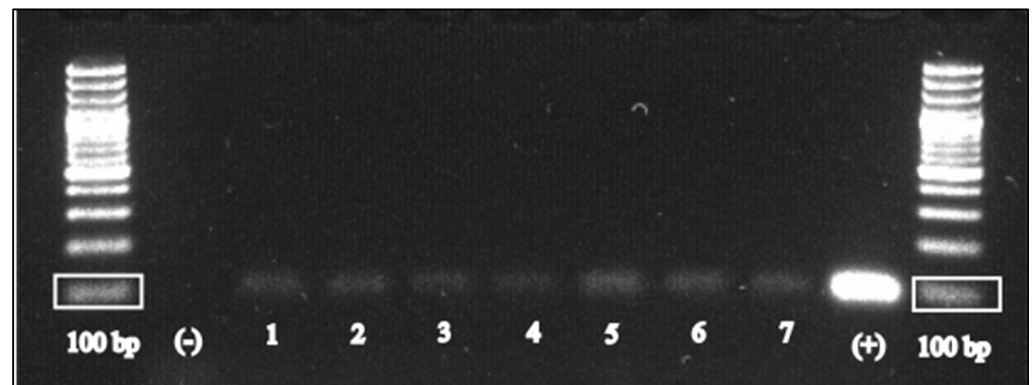


Figure 2. Agarose gel showing the 96 bp amplicons obtained from the individuals tested positive for *T. gondii*. The following order of samples is shown: negative control, 3 Northern shovelers (slots numbered 13), 1 Northern lapwing (slot 4), 1 Eurasian teal (slot 5), 2 mallards (slots 6 and 7), and *T. gondii* positive control.

4. Discussion

Considering *T. gondii* oocysts as widely distributed in the environment, especially in aquatic habitats [23,24], this study aimed to assess the molecular occurrence of *T. gondii* in hunted wild aquatic birds. The population tested included species with different habits and migratory strategies. As a result, parasitic DNA was found in 14% (7/50) of the heart samples tested, showing a moderate exposure of waterbirds to the infection.

Toxoplasma gondii molecular detection in individuals belonging to the Anseriformes order, namely, Northern shovelers, mallards, and Eurasian teals, confirmed previously published records for other geographic areas surveyed [16,25–28]. From an ecological point of view, the above-mentioned dabbling ducks are long-distance migrants along the Black Sea–Mediterranean flyway, which also encompasses the Italian wetlands. Mean estimates from ring recoveries data demonstrated that Eurasian teals and mallards can displace up to 326.5 km and 289.63 km per day during migration, respectively [29]. Epidemiological surveys carried out in wild and domestic animals sampled in North-Eastern Europe and Russia, where dabbling ducks' breeding grounds are located, reported serological or molecular detection of *T. gondii* in different intermediate hosts, suggesting a possible local infection [18,30,31]. Wild ducks could get infected since hatching and, through seasonal migratory movements between wintering grounds located in Italian wetlands and their breeding territories, could therefore play a role as long-distance transmitters in the *T. gondii* epidemiology.

For Northern lapwings, a species belonging to the Charadriiformes order commonly found in open lands and mudflats, *T. gondii* infection has already been reported by Nardoni et al. [26] in central Italy. Although considered migratory in other areas, lapwings are usually residents in southwestern Europe [32]; it is therefore likely that the adult individual hereby tested positive was locally exposed to the parasite, like the juvenile ducks (2 out of the 6 ducks tested). Wetlands in Northern Italy are represented by natural areas interspersed with anthropic environments used as water storage for cropland irrigation, hunting grounds, or wastewater plants. The environmental contamination of freshwater with *T. gondii* oocysts could be associated with inefficient sewage treatment, water discharge, and water runoff, as already demonstrated for marine environments [33]. Considering the earliest arrival of migratory ducks in Italian wintering grounds in August [34] and the *T. gondii* detection in the studied population since mid-October, local exposure to the parasite may also be likely for the adult ducks. In fact, an experimental study in chickens reported the detection of tissue cysts in brain, heart, liver, spleen, or lungs, starting from 7–15 days post-infection [35].

Molecular studies aimed at the detection of *T. gondii* in wild birds have been carried out testing different matrices [36]; in this survey, heart samples only were collected. These

are widely used for *T. gondii* PCR detection, even in wild aquatic birds [18,25,26], and can be associated with different techniques of DNA extraction developed to improve parasite detection and quantification [37,38]. Although the DNA extraction technique adopted in this study involved the use of a small amount of tissue, potentially resulting in less sensitivity than others such as magnetic-capture DNA extraction, higher overall molecular positivity (14%) has been hereby observed in comparison with previous records in wild aquatic birds [16,25,26,39–43]. For Italy, Mancianti et al. [25] and Nardoni et al. [26] performed serological investigations in waterbirds, and seropositive-only individuals were tested by PCR. As a result, 8.7% [25] and 8.1% [26] of the hunted waterfowls were seropositive and, among these, *T. gondii* was molecularly detected in 3 out of 9 and 8 out of 12 individuals, respectively. However, as reported by Opsteegh et al. [44] for *T. gondii* infection in cattle, also seronegative animals could harbor tissue cysts. The loss or absence of a detectable antibody titer in infected individuals has been observed in several bird species [45,46], while Bachand et al. [39] found discrepancies between serological and molecular results in both directions (e.g., seronegative animals with *T. gondii* positive tissues, and seropositive animals with tissues negative for parasite DNA). The molecular screening of all the individuals studied, as performed in this survey, could therefore reflect the actual percentage of birds that harbor tissue cysts. Furthermore, although no correlation with sex and age was hereby observed, these variables deserve attention in further investigations with a larger sample size to obtain a better understanding of *T. gondii* epidemiology in wild aquatic birds.

From a One Health point of view, the detection of *T. gondii* in heart samples may indicate the presence of tissue cysts in edible muscles, such as the pectoral ones, whose consumption could determine a meat-borne transmission of the parasite. In addition, it has been shown that handling wild or domestic animal carcasses without appropriate hygiene practices could lead to infection due to the accidental contamination of hand or other equipment from bradyzoites released from tissue cysts during cutting practices [47–50].

To conclude, results from this study highlight moderate exposure to *T. gondii* in wild aquatic birds from Northern Italy, suggesting their importance as biological indicators for *T. gondii* contamination of aquatic habitats and their potential contribution to the sylvatic cycle of the parasite. Furthermore, migratory species could act as *T. gondii* long-distance transmitters, considering their ecology and habits. An additional genetic characterization of the positive samples is needed to establish the role of migratory birds in linking countries where different genotypes circulate.

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Conflicts of Interest: The authors declare no conflict of interest.

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Chapter 4.2

Sentinels in the Shadows: Exploring *Toxoplasma gondii* and other Sarcocystidae Parasites in Synanthropic Rodents and Their Public Health Implications

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1 **Sentinels in the Shadows: Exploring *Toxoplasma gondii* and other Sarcocystidae Parasites in**
2 **Synanthropic Rodents and Their Public Health Implications**

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8

9 **Abstract**

10 Synanthropic rodents play a crucial role in maintaining the life cycle of *Toxoplasma gondii* in
11 anthropized regions and can serve as indicators of environmental oocyst contamination. This
12 investigation aimed to explore the occurrence of *T. gondii* infection within synanthropic rodent
13 populations using a molecular diagnostic technique targeting the 18S rDNA gene, which is generic
14 for Coccidia. We examined 97 brown rats (*Rattus norvegicus*), 67 black rats (*R. rattus*), 47 house
15 mice (*Mus musculus*), and 1 common shrew (*Sorex araneus*). PCR tests were conducted on the brain,
16 heart, and tongue tissues. PCR tested positive in at least one of the examined tissues in 26 *R.*
17 *norvegicus* (26.8%), 13 *R. rattus* (19.4%), and 13 *M. musculus* (27.6%). Sequencing comparisons by
18 BLAST allowed us to identify four different species of cyst-forming Apicomplexa. In particular, *T.*
19 *gondii* was detected in 13 (6.1%) rodents, *Hammondia hammondi* (including *H. hammondi*-like
20 organisms) in 36 (17%) subjects, *Besnoitia* sp. (in two cases identified as *B. besnoiti*) in 8 (3.7%),
21 and *Sarcocystis gigantea* in two (0.94%). Rodents from peri-urban and urban environments can act
22 as indicators of environmental contamination by oocysts of apicomplexan parasites with cats as
23 definitive hosts, such as *T. gondii*, *H. hammondii*, and *S. gigantea*, the latter of which has never been
24 previously recorded in rodents. Moreover, the presence of *B. besnoiti*, a parasite with an unidentified
25 definitive host in Europe, sheds light on the potential role of these hosts as infection sentinels.

26 **Keywords:** Toxoplasmosis, zoonosis, Rodentia, Apicomplexa, *Hammondia hammondii*, *Besnoitia*
27 sp, *Sarcocystis gigantea*

28

29 **Introduction**

30 Synanthropism, as defined by Klegarth (2016), encompasses the behaviour of wildlife (or flora)
31 thriving within the shared ecosystems of humans. This behaviour, in turn, drives an increase in
32 population density, reproduction rates, and survival advantages among these synanthropic species.
33 Conversely, their territorial range diminishes due to their reliance on centralized anthropogenic
34 resources (Gehrt et al., 2011; Hulme-Beaman et al., 2016).

35 From the time of the Neolithic Revolution, human activities have led to profound and enduring
36 impacts on the natural environment. This process of settling down and adopting agricultural practices
37 created a stable ecological niche that ensured sustenance over extended periods. Consequently, this
38 environment began to attract initial rodent populations, as documented by Frynta et al. (2005) and
39 Cucchi et al. (2020), which in turn drew the interest of subsequent cat populations (Krajcarz et al.,
40 2022). Through the passing decades and centuries, these modest human settlements gradually
41 expanded into villages and towns, forming the earliest instances of urban settings inhabited by
42 synanthropic species (Baumann, 2023).

43 In this context, the establishment of a predator-prey relationship has given rise to the development
44 of a peri-domestic life cycle of predation-associated parasites (Mendoza Roldan and Otranto, 2023).
45 The process of predation stands out as one of the most effective mechanisms for facilitating the
46 transmission of parasites, offering a direct pathway for the parasite to fulfil its life cycle within the
47 trophic chain (Johnson et al., 2010; Médoc and Beisel, 2011). Parasites transmitted through trophic
48 interactions have, in various instances, undergone adaptations to optimize predation through
49 manipulation of their host preys (Seppälä et al., 2008). A pertinent illustration of this phenomenon
50 can be observed in *Toxoplasma gondii* (Eucoccidiorida: Sarcocystidae), which relies on the predatory
51 behaviour of felines (definitive hosts of the parasite), that include the consumption of small rodents
52 and other prey species, to successfully conclude its life cycle (Vyas et al., 2007; Dubey et al., 2021).
53 The reproductive fitness of *Toxoplasma* is intricately linked to the predation patterns exhibited by

54 felids. Disruption of the innate aversion mechanism, caused by the interaction of the parasite with the
55 SNC of the host, heighten predation rates, thereby increasing the reproductive fitness of the parasite.
56 This stance aligns with the 'behavioural manipulation' hypothesis, postulating that *T. gondii* can
57 induce alterations in host behaviour that directly contribute to the enhancement of their own
58 reproductive success, as proposed by Vyas et al. (2007) and Webster (2007).

59 Rodents play for this reason a crucial part in upholding the lifecycle of *T. gondii* and influencing
60 the spread of toxoplasmosis. This significance is particularly pronounced in species residing near
61 human settlements. The establishment of an infection transmission cycle via rodents (and other small
62 preys) results in the release of millions of unsporulated oocysts by cats, that can therefore be found
63 in various environmental matrices where, upon sporulation, become infectious and can remain viable
64 up to several years (Dubey, 2021). Consequently, this process heightens the risk of infection for all
65 hosts of the parasite in the ecosystem, most notably humans within these habitats (Mercier et al.,
66 2013).

67 Apart from their crucial role in maintaining the life cycle of *T. gondii* in anthropized regions,
68 synanthropic rodents, due to their feeding behaviour that predominantly facilitate oral transmission
69 of sporulated oocysts within the environment, can be regarded as indicative of environmental oocyst
70 contamination. Consequently, the finding of *T. gondii* in wild rodent populations might reflect the
71 dissemination of the parasitic environmental phase within a specific geographical area (Dubey et al.,
72 2021).

73 The primary objective of the present investigation is to explore the occurrence of *T. gondii*
74 infection within synanthropic rodent populations collected in a area of Italy that has previously
75 undergone retrospective scrutiny to determine seroprevalence rates in both animals and humans,
76 revealing a persistent presence of the parasite within the area (Dini et al., 2023). The central aim of
77 this study is to ascertain the potential environmental significance of the parasite within urbanized

78 settings. This is achieved by evaluating the occurrence of infections in rodents residing in the peri-
79 domestic environment, utilizing molecular diagnostic techniques.

80

81 **Materials and Methods**

82 From June 2019 to March 2023, 212 carcasses of adults or subadults peridomestic rodent were
83 collected and stored at -20 °C by professional rodent control services during pest control programs
84 from urban and rural areas in the provinces of Ferrara, Forlì-Cesena, Ravenna, Bologna (Emilia
85 Romagna Region) and Arezzo (Toscana Region) (Fig 1). In detail, 97 brown rats (*Rattus norvegicus*),
86 67 black rats (*Rattus rattus*), 47 house mouse (*Mus musculus*) and 1 common shrew (*Sorex araneus*)
87 were sampled. The carcasses were identified morphologically according to CDC (2006); sex and
88 weight of each rodents were recorded. Sampling was performed with sterile surgical instruments and,
89 according to the state of the carcasses, 25-50 mg of tissue were collected from heart, 25-200 mg from
90 brain and 25 mg from tongue muscle. Samples were placed in sterile 1.5 ml tubes and stored at -20
91 °C until DNA extraction. In total, 209 brains (due to poor condition of 3 *R. rattus*), 212 tongue, and
92 180 heart samples (poor condition of 19 *R norvegicus*, 10 *R. rattus*, and 3 *M. musculus*) were
93 collected.

94 Genomic DNA was purified using Pure Link ® Genomic DNA Mini kit (Invitrogen by Thermo
95 Fisher), according to the manufacturer's protocol. Initial end-point PCR targeting 18S rDNA gene of
96 Coccidiawas performed on all the samples with the primers COC-1 and COC-2 as described by Ho
97 et al. (1996) following some modification by Hornok et al. (2015). Briefly, a reaction volume of 25
98 µl, containing 12.5 µl 2x Dream Taq Hot Start Green PCR Master Mix (Thermo Scientific), 9.5 µl
99 ddH₂O, 0.25 µl (1 µM final concentration) of each primer, and 2.5 µl template DNA were used. For
100 amplification, an initial denaturation step at 94 °C for 10 min was followed by 40 cycles of
101 denaturation at 94 °C for 30 s, annealing at 54 °C for 30 s and extension at 72 °C for 30 s. Final

102 extension was performed at 72 °C for 10 min. In all the PCRs, sterile water was included as negative
103 control. Amplifications were performed in a T-personal thermal cycler (Biometra, Goettingen,
104 Germany). The PCR products were electrophoresed on 1.5% agarose gel stained with SYBR Safe
105 DNA Gel Stain (Thermo Fisher Scientific, Carlsbad, CA, USA) in 0.5× TBE. For sequencing, the
106 amplicons were excised and purified by Nucleo-Spin Gel and PCR Clean-up (Mackerey-Nagel,
107 Düren, Germa-ny), and sequenced with an ABI 3730 DNA analyzer (StarSEQ, Mainz, Germany).

108 The trace files were assembled with Contig Express (VectorNTI Advance 11 software, Invitrogen,
109 Carlsbad, CA, USA), and the consensus sequences were compared with published data by BLAST
110 tools (<https://blast.ncbi.nlm.nih.gov/Blast.cgi>). Sequence alignments were carried out by BioEdit
111 7.2.5 (Hall, 1999), while p-distance and maximum-likelihood (ML) tree (GTR+G+I substitution
112 model for both genes and bootstrap of 1,000 replicate) were calculated by MEGA 7 (Kumar et al.,
113 2016). The sequences obtained in this study were deposited in GenBank under accession numbers
114 XXX.

115 Student t-test was used to compare the average weight of male and female; Pearson's χ^2 test was
116 used to associate sex with prevalence data. Differences were considered significant when $P \leq 0.05$.
117 The Sample Size Calculator (<https://www.surveysystem.com/sscalc.htm>) was used to calculate 95%
118 confidence intervals (CIs) for the observed prevalence values.

119 **Results**

120 Among the 212 rodents collected, 133 were males while 78 were females as detailed in table 1
121 together with the species sex and weight. In each species no significant weight differences between
122 sexes were detected by Student's t-test. The single shrew collected, was a male weighing 4 g.

123 Overall, 53 rodents (25%) were PCR positive in at least one of the examined tissues; splitting
124 the results: *R. norvegicus* 26 out of 97 (26.8%, CI 95%=7.99-35.61), *R. rattus* 13 out of 67 (19.4%,
125 CI 95%=9.93-28.87) while *M. musculus* 13 out of 47 (27.6%, CI 95%=14.87-40.45). In table 1 the

126 PCR results are also reported in relation to sex. Notably, in *R. norvegicus*, females showed a
127 significantly higher positivity rate (42.4%) than males (18.7%) (Yates-corrected chi-square: 5.7; p =
128 0.0243), while no significant sex differences were observed for *R. rattus* and *M. musculus*.

129 Sequences comparison by BLAST allows to identify four different species of cyst-forming
130 Apicomplexa (Sarcocystidae): *Toxoplasma gondii*, *Hammondia hammondi* (including *H. hammondi*-
131 like organism), *Besnoitia* sp. and *Sarcocystis gigantea*.

132 In particular *T. gondii* was detected in 13 (6.1%) rodents, (similarities 99.7%-100%), *H.*
133 *hammondi* (and *H. hammondi*-like organism) in 36 (17%) subject (similarities 99.3%-100%),
134 *Besnoitia* sp. was found in 8 rodents (3.7%), with low sequence similarity (94%-95%). Notably, only
135 two samples showed 100% similarity with *B. besnoiti* from cattle. Finally, *S. gigantea* was detected
136 in two heart samples of *R. norvegicus*, constituting 0.94% of the total rodent population and 2% of
137 the *R. norvegicus* samples. These samples displayed 100% sequence similarity with sequences of *S.*
138 *gigantea* available in GenBank.

139 In the context of host species differentiation, within *R. norvegicus*, the most frequently
140 encountered cyst-forming coccidia was *H. hammondi* (and *H. hammondi*-like) with a prevalence of
141 17.5%, followed by *Besnoitia* sp. at 7.2%. Among the latter only one sequence showed 100%
142 similarity with *B. besnoiti*. Trailing behind in terms of prevalence were *T. gondii* at 4% and
143 *Sarcocystis gigantea* at 2%. In *R. rattus*, only two Apicomplexan species were molecularly identified
144 in the analysed tissues: *H. hammondi*/*H. hammondi*-like (11.9%), and *T. gondii* (9%). Concerning *M.*
145 *musculus*, the most prevalent parasite was *H. hammondi*/*H. hammondi*-like (23.4%), followed by *T.*
146 *gondii* (4.2%). Intriguingly, in one instance, *B. besnoiti* was detected in a heart sample with 100%
147 sequence similarity.

148 Regarding the distribution of positive matrices in relation to parasites, *H. hammondi*/*H.*
149 *hammondi*-like was more frequently observed in CNS and heart samples; *T. gondii* was equally
150 distributed among all matrices, while *B. besnoiti* occurred only in heart samples.

151 Co-infections were only observed in *Rattus* spp. and *M. musculus*. Among *Rattus* species, one
152 *R. norvegicus* and one *R. rattus* exhibited co-infection by *T. gondii*/*H. hammondi* + *H. hammondi*-
153 like. Additionally, two *R. norvegicus* showed co-infection by *H. hammondi*-like and *Besnoitia* sp.,
154 while one *R. norvegicus* exhibited co-infection by *H. hammondi*-like and *Sarcocystis gigantea*. In the
155 case of *Mus musculus*, co-infection by *T. gondii* and *H. hammondi*-like was detected. (Tables 2-4).
156 The sole analyzed *S. araneus* was found positive for *T. gondii* (100% sequence similarity) in heart
157 tissue.

158 The alignment of all *T. gondii* obtained in the present study (plus the *T. gondii* type I, RH
159 reference strain) with *H. hammondi*/*H. hammondi*-like showed the presence of two transitions C/T
160 and A/G as the only differences between the two species over 297 bp of the 18S rDNA. Moreover,
161 the A/G transition further separate the “true” *H. hammondi* from the *H. hammondi*-like group. The
162 p-distance observed between *T. gondii* and the group of *H. hammondi* is very low ranging from 0%
163 to 0.1%, due to the low genetic resolution of the 18S rDNA.

164 The ML tree obtained (tree not reported), despite with a low bootstrap support, showed 3
165 separated clusters, one composed by our *T. gondii* together with the reference strain, the second by
166 the “true” *H. hammondi* (having 100% identity with AH008381) and the latter by *H. hammondi*-like
167 group.

168

169 **Discussion**

170 *Rattus* spp. and *M. musculus* exemplify species capable of coexisting within anthropogenically
171 influenced environments. This coexistence raises concerns for potential human health risks owing to

172 the close proximity between these species and human habitats. Rodents constitute a notably
173 significant group of mammals, particularly in terms of serving as reservoirs for various pathogens,
174 some of which are of zoonotic concern (Han et al., 2015). Their biological attributes, characterized
175 by elevated reproductive rates, opportunistic behaviours, adaptability, and worldwide distribution,
176 position them strategically, thereby enhancing the likelihood of disease transmission among wildlife,
177 domestic animals, and human populations (Han et al., 2015; Luis et al., 2013)

178 Within the scope of this research, we examined the occurrence of Sarcocystidae infections in
179 synanthropic rodents using a broad-spectrum PCR assay targeting the 18S rRNA of Coccidia. This
180 molecular method, involving a single PCR assay followed by Sanger sequencing, enabled us to reveal
181 the presence of various protozoan species, namely *T. gondii*, *H. hammondi*/*H. hammondi*-like,
182 *Besnoitia* sp., and *S. gigantea*, within the studied host species (*R. norvegicus*, *R. rattus*, *M. musculus*,
183 and *S. araneus*).

184 In the current study, *T. gondii* DNA was detected in all the rodent host species, with an overall
185 prevalence rate of 6.1%. Notably, among these species, *R. rattus* exhibited the highest infection rate,
186 with 9% prevalence. The worldwide seroprevalence is approximately 6%, with the highest rates
187 recorded in Africa (24%) and South America (18%), and the lowest in Europe (1%) (Galeh et al.,
188 2020). It's important to note that serological tests cannot definitively predict the presence/absence of
189 the parasite. This limitation has been previously observed (Dubey, 2022), as viable *T. gondii* has been
190 isolated from rodents that tested seronegative (Araújo et al., 2010). Hence, molecular studies appear
191 to offer more epidemiological reliability.

192 Rodents play a pivotal role in the perpetuation of the *T. gondii* life cycle and the epidemiology of
193 toxoplasmosis. They are recognized as reservoirs and carriers of the disease, serving as the primary
194 source of infection for cats and their related species (Dabritz et al., 2008). This role becomes
195 particularly significant in species inhabiting close proximity to human habitats due to the profound
196 implications for both the environment and human health. The establishment of the infection

197 transmission cycle through rodents results in the release of oocysts from infected felids, leading their
198 dissemination into environment. Consequently, this amplifies the infection risk for various hosts
199 including humans (Mercier et al., 2013). The importance of rodents in maintaining the lifecycle of *T.*
200 *gondii* has been further strengthened and highlighted following studies involving the neuroanatomical
201 interaction of chronic established CNS cysts in the behavioural pattern of these hosts. Numerous
202 studies indicate that *T. gondii* alters rodent behaviour, making them more susceptible to predation by
203 cats (Webster, 2007). These alterations include increased activity, reduced neophobia (fear of
204 novelty), and decreased predator vigilance (Webster, 1994, 2001, 2007; Webster et al., 1994; Berdoy
205 et al., 1995; Lamberton et al., 2008). These changes likely facilitate parasite transmission from the
206 intermediate host to the feline host. (Berdoy et al., 2000; Vyas et al., 2007, Kaushik et al., 2014).

207 *Hammondia hammondi* (including *H. hammondi*-like), found in the 17% of the analysed rodents,
208 is a non-zoonotic coccidian parasite that bears a close resemblance to *T. gondii* (Frenkel and Dubey,
209 1975). The life cycles of these two parasites also share similarities like in the definitive hosts (Felidae)
210 but differently from *T. gondii*, *H. hammondi* follows an obligatory two-host lifecycle, consequently,
211 only sporulated oocysts are infective to rodents, and solely bradyzoite cysts are infective to cats
212 (Frenkel and Dubey, 2000). Intermediate hosts include mice (*Mus musculus*), rats (*Rattus*
213 *norvegicus*), and other rodents but also, rabbits, hamsters, goats, dogs, and pigs (Shimura et al., 1987).
214 The prevalence of *H. hammondi* remains undisclosed in both definitive and intermediate hosts. Only
215 few research reported the sporadically presence of *H. hammondi* in cat and dog faeces (Schaes et al.,
216 2005; Schaes et al., 2008, Dubey et al., 2013) and in intermediate host tissues (Cabral et al., 2021).

217 In our study the consistent presence of *H. hammondi*/*H. hammondi*-like in the rodent hosts are
218 not comparable with other data, since no previous report are, to the best of our knowledge, present in
219 available literature.

220 The distinction between *T. gondii* and *H. hammondi* is of paramount importance, particularly
221 because the latter lacks zoonotic relevance, despite its close genetic relationship. In our investigations,

222 the 18S rDNA despite being highly conserved, emerged as a sensitive genetic marker within the
223 Apicomplexa subphylum, able to distinguish between the two parasites. Notably, there are only a few
224 nucleotide variations between the complete 18S rDNA sequences of *T. gondii* and *H. hammondi*
225 (Jenkins et al., 1998). Within our sequences, a single nucleotide variation, represented by C/T and
226 A/G transition, effectively separated *T. gondii* from *H. hammondi* samples, leading to the formation
227 of two distinct clusters among our positive sample set. Moreover, the latter transition (A/G) further
228 delineated these samples into two sub-clusters, "*H. hammondi*" and "*H. hammondi*-like organism."
229 In light of the limited knowledge regarding the global population structure of *H. hammondi*, it remains
230 conceivable that yet undiscovered lineages of *H. hammondi* may exist, displaying potential genetic
231 diversity (Shares et al., 2021).

232 Within our study, 3.7% of the rodents exhibited DNA sequences associated with *Besnoitia* sp.
233 However, it's noteworthy that only two sequences matched with 100% identity to *B. besnoiti*. The
234 other specimens exhibited a sequence similarity of 94-95% with sequences of *Besnoitia* spp. available
235 in GenBank, and lower similarity with other Sarcocystidae parasites. This outcome renders the
236 accurate assignment of a species identification for these positive samples challenging, thereby
237 impeding our ability to make informed epidemiological inferences.

238 This parasite is responsible for bovine Besnoitiosis, a chronic and debilitating disease that has
239 been causing significant economic losses in cattle and has been considered endemic in Italy since
240 2011 (Gentile et al., 2012). In Europe, no definitive hosts for this parasite have been identified (Basso
241 et al., 2011). The presence of parasite cysts in the skin suggests that the primary way of transmission
242 is likely mechanical, with hematophagous flies serving as the carriers of the parasite (Bigalke, 1968).
243 The intriguing aspect is the molecular identification of this parasite in the internal organs of rodent
244 hosts, particularly in the heart, which raises questions about the epidemiology and potential host range
245 of this Sarcocystidae. Notably the two subjects in which *B. besnoiti* was detected, were collected
246 from two areas where a consistent population of domestic ruminant is present. This discovery hints

247 the possibility that rodent hosts could serve as competent hosts in the life cycle of *Besnoitia*. It's worth
248 noting that other *Besnoitia* species, such as *B. jellisoni* and *B. wallacei*, have been previously
249 described in rodents but have not been documented in Europe until now (Alvarez-García et al., 2013).

250 Finally, our research has unveiled the occurrence of *S. gigantea* infection in the heart muscles of
251 two *R. norvegicus*. The genus *Sarcocystis* comprises apicomplexan protozoa forming cysts, with a
252 life cycle obligatorily entailing two hosts (Dubey et al., 2015). These cysts are typically located in
253 the striated muscles of herbivorous or omnivorous intermediate hosts, while carnivores serve as the
254 definitive hosts. Remarkably, more than 40 *Sarcocystis* species have been identified to use rodents as
255 their intermediate hosts, including *S. microti* (Votýpka et al., 1998; Mugridge et al., 1999), *S. muris*
256 (Mugridge et al., 1999; Gajadhar et al., 1991), *S. myodes* (Rudaitytė-Lukošienė et al., 2022), and *S.*
257 *ratti* (Zeng et al., 2020; Prakas et al., 2029). An apparent gap in research exists concerning the global
258 prevalence of *Sarcocystis* spp. in small mammals. Researchers have proposed that infection rates of
259 various *Sarcocystis* species are contingent upon factors such as the specific parasite species,
260 intermediate host species, geographical region, as well as the presence and abundance of definitive
261 hosts within the studied area (Rudaitytė-Lukošienė et al., 2022; Hu et al., 2022). *Sarcocystis gigantea*
262 infection is considered to be mildly pathogenic yet relatively common in sheep, with the cat as the
263 definitive host (Dubey et al., 2015). While *S. gigantea* has not been documented in rodent hosts to
264 date, recent findings have indicated its capacity to cause infections in horses, which serve as non-
265 specific intermediate hosts (Veronesi et al., 2020). This observation suggests that in peri-urban
266 settings where definitive hosts, such as cats, are abundant and the parasite is disseminated within the
267 environment, non-specific intermediate hosts, such as rodents, may potentially develop bradyzoite
268 cysts within their muscle tissue. Our findings support the hypothesis that certain *Sarcocystis* spp. may
269 possess a broader range of intermediate hosts than was previously recognized (Veronesi et al., 2020).

270 **Conclusions**

271 In conclusion, the findings of this study highlight that synanthropic rodents sampled in urban
272 and peri-urban environments serve as valuable indicators of environmental contamination by oocysts
273 of apicomplexan parasites with cat as definitive host. This applies not only to parasites like *T. gondii*
274 and *H. hammondi*, which are closely related apicomplexans with distinct epidemiological
275 implications but both having cat-rodent cycle as a robust framework. This pattern is also applicable
276 for *S. gigantea*, recovered in the hearts of two *R. norvegicus*, and recognizing cats as the definitive
277 host. This species has never been recorded previously in rodents. Lastly, the presence of *B. besnoiti*
278 in *R. norvegicus* and *M. musculus*, parasite with an unidentified definitive host in Europe, sheds light
279 on the potential role of these hosts as infection sentinels.

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284 **Authors' contributions**

285 Filippo Maria Dini wrote the main manuscript text. Filippo Maria Dini, Valentina Luci, Alessia
286 Cantori and Antonio Monno performed sampling. Filippo Maria Dini, Valentina Luci, Alessia
287 Cantori and Monica Caffara carried out the molecular analyses. Roberta Galuppi analyzed the data
288 and performed the statistical analysis. Monica Caffara and Roberta Galuppi revised the manuscript.
289 All authors reviewed the manuscript and approved the final manuscript.

290 **Declaration of Competing Interest**

291 The authors declare that they have no known competing financial interests or personal relationships
292 that could have appeared to influence the work reported in this paper.

293

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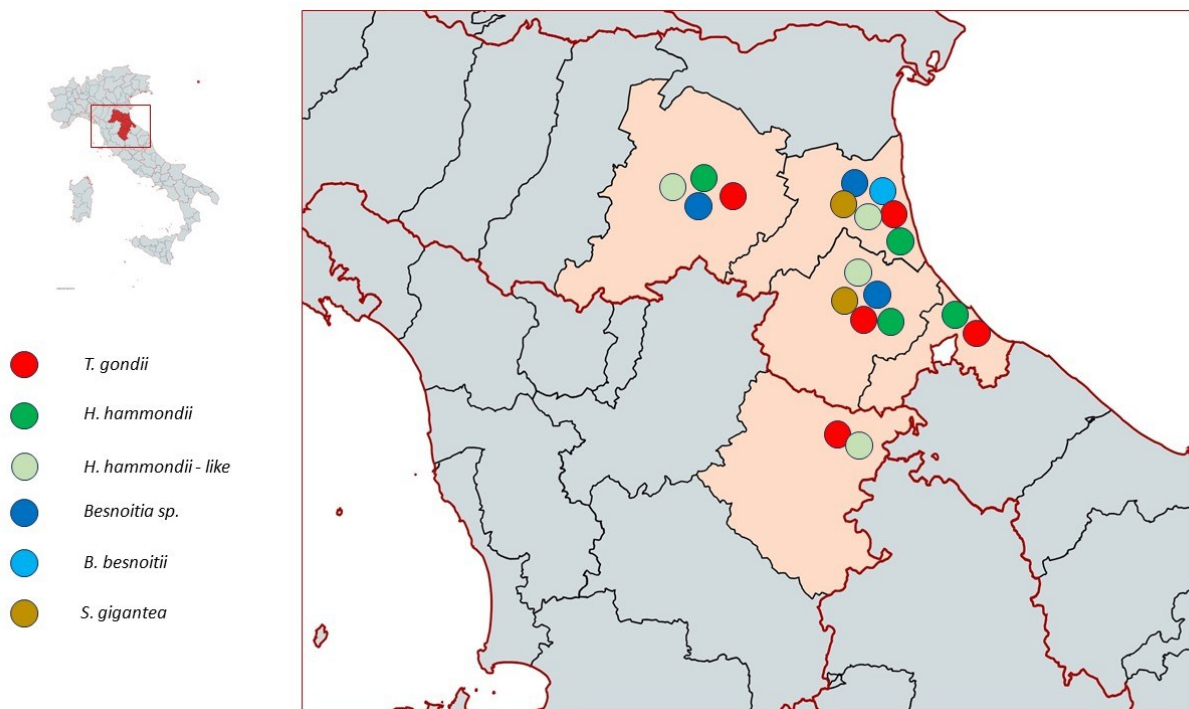
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456

457 Figure 1: Geographical distribution of positive rodents.



460

461 Table 1: Descriptive statistics and PCR results

| Species | n. | Sex | n. (%) | Weight (g) | | | PCR positive (%) | CI 95% |
|--------------------------|----|-----|-------------|------------|-----|--------|------------------|---------------|
| | | | | min | max | median | | |
| <i>Rattus norvegicus</i> | 97 | M | 64 (66%) | 28.5 | 490 | 228.5 | 12 (18.7%) | [9.19-28.31] |
| | | F | 33 (34%) | 45 | 440 | 188 | 14 (42.4%) | [25.56-59.28] |
| <i>Rattus rattus</i> | 67 | M | 41 (61.2%) | 6 | 165 | 90 | 8 (19.5%) | [7.38-31.64] |
| | | F | 26 (38.81%) | 5.2 | 195 | 106 | 5 (19.2%) | [4.08-34.4] |
| <i>Mus musculus</i> | 47 | M | 28 (59.6%) | 4.6 | 70 | 14.6 | 9 (32.1%) | [14.84-49.44] |
| | | F | 19 (40.4%) | 4.9 | 25 | 16 | 4 (21) | [2.72-39.38] |

462

463

464 Table 2: List of the 26 *R. norvegicus* positive at 18s PCR and result of sequencing.

| ID number | Sex | Weight | Brain | Tongue | Heart |
|------------------|------------|---------------|--------------------------|---------------------------|--------------------------|
| 20 | F | 390 | x | x | <i>Besnoitia</i> sp. |
| 82 | M | 40 | <i>H. hammondi</i> -like | x | x |
| 83 | F | 320 | x | <i>H. hammondi</i> -like | x |
| 84 | M | 155 | x | x | <i>Besnoitia</i> sp. |
| 87 | F | 320 | <i>T. gondii</i> | x | x |
| 135 | M | 74,5 | x | <i>Besnoitia</i> sp. | |
| 136 | F | 240 | <i>H. hammondi</i> | x | |
| 137 | F | 370 | x | <i>Besnoitia</i> sp. | x |
| 140 | M | 265 | <i>H. hammondi</i> -like | x | x |
| 144 | M | 470 | x | <i>Besnoitia besnoiti</i> | x |
| 216 | M | 191 | <i>H. hammondi</i> | <i>H. hammondi</i> -like | <i>H. hammondi</i> -like |
| 217 | F | 156 | x | x | <i>S. gigantea</i> |
| 219 | F | 185,7 | <i>H. hammondi</i> -like | x | x |
| 220 | F | 86,19 | <i>H. hammondi</i> -like | x | <i>H. hammondi</i> -like |
| 221 | M | 36,6 | x | <i>H. hammondi</i> -like | <i>H. hammondi</i> -like |
| 3 | F | 180 | x | <i>H. hammondi</i> -like | <i>H. hammondi</i> -like |
| 4 | F | 314 | <i>H. hammondi</i> -like | <i>H. hammondi</i> -like | <i>H. hammondi</i> -like |
| 19 | M | 96 | <i>T. gondii</i> | x | x |
| 22 | F | 45 | <i>H. hammondi</i> | x | <i>T. gondii</i> |
| 25 | F | 80 | <i>H. hammondi</i> -like | x | <i>Besnoitia</i> sp. |
| 26 | M | 294,5 | <i>H. hammondi</i> -like | x | <i>S. gigantea</i> |
| 69 | M | 48 | <i>H. hammondi</i> -like | x | x |
| 71 | F | 220 | <i>Besnoitia</i> sp. | x | <i>H. hammondi</i> -like |
| 78 | F | 94,7 | <i>H. hammondi</i> -like | x | <i>H. hammondi</i> |
| 79 | M | 82 | x | x | <i>H. hammondi</i> -like |
| 81 | M | 132 | x | x | <i>T. gondii</i> |

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466

467

468 Table 3: List of the 13 *R. rattus* positive at 18s PCR and result of sequencing.

| ID number | Sex | weight | Brain | Tongue | Heart |
|------------------|------------|---------------|--------------------------|--------------------------|--------------------------|
| 76 | F | 5,2 | x | <i>T. gondii</i> | x |
| 77 | F | 6 | x | x | <i>H. hammondi</i> -like |
| 148 | M | 91 | x | <i>T. gondii</i> | x |
| 215 | F | 82 | <i>H. hammondi</i> | <i>T. gondii</i> | <i>H. hammondi</i> |
| 218 | F | 97 | <i>H. hammondi</i> -like | x | x |
| 1 | M | 104 | <i>H. hammondi</i> -like | <i>H. hammondi</i> -like | <i>H. hammondi</i> -like |
| 2 | M | 90 | <i>H. hammondi</i> -like | <i>H. hammondi</i> -like | <i>H. hammondi</i> -like |
| 21 | F | 139,22 | <i>T. gondii</i> | x | x |
| 30 | M | 162,95 | x | <i>T. gondii</i> | x |
| 31 | M | 141,3 | <i>H. hammondi</i> -like | x | <i>H. hammondi</i> -like |
| 38 | M | 59,6 | x | x | <i>H. hammondii</i> |
| 51 | M | 140 | <i>H. hammondi</i> -like | <i>H. hammondi</i> -like | <i>H. hammondi</i> -like |
| 75 | M | 45 | x | x | <i>T. gondii</i> |

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472

473 Table 4 list of the 13 *M. musculus* positive at 18s PCR and result of sequencing

| ID number | Sex | Weight | Brain | Tongue | Heart |
|------------------|------------|---------------|--------------------------|--------------------------|---------------------------|
| 101 | F | 17 | x | x | <i>T. gondii</i> |
| 109 | F | 25 | x | <i>H. hammondi</i> -like | x |
| 111 | M | 17 | x | x | <i>Besnoitia besnoiti</i> |
| 112 | F | 22 | x | x | <i>H. hammondi</i> -like |
| 113 | F | 15 | <i>H. hammondi</i> -like | x | x |
| 115 | M | 14 | <i>H. hammondi</i> -like | x | <i>H. hammondi</i> -like |
| 117 | M | 23 | <i>H. hammondi</i> -like | x | x |
| 119 | M | 7,9 | x | <i>H. hammondi</i> -like | <i>H. hammondi</i> -like |
| 120 | M | 7 | <i>H. hammondi</i> | x | <i>H. hammondi</i> -like |
| 122 | M | 14,7 | <i>H. hammondi</i> -like | x | x |
| 7 | M | 21 | x | x | <i>H. hammondi</i> -like |
| 32 | M | 9,7 | x | <i>H. hammondi</i> -like | |
| 80 | M | 18,5 | <i>T. gondii</i> | <i>H. hammondi</i> -like | x |

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Chapter 4.3

Sero-epidemiological investigation on *Toxoplasma gondii* infection in Apennine wolf (*Canis lupus italicus*) and wild boar (*Sus scrofa*) in Italy.

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Sero-epidemiological investigation on *Toxoplasma gondii* infection in Apennine wolf (*Canis lupus italicus*) and wild boar (*Sus scrofa*) in Italy.

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Abstract

- **Background:** The wild boar (*Sus scrofa*) and the Apennine wolf (*Canis lupus italicus*) are two wild species that have both increased their presence in the Italian territory, albeit in varying numbers. They can be occasionally found in peri-urban areas as well. Both of these species can serve as intermediate hosts for *Toxoplasma gondii*, as they can become infected either through the consumption of oocysts found in water, soil, or on vegetables, or through the ingestion of meat containing bradyzoites. Consequently, these animals can be regarded as key indicators of *Toxoplasma* presence in the wild or peri-urban environment. In our study, we examined a total of 174 wild boar meat juice samples and 128 wolf sera samples from Italy for the detection of *T. gondii* IgG using the indirect fluorescent antibody test (IFAT).
- **Results:** The results showed that 40 (22.6%) of the wild boar meat juice and 34 (26.6%) of the wolf serum samples tested positive. Interestingly, there were no significant differences in seropositivity with respect to gender, age group, or the region of origin in both species.
- **Conclusions:** Overall the results indicate a moderate exposure in both the species under investigation, highlighting the spread of *T. gondii* in sylvatic and periurban environments. The prevalence of *T. gondii* in wild boar is consistent with findings from other studies conducted in Europe. Our study, with a considerably larger sample size, compared to the available research in European context, provides valuable data on the seroprevalence of *T. gondii* in wolves.

Key-Words: Toxoplasmosis, Wild boar, Wolf, Serology, IFAT

Background

Toxoplasma gondii is a globally distributed apicomplexan protozoan. Its widespread epidemiological success can be attributed to its ability to infect both definitive and intermediate hosts through various modes [1].

Definitive hosts, primarily members of the Felidae family, facilitate the parasite's sexual reproduction in their intestinal tract, potentially leading to the excretion of millions of oocysts into the environment. In our regions wild and domestic cats play a crucial role in perpetuating this parasite [2]. In Italy, the native European wildcat (*Felis silvestris silvestris*) maintains a relatively small population size in the wild, despite being classified as Least Concern in the IUCN Red List of Threatened Species [3]. However, free-roaming domestic cats are prevalent in rural and peri-urban regions [4].

All warm-blooded vertebrates, including humans, can serve as intermediate hosts in which cysts housing long-lasting bradyzoites develop. These hosts become infected by ingesting sporulated oocysts, although the parasite may persist through predation among them, even in the absence of a definitive host [1].

Omnivorous wild boars (*Sus scrofa*) are susceptible to infection through two plausible routes: ingestion of highly resistant oocysts present in water and vegetation, and consumption of remains of infected intermediate hosts [5]. Additionally, wild boars represent a potential risk to human health through the consumption of raw or undercooked game meat [6]. The wolf (*Canis lupus*) can also act as an intermediate host of *T. gondii*. Despite the wolf's primarily carnivorous diet, which includes predation on live animals, including wild boar, it has been established that they also frequently consume fruits (Rosaceae), other plant matter, and insects [7]. Consequently, both modes of infection are viable in these animals, positioning them at the apex of receptive intermediate hosts range.

The IUCN Red List of Threatened Species has classified the European assessment of *Canis lupus* as "Least Concern" [8]. In Italy, a subspecies of the grey wolf known as the Apennine wolf (*Canis lupus italicus*) has seen a population expansion throughout the Italian peninsula in recent years [9], with the

exception of the islands. Over the past few decades, both the number and distribution of wolf populations in Italy have increased. Wolves have been progressively reclaiming their historic habitats, moving from the Apennines to the western areas of the Italian Alps [10, 11]. In the past decade, they have also expanded into the eastern Alps [12]. While wolves tend to prefer locations at a considerable distance from human settlements, they have been observed in close proximity to urban areas in densely populated regions [13].”

Despite being among the most heavily hunted ungulate species, wild boars have undergone a population expansion throughout Europe. In Italy, the density of wild boars has been estimated to range from 0.01 to 0.05 animals per square kilometer, increasing to as high as 2.32 to 10.5 animals per square kilometre across the entire Italian peninsula [14]. The simultaneous expansion of human-inhabited areas and the wild boar populations has facilitated the intrusion of this species into various European urban areas, including Rome [15].

In the present study, we conducted a serological survey on wolves and wild boars from different regions of Italy. The objective was to gather data on their exposure to *T. gondii* infection, serving as indicators of *Toxoplasma* presence within the wild or peri-urban environment.

Results

The wild boars displayed nearly equal representation across sex and age groups, with a notable portion originating from the Tuscany region (as reported in Table 1). Among the 177 meat juice samples, 40 (22.6%) tested positive for *Toxoplasma* IgG at IFAT. No statistically significant differences of seropositivity were observed in relation to sex, age groups and region of origin and between wolves and wild boar.

Table 1
Descriptive statistics and serological tests result in wild boar examined.

| Category | | n. wild boar tested | Relative distribution % | IFAT positive | Seroprevalence % | 95%CI |
|------------------|----------------|---------------------|-------------------------|---------------|------------------|-----------------|
| Total | | 177 | | 40 | 22.6 | [16.44 – 28.76] |
| Gender | Male | 83 | 53.2 | 14 | 16.9 | [8.84 – 24.96] |
| | Female | 73 | 46.8 | 21 | 28.8 | [18.41 – 39.19] |
| Age groups | Young | 92 | 52.3 | 25 | 27.2 | [18.11 – 36.29] |
| | Elderly | 84 | 47.7 | 14 | 16.7 | [8.72 – 24.68] |
| Region of origin | Tuscany | 76 | 42.9 | 15 | 19.7 | [10.76 – 28.64] |
| | Emilia Romagna | 51 | 28.8 | 9 | 17.6 | [7.15 – 28.05] |
| | Abruzzo | 48 | 27.2 | 16 | 33.3 | [20 – 46.63] |
| | Molise | 2 | 1.1 | 0 | 0 | [] |

Note: in 21 cases, the sex of the subjects could not be ascertained, and in one case, the age was unknown, due to incomplete filling of the animal’s identification form.

The region of origin of wolves and their cause of death are summarized in Table 2). Thirty-four (26.6%) out of 128 serum analysed, were positive at IFAT, with antibody titres ranging from 1:20 to 1:160. It is

noteworthy that no statistically significant differences were observed to seropositivity in relation to sex, age group, geographic origin or cause of death.

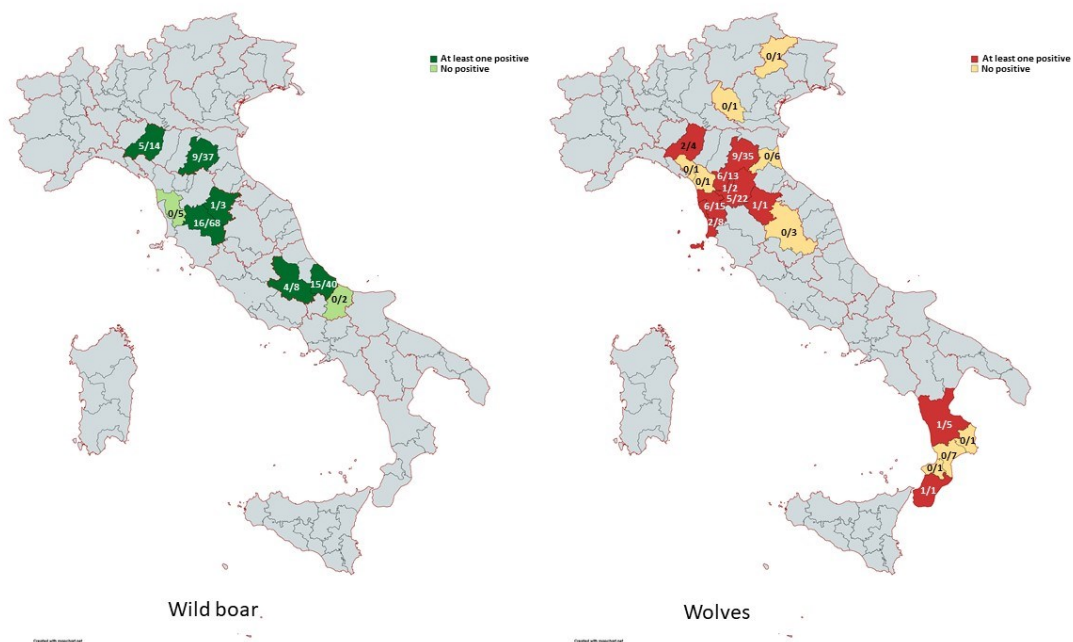
Table. 2

Descriptive statistics and serological test results in wolf examined.

| | Category | n. wolf tested | Relative distribution % | IFAT positive | Seroprevalence % | 95%CI |
|------------------|----------------|----------------|-------------------------|---------------|------------------|-----------------|
| Total | | 128 | | 34 | 26.6 | [18.95 - 34.25] |
| Sex | Male | 79 | 62.2 | 26 | 32.9 | [22.54 - 43.26] |
| | Female | 48 | 37.8 | 8 | 16.7 | [6.15 - 27.25] |
| Age class | 1: <12 months | 42 | 33.1 | 10 | 23.8 | [10.92 - 36.68] |
| | 2: 1-2 years | 31 | 24.4 | 5 | 16.1 | [3.16 - 29.04] |
| | 3: > 2 years | 54 | 42.18 | 19 | 35.19 | [24.87 - 45.51] |
| Region of origin | Tuscany | 63 | 49.2 | 21 | 33.3 | [21.66 - 44.94] |
| | Emilia-Romagna | 45 | 35.2 | 11 | 24.4 | [11.85 - 36.95] |
| | Calabria | 15 | 11.7 | 2 | 13.3 | [0 - 31.1] |
| | Umbria | 3 | 2.3 | 0 | 0 | [] |
| | Veneto | 2 | 1.6 | 0 | 0 | [] |
| Cause of death | Car crash | 75 | 60.5 | 16 | 21.3 | [12.3 - 30.57] |
| | Other cause | 49 | 39.5 | 16 | 32.6 | [19.4 - 45.8] |

Note: in one subject it was not possible to know the gender and in one the age due to the poor condition of the carcasses. In four subjects (two positive and two negative) the cause of death was undetermined.

Figure 1: distribution of wild boar and wolves examined; number positive/number examined



In figure 1 the distribution of wolves and wild boar examined are illustrated, with the number of seropositive/number of examined samples in the different Italian provinces.

In the geographical areas where there was an overlap in the sampling of wild boars and wolves (Emilia-Romagna and Tuscany regions), the seroprevalences were 18.9% and 29.6%, respectively, even though the differences were not significant.

Discussion

In this study, we evaluated the seroprevalence of *T. gondii* in two species, wild boar and wolves. Despite their role as intermediate hosts, these species could play a significant role in maintaining the effective continuity of the parasite's life cycle in the wild. Both these animals can become infected through the ingestion of robust, environmentally enduring oocysts, as well as via the consumption of prey or carrion. Consequently, they serve as valuable indicators to detect the presence of *T. gondii* contamination within specific ecological contexts [16, 17].

During this study, we utilized two different matrices: serum samples from wolves and meat juice from wild boar. The choice of these two matrices was driven by practical considerations. In the case of wolves, which were found deceased, we were able to conduct a comprehensive necropsy, including the collection of clotted blood from the heart cavity and subsequent extraction of serum. On the other hand, for wild boars, a different approach was necessary. These animals were hunted and eviscerated before slaughtering, making it impossible to collect blood directly. Therefore, we chose meat juice as a more appropriate and easily accessible matrix in this situation.

This matrix has been used in previous studies for the detection of antibodies against *T. gondii* [18] as well as other zoonotic pathogens such as *Trichinella* sp. [19, 20], *Salmonella* sp., and Hepatitis E virus [21]. The use of meat juice as a matrix is particularly advantageous, as it can be easily obtained from wildlife carcasses, often found deceased, thereby providing valuable serological data that would otherwise be challenging to collect. However, it's important to note that meat juice has been perceived as a matrix with lower sensitivity in comparison to serum, primarily due to the lower antibody concentration it contains [22]. While serological data derived from either sera or meat juice samples offer insights into an animal's exposure to the parasite, they do not provide information concerning the presence of tissue cysts within organs, which directly relates to the risk for consumers [23, 24].

In the present study, an overall seroprevalence rate of 22.6% was observed in wild boars (ranging from 0 to 33.3% across the different regions), and no statistically significant differences were observed among the variables considered, including age, in line with the findings of some authors [25-27]. Recent meta-analyses have shown that the global pooled seroprevalence of *T. gondii* in wild boars from 1995 to 2017 was 23%, which aligns closely with our findings [17]. However, various seroprevalence rates have been documented on wild boars in different geographical settings. For instance, in Europe, seroprevalence values ranging from 8% to 38% have been reported [17, 28-30]. Specifically, surveys conducted in central and southern regions of Italy, reported values ranging from 12.2% [31] to 14% [32, 21], while recent surveys in Northern Italy have identified seroprevalences spanning from 15.5% [33] to as high as 53.1% [27]. These seroprevalence differences could be related to specific local epidemiological conditions, such as variations in environmental factors, wildlife populations, or human activities, highlighting the importance of considering local risk factors in understanding the epidemiology of Toxoplasmosis.

In wolves, a seroprevalence rate of 26.6% was observed in this study. When comparing seroprevalences between wolves and wild boars, despite wolves occupying higher trophic levels and

exhibiting a higher prevalence of *T. gondii*, no statistically significant differences were observed between these two populations. This finding aligns with the results of Dakraub et al. [4]. Reliable *T. gondii* seroprevalence data for wolves in European countries, including Italy, are notably scarce. Recent reports from Italy have indeed documented seropositivity in wolves, albeit with relatively small sample sizes: Dini et al. [33] identified one positive wolf out of 5 samples, while Dakraub et al. [4] reported 4 positives out of 14. In other European countries, such as Spain, a seroprevalence rate of 46.9% was observed (n=32 wolves sampled) [34]. Due to the considerable higher sample size, the present study offers a comprehensive assessment of *T. gondii* seroprevalence in wolves, thereby contributing valuable data on a European scale.

No significant differences in seroprevalence were observed among sex, age class, region of origin, or cause of death. While an age-related increase in parasite prevalence could be a plausible hypothesis, our recent data on dogs also indicate that age categories do not significantly impact toxoplasmosis seroprevalence [35].

In addition to its epidemiological significance, seropositivity in wolves has been associated with ecological implications, particularly in the United States. Recent research [36] demonstrated that the overlap of wolf territories with regions characterized by a high cougar population density serves as a significant predictor of *T. gondii* infection in wolves. Furthermore, wolves that tested positive through serological analysis were found to be more inclined to make high-risk decisions, such as dispersing and assuming leadership roles within packs [36]. These decisions have a pivotal impact on individual fitness and the broader dynamics of wolf. In the current study, we did not observe a positive correlation between seropositivity and the cause of death being a car crash. Instead, even when considering seropositivity as a factor contributing to increased wolf dispersion, it does not appear to be linked to car collision as cause of death in our sample set.

Conclusion

This study provides an update on the spread of *T. gondii* in sylvatic and peri urban settings, highlighting a moderate exposure in both the species under investigation. Additional research endeavours should be undertaken to explore the correlation between *T. gondii* seropositivity in wolves and factors like dispersal rates, causes of death, and spatial overlap with other species, including humans. These studies will be able to contribute to a more comprehensive understanding of the significance of *T. gondii* seroprevalence, including its ecological implications.

Methods

Approximately 25 g of diaphragm tissue from wild boars were systematically collected at a specialized game meat processing facility located in the Bologna province (Emilia-Romagna region). This facility routinely receives eviscerated carcasses of hunted wild boars from various regions of Italy, encompassing Emilia-Romagna, Tuscany, and Abruzzo. Sex, and age class were determined, the latter assessed by the evaluation of the dental table. The diagnostic matrix employed in this study was the meat juice, as carcasses have already been bled and eviscerated. To extract the meat juice from the diaphragm tissue, the samples were placed in hermetically sealed plastic container, and frozen at -20 °C. Following this step, the meat samples were thawed over-night, at a controlled temperature of 4 °C. The resulting meat juice was then transferred into sterile tubes, preserved at -20 °C until use [37].

The examined wolves came mainly from Toscana and Emilia-Romagna region (Central Italy), in less extent they were collected from Calabria (south), Umbria (centre), and Veneto (north) regions. The wolves were found dead and delivered to authorized centers in order to proceed with the necropsy. Necropsy examinations on wolf carcasses were carried out at the Experimental Zooprophyllactic

Institute of Lombardy and Emilia-Romagna, the Wildlife and Exotic Service of the University of Bologna and at the Experimental Zooprophyllactic Institute of Southern Italy. At the arrival of each carcass, a first form containing the following information was filled: subject's identification data with the attribution of a unique ID code, the discovery location (reported as GPS coordinates), sex, weight (in kg) and nutritional status. The age of the animal was determined by assessing dental development and wear [38, 39], as well as considering body size and weight. Here, all individuals were aged using 3 categories as follows: class 1: ≤ 12 months; class 2: 1–2 years; class 3: > 2 years. The age determination of class 1 (based on months of life) was defined in relation to the reproductive cycle of the wolf [40]. Besides the biometrics information, phenotypic characteristics and anatomopathological activities were carried out to investigate the cause of death [41]. During necropsy the entire heart was collected, and the heart blood clot was extracted and centrifuged at 980g for 20 minutes. The haemolytic serum was then collected in a 2 ml tube and stored at -20°C until use.

A total of 177 meat juices of wild boars and 128 wolf sera were analysed for *T. gondii* IgG by indirect fluorescent antibody test (IFAT) following the manufacturer's instructions (MegaFLUO TOXO-PLASMA g, MegaCor Diagnostik, Hoerbranz, Austria). As conjugated, anti-dog IgG antibody diluted in PBS at concentration of 1:64 (Anti-Dog IgG-FITC antibody, Sigma-Aldrich, Saint Louis, MO) and anti-pig. IgG antibody diluted in PBS at concentration of 1:32 (Anti-pig IgG-FITC antibody, Sigma-Aldrich, Saint Louis, MO) were used. Meat juice from wild boars with an antibody titre $\geq 1:4$ were considered positive (due to the scarce concentration of antibody in this matrix) [22], while wolf serum samples with antibody titre $\geq 1:20$ were considered positive (due to the haemolytic characteristics of the sera) [42].

Pearson's χ^2 test was used to correlate sex, age group, region of origin (and cause of death in wolf) with seroprevalence. Statistical significance was set at $P \leq 0.05$. The Sample Size Calculator (<https://www.surveysystem.com/sscalc.htm>) was used to calculate 95% confidence intervals (CIs) for the observed prevalence values.

Declarations

- **Ethics approval and consent to participate**
All samples were gathered in compliance with local regulations. Specifically, wild boar samples were collected by an official veterinarian as part of the official *Trichinella* sampling for game meat. As for wolves, the local authority collected all animals, and necropsies were conducted at specialized centers (such as IZS or University institutions) dedicated to wildlife disease control. All the methods were performed in accordance with relevant guidelines and regulations, no specific permission was required to perform the sampling.
- **Animal Ethics declaration**
Not applicable
- **Consent for publication**
Not applicable
- **Availability of data and materials**
The datasets used and/or analysed during the current study are available from the corresponding author on reasonable request
- **Competing interests**
The authors declare that they have no competing interests
- **Funding**

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- **Authors' contributions**

F.M.D. and R.G. designed the study and analysed data, F.M.D., C.M., V.M.D.N., E.B., M.S., G.M., L.B., M.D. contributed to collecting the samples. F.M.D. carried out the analysis. F.M.D. and R.G. assembled data, R.G. was the supervisor, F.M.D, R.G., E.B., C.M. contributed to writing, reviewing and editing the final manuscript. All authors read and approved the final manuscript.

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Chapter 5.1

Risk factor for *Toxoplasma gondii* infection in dogs: a serological survey

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1 Risk factor for *Toxoplasma gondii* infection in dogs: a serological survey

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6

7 Abstract

8 Background

9 Dogs, as well as a wide variety of other warm-blooded animals, act as intermediate host of
10 *Toxoplasma gondii*. In this species, most cases of toxoplasmosis are subclinical, although clinical
11 disease has been sporadically reported.

12 Beyond its role in diagnostic pathways, seropositivity also functions as a reflection of the parasite's
13 spread within the dog's living environment. The aim of the present study was to evaluate the possible
14 risk factor associated with seropositivity to *T.gondii* in dogs in Central-Northern Italy, analysing 120
15 dogs sera for the presence of IgG antibodies by indirect fluorescence antibody test (IFAT).

16 Results

17 The population examined were composed of 54.17% hunting dogs, 24.17% companion dogs, 14.17%
18 truffle dogs and 7.5% watchdogs. Thirty-four (29.17%) dogs tested positive for *T. gondii* IgG, with
19 titers ranging from 1:40 to 1:1280. Seroprevalence and antibodies titers were not related to dog
20 gender, age and function. The logistic regression and ordered logistic regression results indicate that
21 seroprevalence, and antibody titers are significantly higher in dogs cohabiting with cats, exhibiting
22 coprophagy habits, and living constantly outdoors. Notably, the lifestyle factor showed the highest
23 odds-ratios in the study: dogs living constantly outdoors were found to be at approximately 5 times

24 greater risk of testing positive and having higher antibody titers compared to dogs living both indoors
25 and outdoors.

26 **Conclusion**

27 The consistency between logistic and ordered logistic regression results supports the key role of living
28 with cats, engaging in coprophagy behaviors, and maintaining an outdoor lifestyle in increasing the
29 risk of *T. gondii* infection in dogs. These identified risk factors collectively suggest that both ingesting
30 oocysts, as observed through cat cohabitation and coprophagy, and engaging in predatory behaviors,
31 as possible for outdoor living dogs, are likely sources of *T. gondii* infection in this host species.

32

33 **Keywords:** *Toxoplasma gondii*, Serology, Dog, Risk factors.

34

35 **1. Background**

36 *Toxoplasma gondii* is a worldwide Apicomplexan protozoan that infects virtually all the warm-
37 blooded species including humans, livestock, birds, and pets [1]. It has been estimated that
38 approximately one third of the world population is infected with *T. gondii*, with prevalences varying
39 greatly depending on the geographical area [2,3]. Domestic and wild felids are definitive host,
40 harbouring in their small intestine the sexual stages of the parasite, which resolves in the release of
41 environmentally resistant oocysts. In all the other hosts, after the infection, asexual reproduction
42 occurs, lasting in bradyzoites cysts formation in several tissues. However, *T. gondii* can also undergo
43 asexual reproduction in felids, that can therefore act also as intermediate host [4].

44 In many animal species, infection is typically subclinical, although toxoplasmosis can be
45 lethal in several host, including pets. *Toxoplasma* infection in dogs is often associated with low
46 morbidity and mortality rates; indeed, infrequently is observed a primary clinical toxoplasmosis in
47 dogs, which is instead usually linked to former immunosuppression [5]. The clinical aspects of canine
48 toxoplasmosis range from nonspecific symptoms such as fever, lymphadenopathy, dyspnoea and

49 gastrointestinal signs, to neurological syndromes characterized by epilepsy, cranial nerve deficits,
50 tremors, ataxia, paresis, and paralysis. Other clinical features described are noise sensitivity, myositis,
51 ocular diseases, and cutaneous signs associated with immunosuppressant therapies [5, 6-10]

52 Seropositivity for *Toxoplasma* in dogs is not only an aid in the differential diagnosis of clinical
53 cases, but has also epidemiological significance, reflecting the circulation of the parasite in the
54 environment [1]. The presence of antibodies merely indicates previous contact with the parasite,
55 either by ingestion of bradyzoite cysts from meat or oocysts from the environment. The contact with
56 oocysts may have other consequences besides infection of the dog. Indeed, it has been shown that
57 dogs can act as mechanical transporters of *T. gondii* oocysts. They can excrete infective oocyst after
58 ingestion of infected cat faeces, suggesting that coprophagy, with a subsequent intestinal passage by
59 dogs, plays a role in the dissemination of *T. gondii*. [11]. Additionally, dogs can vehicle oocysts on
60 the fur after rolling over cat stool [12,13]. As a result, mechanical transmission of *T. gondii* oocysts
61 to humans can occur from dogs via their body surface, mouth, and feet [1].

62 *Toxoplasma gondii* infection has a cosmopolitan distribution, and seroprevalence in dogs
63 depends on geographical region, living environment, and lifestyle of the dog. In general, according
64 to the data reported in literature, the risk of infection with *T. gondii* increases throughout life, due to
65 an increasing cumulative risk of exposure, and the seroprevalence is higher in rural than in urban
66 areas [1,14,15]. In addition, it has been observed in several studies that dogs living outdoors have a
67 higher risk of infection than indoors dogs [16-20].

68 As in humans, dogs can become infected with *T. gondii* through a variety of sources, including
69 ingestion of water containing sporulated oocysts, ingestion of raw or inadequately cooked meat
70 containing cysts with bradyzoites, or transplacental infection [4]. Depending on the living
71 environment of the dog, seropositivity may have different epidemiological implications. On the one
72 hand, dogs living in anthropogenic areas have been shown to mirror seropositivity in humans,
73 probably due to similar exposure to contaminated water and the environment [21]. On the other hand,

74 stray or hunting dogs, whose *Toxoplasma* exposure is also related to the consumption of small wild
75 preys, may be an indicator of the spread of the parasite in a wild area [16,22].

76 The aim of the present work is to evaluate the risk factors for *T. gondii* infection in dogs with
77 different uses in an area of Italy where *Toxoplasma* infection have already been detected in these
78 species [23], but without analysing the risk factors, and where positivity findings for the parasite have
79 been detected in hunted wild animals [23-24].

80

81 **2. Methods**

82 The study was based on convenience sampling involving the use of sera from 120 dogs collected for
83 other research/diagnostic purpose from 20 municipalities in three provinces (Bologna, Rimini and
84 Pesaro-Urbino) in 2018-2019. Blood sampling was carried out by venipuncture. Sera were obtained
85 by centrifugation for 10 min at 2000 rpm and stored at -20 °C until use. Inclusion criteria to enrolment
86 included: regular outdoor access; no treatment for internal worms (included *Dirofilaria immitis*
87 prophylaxis) in the month before the study, six months of age or older, and signed informed consent
88 of the owner. A questionnaire was submitted to the owners in order to obtain information about age,
89 gender, main use or function, housing (hosted or not in house during the night), lifestyle (living
90 exclusively outdoor or hosted in house/boxes when not in activity), cohabitation with cats and
91 coprophagy habits.

92 *T. gondii* indirect fluorescent antibody test (IFAT) for IgG (MegaFLUO TOXOPLASMA g,
93 MegaCor Diagnostik, Hoerbranz, Austria) was performed on serum samples, following the
94 manufacturer's instructions. Briefly, slides coated with *T. gondii* infected cells were probed with
95 20µL of serum diluted in phosphate-buffered saline (PBS) with a starting dilution of 1:40. Slides were
96 incubated for 30 min at 37 °C and washed two times with PBS. Internal canine positive and negative
97 sera controls were included on each slide. The slides were therefore probed with 20µL of fluorescein

98 isothiocyanate (FITC) conjugated anti-dog IgG antibody diluted in PBS at a concentration of 1:32
99 (Anti-Dog IgG-FITC antibody, Sigma-Aldrich, Saint Louis, MO) and incubated for 30 min at 37 °C.
100 After two further washing steps with PBS, they were examined under a fluorescent microscope. The
101 highest dilution showing fluorescence was the final antibody titre. Serum samples with antibody titre
102 $\geq 1:40$ were assessed positive, as 1:40 is the cut-off adopted for diagnostic purpose in different
103 diagnostic facilities in the same area [23] (Dini et al., 2023a).

104 Statistical analysis was conducted using STATA 12.1. Prior to the analysis, the age of the
105 dogs was grouped into three categories: ≤ 3 years, >3 years and ≤ 7 years, >7 years in order to obtain
106 a uniform distribution of dogs in three age groups. The relationship between the prevalence of
107 toxoplasmosis and various dog-related factors (such as age categories, gender, function, housing,
108 lifestyle, cohabitation with cats, and coprophagy habits) was assessed using multivariable logistic
109 regression. This approach allowed us to estimate the odds-ratio while holding all other factors in the
110 model constant; odds-ratio is a common approximation of the relative risk in cross-sectional surveys,
111 indicating the likelihood of testing positive for toxoplasmosis in relation to each factor. To evaluate
112 the relationship between antibody titres and the same dog-related factors considered for the
113 prevalence analysis, multivariable ordered logistic regression was employed. Before this analysis,
114 positive titres were log-transformed as $\log_2(\text{titre}/10)$ to create a more manageable scale for
115 calculations. The transformation did not alter the significance of the model, but it facilitated result
116 interpretation. The dependent variable of the model, the transformed titre, represents an ordinal scale
117 reflecting an underlying continuous measure, i.e., the concentration of antibodies. By using this
118 model, we were able to estimate the odds ratio for each tested factor, considering the influence of
119 each factor on increasing or decreasing antibody titres while keeping all other factors in the model
120 constant.

121

122 **3. Results**

123 In table 1, the distribution of the dog examined in the different risk categories and serological results
124 were described. The dogs were uniformly distributed in gender and age categories. Concerning their
125 function, hunting dogs made up the largest group (51.67%). All the dogs had regular outdoor access,
126 as inclusion criteria, and most of them (71.67%) were not hosted in house during the night.
127 Nevertheless, only a small part of dogs lived exclusively outdoors (19.17%). The main function of the
128 dogs influenced the housing and the lifestyle: all the hunting dogs (100%) were hosted outside (in
129 kennel boxes) during the night, significantly differing from the other categories (Chi-square test:
130 $p < 0.01$). In fact, most pet dogs (96.55%), and some truffle dogs (20%) and watchdogs (22.22%) were
131 housed inside the owners' homes during the night. On the other hand, considering lifestyle, hunting
132 dog lived in kennel when not actively engaged in hunting activities, but only 12.73% of them had
133 only outdoor lifestyle (not differing significantly from pets: 3.44%). The predominant lifestyle for
134 watchdogs was to remain outdoor (88.89%), differing from the other categories (Chi-square test:
135 $p < 0.05$).

136 Approximately 39.17% of the dogs included in the study were reported to cohabit with cats,
137 irrespective of their function. Interestingly, the habit of coprophagy, i.e., consuming faeces, was
138 primarily observed in truffle dogs, with 65% of them exhibiting this behaviour. Companion dogs
139 ranked second, with 50% of them having records of coprophagy according to the owner report.

140 Concerning the serological analysis, 35 out of 120 sera samples examined tested positive for
141 *T. gondii* antibodies, resulting in a seroprevalence of 29.17% (95% CI = 21.09%-37.25%).

142 The logistic regression results (Table 2) indicate that the seroprevalence, representing the
143 probability of having been infected, is significantly higher in dogs cohabiting with cats, exhibiting
144 coprophagy habits, and living constantly outdoors. This finding is consistent with the results from the
145 ordered logistic regression (Table 3), where the antibody titers were significantly higher in dogs living
146 with cats, having coprophagy habits, and constant outdoor living. Notably, the lifestyle factor showed
147 the highest odds-ratios in the study. Dogs living outdoors constantly were found to be at
148 approximately 5 times greater risk of testing positive and having higher antibody titers compared to

149 dogs living both indoors and outdoors. In positive subjects, there appears to be a tendency for the
150 antibody titers to increase with the age category; however, the differences observed are not
151 statistically significant (Graph 1).

152

153 **4. Discussion**

154 In the current investigation, a comprehensive spectrum of factors encompassing age categories,
155 gender, function, housing arrangements, lifestyle, cohabitation with cats, and coprophagy habits has
156 been systematically scrutinized to discern and assess the risk factors intrinsically associated with *T.*
157 *gondii* infection in dogs.

158 Recent data available about *T. gondii* seroprevalence in dogs in different countries of the world
159 are quite divergent, even in the context of the same country: in Brazil it varies from 7.95% to 48.8%
160 [25,26], in China prevalences range from 4.4% to 40.3% [27,28]. In the same Asian continent, the
161 7.9% of owned dogs of Bangkok (Thailand) were seen to be *T. gondii* positive in 2021 [20]. Regarding
162 Europe, the prevalences reported (from Spain and Poland) are about 30% [16,29], showing a
163 similarity with our results. The seroprevalence observed in the present study, quantified at 29.17%,
164 aligns harmoniously with seroprevalence data recently elucidated in Northern Italy by Dini et al. [23]
165 pertaining to owned dogs, albeit bereft of concurrent risk factor analysis. It is noteworthy that the
166 seroprevalence figures available in Italy are marked by notable variability. In the Campania Region,
167 a survey involving a canine cohort of 398 hunting dogs unveiled a prevalence of 24% [30], in
168 accordance with our findings. In contradistinction, findings presented by Macrì et al. [31] in Rome,
169 encompassing both public kennel occupants and privately-owned dogs, disclosed a prevalence of
170 64%. The conspicuous divergence in these infection indexes is attributed, in part, to the utilization of
171 disparate cut-off titres for seropositivity determination—1:50 and 1:20, respectively, for the
172 aforementioned studies. This variance in cut-off titres unquestionably imparts a substantial influence
173 on the ascertained prevalence figures. The overarching challenge arising from these dissimilarities is

174 the absence of standardized serological techniques and universally accepted initial cut-offs for
175 diagnosing dog toxoplasmosis. Information available in scientific literature shows that the cut-off
176 values employed for serological diagnosis of *T. gondii* in dogs using IFAT vary between 1:16 and
177 1:64 [1]. The absence of a standardized approach compromises the comparability of epidemiological
178 data across studies, thereby precluding a comprehensive analysis of the actual epidemiological
179 landscape prevalent within a given region.

180 The outcomes of the logistic regression analysis offer notable insights into the factors
181 associated with *T. gondii* infection in the canine population under study.

182 Firstly, it is noteworthy that the seroprevalence, exhibited a noticeable increase in dogs
183 cohabiting with cats. This observation aligns with the findings of the ordered logistic regression
184 analysis, where higher antibody titres were consistently observed in dogs sharing a living
185 environment with cats. This correspondence across both regression analyses reinforces the notion that
186 feline cohabitation serves as a significant predictor of heightened *T. gondii* infection risk. Following
187 the excretion of the parasite in the feces of infected felids, *T. gondii* oocysts have the potential to
188 contaminate soil [32]. Given the restricted spectrum of definitive host species for *T. gondii*, limited
189 exclusively to felids, the distribution of oocysts within the soil does not occur randomly. Instead,
190 there is a discernible propensity for oocysts to aggregate in proximity to or within sites of cat
191 defecation [33,34]. These factors imply that living alongside cats increases the probability of being
192 exposed to an environment contaminated with *Toxoplasma* oocysts, consequently increasing the
193 potential for infection in the dogs that share the living space with felids.

194 Secondly, the coprophagy habits exhibited a similar pattern of association. Dogs displaying
195 this behaviour showed an increased likelihood of seropositivity, as substantiated by their increased
196 antibody titres. The inclination to coprophagy, predominantly observed in this study among truffle
197 dogs, followed by pet dogs, seems to be less prevalent among hunting dogs based on the data analysis.
198 However, the unique housing conditions associated with this dog category might lead to an
199 underestimation of this variable, as these animals frequently remain out of the owner's direct

200 observation, potentially resulting in a lack of documentation for this behaviour. Coprophagy is a
201 common behaviour among dogs. Dogs may consume their own faeces, faeces of other dogs and/or
202 faeces of other species [35], including cats. Given that cats can shed millions of oocysts through their
203 faeces during the course of sexual reproduction of *T. gondii* [4], the consistent habit of coprophagy,
204 where dogs consume feline stool, places them at a significantly heightened risk of infection through
205 oocysts.

206 Thirdly, the consistent outdoor residency of dogs emerged as a particularly prominent risk
207 factor. It is noteworthy that this is true regardless of the dog's function.

208 Actually, it might be expected that hunting dogs, that can more easily engage in predatory
209 behaviour and are more likely exposed to game meat, would have been at higher risk of infection [36]
210 Our results, thanks to multivariable analysis that evaluates different covariates avoiding possible
211 confounding effects among them, do not support this assumption disentangling the importance of
212 function and lifestyle as risk factors.

213 The consistency of the association between toxoplasmosis and “living outdoor” underscores
214 the significance of the outdoor environment as a risk factor; it implies that the dog is subjected to
215 prolonged exposure to potential sources of infection, including environmental oocysts, feline faeces
216 and potentially infected small mammals or avian prey, independently to their function.

217

218 **5. Conclusions**

219 In essence, both the logistic and the ordered logistic regression findings substantiates the
220 pivotal role of cohabitation with cats, coprophagy behaviours, and perpetual outdoor habitation in
221 amplifying the risk of *T. gondii* infection among dogs. This comprehensive understanding of the
222 interplay between these factors and infection likelihood contributes to the broader comprehension of
223 the epidemiological landscape and underscores the necessity for targeted preventive strategies,
224 particularly for dogs exhibiting these risk-associated behaviours and conditions. Furthermore, the

225 results of our study indicate that gender, age category, and function do not have a significant influence
226 on toxoplasmosis seroprevalence. Instead, the findings suggest that habits play a more substantial
227 role as risk factors for this zoonotic agent, compared to the individual's function or receptivity.

228 **Authors' contributions**

229 Filippo Maria Dini and Roberta Galuppi wrote the main manuscript text, Filippo Maria Dini, Roberta
230 Galuppi and Giovanni Poglayen performed sampling. Filippo Maria Dini carried out the serological
231 analyses. Laura Stancampiano performed the statistical analysis. Filippo Maria Dini, Laura
232 Stancampiano and Roberta Galuppi revised the manuscript. All authors reviewed the manuscript and
233 approved the final manuscript.

234

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237 **Ethics approval and consent to participate**

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239 **Consent for publication**

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241 **Declaration of Competing Interest**

242 The authors declare that they have no known competing financial interests or personal relationships
243 that could have appeared to influence the work reported in this paper.

244 **Availability of data and materials**

245 All data are included in this published article.

246

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370 .

| | Category | n. dog tested | Relative distribution % | n. positive at IFAT | Seroprevalence % | 95% CI |
|------------------------|----------------|---------------|-------------------------|---------------------|------------------|-------------|
| Gender | Male | 67 | 58.83 | 22 | 32.84 | 21.09-44.59 |
| | Female | 53 | 44.17 | 13 | 24.53 | 11.2-37.86 |
| Age groups | 6 m – 3y | 37 | 30.83 | 8 | 21.62 | 8.38-34.86 |
| | >3 – 7 years | 45 | 37.50 | 16 | 35.55 | 21.6-49.5 |
| | > 7 years | 38 | 31.67 | 11 | 28.95 | 14.56-43.34 |
| Use | Pet dog | 29 | 24.17 | 6 | 20.69 | 5.97-35.41 |
| | Watchdog | 9 | 7.50 | 4 | 44.44 | 11.99-76.89 |
| | Hunting dog | 62 | 51.67 | 19 | 30.64 | 19.2-42.08 |
| | Truffle dog | 20 | 16.68 | 6 | 30.00 | 9.4-50.6 |
| Housing | House | 34 | 28.33 | 8 | 23.53 | 9,3-37.76 |
| | Outside | 86 | 71.67 | 27 | 31.39 | 21.62-41.16 |
| Lifestyle | Indoor/outdoor | 97 | 80.83 | 22 | 22.68 | 14.39-30.97 |
| | Outdoor | 23 | 19.17 | 13 | 56.52 | 35.97-76.47 |
| Cohabitation with cats | No | 73 | 60.83 | 18 | 24.66 | 14.81-34.51 |
| | Yes | 47 | 39.17 | 17 | 36.17 | 22.46-49.88 |
| Coprophagy | No | 87 | 72.50 | 16 | 18.39 | 10.28-26.5 |
| | Yes | 33 | 27.50 | 19 | 57.57 | 40.73-74.41 |

371 Table 1 - Descriptive statistics and serological test results. CI= confidence interval.

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| | | O.R. | 95% C.I. | p-value |
|------------------------|----------------|-------|--------------|---------|
| Gender | Male | ref | | |
| | Female | 0.457 | 0.178 -1.177 | 0.105 |
| Age group | 6 m – 3years | ref | | |
| | >3 – 7 years | 1.975 | 0.650-6.003 | 0.230 |
| | > 7 years | 1.603 | 0.492-5.220 | 0.433 |
| Use | Pet dog | ref | | |
| | Watchdog | 0.630 | 0.077-5.133 | 0.666 |
| | Hunting dog | 1.958 | 0.608-5.133 | 0.260 |
| | Truffle dog | 0.570 | 0.110-2.941 | 0.502 |
| Lifestyle | Indoor/outdoor | ref | | |
| | outdoor | 5.289 | 1.319-21.209 | 0.019 |
| Cohabitation with cats | No | ref | | |
| | Yes | 2.783 | 1.058-9.645 | 0.038 |
| Coprophagy | No | ref | | |
| | Yes | 3.250 | 1.095-9.645 | 0.034 |

378 Table 2 Result of the logistic regression model having seropositivity as dependent variable. The term
379 ref refers to the reference category of the covariates. O.R= odds-ratio; C.I.=confidence interval.

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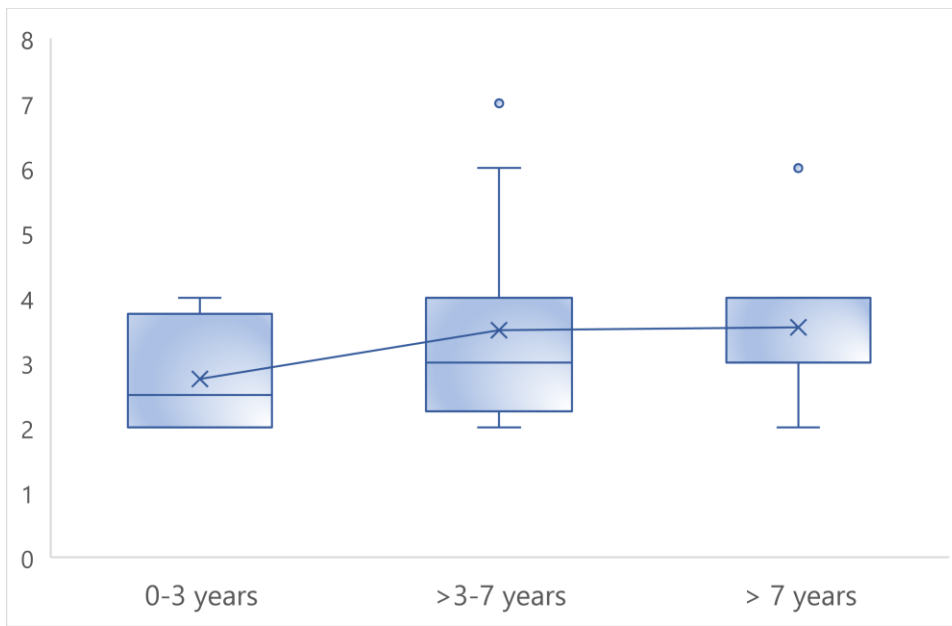
383

| Category | | O.R. | 95% C.I. | p-value |
|-----------------------|----------------|-------|--------------|---------|
| Gender | male | ref | | |
| | female | 0.430 | 0.173-1.070 | 0.070 |
| Age group | 6 m – 3years | ref | | |
| | >3 – 7 years | 2.515 | 0.837-7.556 | 0.100 |
| | > 7 years | 1.960 | 0.616-6.240 | 0.255 |
| Use | Pet dog | ref | | |
| | Watchdog | 0.629 | 0.092-4.308 | 0.637 |
| | Hunting dog | 1.976 | 0.605-6.454 | 0.259 |
| | Truffle dog | 0.486 | 0.010-2.368 | 0.372 |
| Lifestyle | Inside/outside | ref | | |
| | Outside | 5.370 | 1.607-17.945 | 0.006 |
| Cohabitation with cat | No | ref | | |
| | Yes | 3.068 | 1.224-7.694 | 0.017 |
| Coprophagy | No | ref | | |
| | Yes | 4.051 | 1.443-11.370 | 0.008 |

384 Table 3: result of Ordered logistic regression model having the log-transformed titre as dependent
385 variable. The term ref refers to the reference category of the covariates. O.R= odds-ratio;
386 C.I.=confidence interval.

387

388 Figure 2:



391 Caption Fig.2: Box and whisker plot showing age-dependent kinetics of IgG Anti-*Toxoplasma*
392 antibodies in positive subjects across different age groups: log-transformed antibody titres
393 ($\log_2(\text{titre}/10)$) were analyzed in three age categories: 0-3 years, 3-7 years, and >7 years. The × is the
394 arithmetic mean. While an observable trend of increasing antibody titres was observed across the
395 considered age ranges, statistical analysis revealed that this upward trend did not reach significance.

396

397

Chapter 5.2

Seropositivity to *Toxoplasma gondii* as a potential risk factor for anxiety in companion dog (*Canis lupus familiaris*)

Dini FM, Marliani G, Amadei E, Tosco S, Cavallini D, Accorsi PA, Galuppi R. (2023). Seropositivity to *Toxoplasma gondii* as a potential risk factor for anxiety in companion dog (*Canis lupus familiaris*). Submitted to Applied Animal Behaviour Science

1 **Seropositivity to *Toxoplasma gondii* as a potential Risk Factor for Anxiety in Companion Dogs**
2 **(*Canis lupus familiaris*)**

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17

18 **Abstract**

19 *Toxoplasma gondii* is a widespread apicomplexan protozoan parasite that can infect a variety of
20 warm-blooded species, exploiting numerous transmission pathways, including the ingestion of
21 oocysts or tissue cysts. Recent research has revealed that neural localization of bradyzoite cysts in
22 intermediate hosts potentially can lead to behavioural modifications. This double-blinded study
23 explores the correlation between serological evidence of exposure to *T. gondii* and anxiety disorders
24 in companion dogs. Furthermore, we evaluated the risk related to the consumption of raw meat and
25 exposure to *T. gondii*. A veterinary surgeon, expert in animal behavior, used positive and negative
26 activation (PANAS) scale and the Lincoln Canine Anxiety Scale to classify 124 dogs as affected or
27 unaffected by anxiety disorders. During the interview, the veterinarian asked information about the
28 consumption or not of raw meat. Additionally, *T. gondii* indirect fluorescent antibody test (IFAT) for
29 IgG was performed on serum samples of each subject. The results indicated that dogs regularly
30 consuming raw meat were more likely to test positive for *T. gondii* antibodies, with a significant
31 ($p=0.05$) risk of 2.60. Furthermore, through a ROC curve analysis, the population was divided based
32 on dog size, with small-sized dogs (weighing less than 15 kg) and large/medium-sized dogs (weighing
33 over 15 kg). The study found that smaller dogs exhibited a 2.34 times higher risk ($p=0.01$) of
34 developing anxiety compared to large/medium sized dogs, regardless of *T. gondii* exposure.
35 Conversely, larger dogs were more likely (3.41 times; $p =0.07$) to develop anxiety when testing
36 positive for *T. gondii*. These findings suggest a potential link between *T. gondii* exposure and the
37 development of anxiety disorders in dogs, with the consumption of raw meat acting as a contributing
38 risk factor. However, it is essential to recognize that the onset of anxiety is influenced by multiple
39 factors.

40 **Key-Words:** Serology, chronic toxoplasmosis, dogs, behaviour

41

42

43 **1. Introduction**

44 *Toxoplasma gondii*, a highly successful apicomplexan protozoan, exhibits remarkable
45 worldwide presence, infecting warm-blooded species, often at elevated prevalence levels. Felidae
46 members, stand as the sole definitive hosts, enabling the parasite to complete full gametogenesis
47 within the small intestine, ultimately yielding oocysts housing sporozoites that are shed in feline feces
48 (Attias et al., 2020). Intermediate hosts can contract the infection by ingesting oocysts (via
49 contaminated soil, water, or food) or tissue cysts (via consumption of raw or undercooked infected
50 meat, predation or cannibalism), and in some cases, congenital transmission has been documented
51 (Tenter et al., 2000). Inside intermediate hosts, the parasite embarks on asexual reproduction,
52 characterized by rapidly dividing tachyzoites and the more slowly dividing bradyzoites. Bradyzoites
53 encyst in various tissues such as the brain and heart, where they can persist for the host's lifetime
54 (Dubey, 2022). Transmission to the feline definitive host occurs when an immunologically naive cat
55 consumes an infected intermediate host through predation or the ingestion of contaminated meat.
56 Given that sexual reproduction of *T. gondii* can only transpire in felines, there are likely potent
57 selective pressures driving the parasite to evolve mechanisms that enhance transmission from
58 intermediate hosts to the definitive feline host (Webster et al., 2013).

59 Notably, until relatively recently, latent adult-acquired toxoplasmosis in immunocompetent
60 humans and animals was generally believed to be devoid of symptoms (Montoya and Liesenfeld
61 2004). In stark contrast, recent decades have witnessed several studies shedding light on the potential
62 neural localization of bradyzoite cysts, leading to behavioral modifications (Webster et al., 2013).
63 Extensive investigations conducted under various experimental settings have suggested that *T. gondii*
64 alters the behavior of rodents in a manner that increases their susceptibility to predation by cats, the
65 parasite's definitive host (Webster, 2007). These aforementioned studies have, for instance, revealed
66 that *T. gondii* triggers heightened activity, diminished neophobia (innate fear of novelty), and reduced
67 predator vigilance behaviors (Webster, 1994, 2001, 2007; Webster et al., 1994; Berdoy et al., 1995;

68 Lamberton et al., 2008). Each of these alterations can be postulated to facilitate the transmission of
69 the parasite from the infected intermediate host to the feline definitive host. Furthermore, *T. gondii*
70 infection in rodent hosts appears to subtly and specifically modify their cognitive perception of the
71 risk of cat predation, effectively transforming their inherent aversion to the scent of cats into a
72 'suicidal' attraction to fatal feline encounters (Berdoy et al., 2000; Webster et al., 2006; Vyas et al.,
73 2007; Webster and McConkey, 2010, Kaushik et al., 2014).

74 Analogous side effects, which can be nonadaptive or residual manipulative (Flegr et al., 2011),
75 encompass a spectrum of behavioral consequences in *T. gondii*-infected humans, ranging from subtle
76 shifts in personality traits to more severe outcomes such as an elevated susceptibility to schizophrenia
77 (Flegr 2013a, 2013b), and association with an higher risk to develop other several neuropsychiatric
78 disorders (Milne et al., 2020)

79 This association has been investigated also in other animal species during natural infection,
80 especially in wildlife. Recent studies have brought attention to an intriguing phenomenon among wild
81 red foxes, known as Dopey Fox Syndrome (DFS), characterized by unusual behavioral traits. Notably,
82 the research findings have illuminated the pivotal role of *T. gondii* in this syndrome. It was found that
83 DFS is associated with singular *T. gondii* infection, singular FoxCV infection, and the co-infection of
84 *T. gondii* and FoxCV. Importantly, these behavioral changes in *T. gondii*-infected foxes, such as their
85 heightened attraction to feline odor, mirror alterations observed in infected rodents (Milne et al.,
86 2020). Another study, conducted on spotted hyenas, revealed that wild hyena cubs infected with *T.*
87 *gondii* display a bold and risky behavior when interacting with lions. Notably, these infected cubs
88 have a higher likelihood of experiencing lion-induced mortality compared to their uninfected
89 counterparts (Gering et al., 2021). Recent research by Mayer et al. (2020) has demonstrated that the
90 overlap of wolf territories with regions characterized by a high cougar population density serves as a
91 significant predictor of infection in wolves. Furthermore, wolves that tested positive for the infection
92 were found to be more inclined to make high-risk decisions, such as dispersing and assuming

93 leadership roles within packs. These decisions are crucial for individual fitness and overall wolf
94 population dynamics. Considering the hierarchical structure within wolf packs, these findings suggest
95 that the behavioural consequences of toxoplasmosis may contribute to a feedback loop, ultimately
96 amplifying spatial overlap and disease transmission between wolves and cougars.

97 Considered the distinct influence of *T. gondii* infection observed in wild carnivores, our study
98 delves into the potential correlation between serological evidence of exposure to the parasite and the
99 manifestation of anxiety disorders in companion dogs. Anxiety itself represents an adaptive response
100 to real or potential threats, essential for the survival of the animal. It is normal for a dog to react with
101 fear or aggression to unfamiliar stimuli as a defense mechanism (Talegón and Delgado, 2011). The
102 problem arises when these reactions become inappropriate in relation to the context (Steimer, 2002).
103 Excessive levels of anxiety, therefore, can become maladaptive, transforming into a pathological
104 condition that hinders an individual's ability to adapt due to an exaggerated perception of a threat that
105 is not proportionate to reality (Ohl et al., 2008). Disorders related to anxiety is one of the most
106 prevalent behavioural disorders (Ohl et al., 2008). The aetiology of this disorder is not fully
107 understood; it is believed that various factors are involved, including neuroanatomical and receptor
108 alterations, genetic factors, social factors, and life experiences (Newman et al., 2016). Crucial for the
109 onset of anxiety are the neural circuits responsible for processing threatening stimuli. In fact,
110 alterations in the neuroanatomy or receptors of these structures can lead to dysfunctional behaviours,
111 including states of anxiety disorders (Overall, 1997), and numerous studies conducted on various
112 animal species, including humans, have shown that these changes could also be induced by *T. gondii*
113 (Hinze-Selch, 2015; El Saftawy et al., 2021). In this regard, it has been noted that the presence of the
114 parasite inside amygdala neurons, which in the meantime plays an essential role in modulating
115 anxiety, was correlated with an increase in inflammatory biomarkers and anti-apoptotic factors, which
116 can lead to anatomical and physiological changes in the brain (El Saftawy et al., 2021). Therefore,

117 our prediction was to find a higher risk to develop anxiety disorders in dogs whose serological results
118 evidence a previous exposure to *T. gondii*.

119 In addition, we have considered the potential risk associated with the consumption of raw
120 meat concerning exposure to *T. gondii*. In recent years, the use of raw meat-based products or
121 complete raw meat diets has increased. However, it is essential to bear in mind that consuming raw
122 meat can pose contamination risks, and among various pathogens, raw meat may contain toxoplasma
123 (Schlesinger et al., 2011; Parr e Remillard, 2014; LeJeune and Hancock, 2001). Given the lack of
124 epidemiological studies exploring the relationship between the consumption of raw meat and the
125 exposure to *T. gondii*, we have chosen to investigate this aspect as well, with the prediction that the
126 consumption of raw meat could indeed lead to a higher risk of exposure to the parasite.

127

128 **2. Materials and Methods**

129 One hundred and twenty-four adult dogs (above 2 years of age) referred to a veterinary clinic were
130 randomly selected to participate in the study. The dogs had a mean age of 8.0 ± 4.5 years and a mean
131 weight of 15.88 ± 12.25 kg. Among these, there were 61 intact and 17 neutered males, and 63 intact
132 and 35 spayed females.

133 During routine medical check-ups, blood samples were collected from the dogs for various clinical
134 purposes, and, after a centrifugation of 7 minutes at 2500 rpm, an aliquot of serum was stored for our
135 study at $-20\text{ }^{\circ}\text{C}$ until the analysis of Indirect fluorescent antibody test (IFAT) for the diagnosis of *T.*
136 *gondii* infection. The blood sample was obtained through venipuncture, using butterfly and vacuum
137 tubes (Vacutest Kima). After the blood sampling, each dog underwent a behavioral assessment, to
138 identify subjects affected by anxiety disorders, and, in the same meeting, the owner was asked if
139 her/his dog ate raw meat.

140 **2.1. Behavioral examination**

141 To classify dogs as anxious/phobic or not, the owners were interviewed by a veterinary surgeon expert
142 in animal behavior. The veterinarian employed two behavioral assessment scales as guide and tools
143 to classify the dogs: the PANAS scales (positive and negative activation scale) and the Lincoln Canine
144 Anxiety Scale. The Lincoln Canine Anxiety Scale is a validated scale used to rate a dog's anxiety
145 concerning a specific trigger (e.g., thunder), and it is based on the observation, in specific contexts,
146 of signs and behaviors related to anxiety, such as restlessness, drooling, freezing, tremors, hiding,
147 crouching and/or panting. On the other hand, the PANAS scale, in its part related to negative
148 activation, investigates fearfulness as a temperament trait of the subject and analyzes the level of
149 sensitivity to reward and adverse/negative experiences (Sheppard and Mills, 2002; Mills et al., 2020).
150 We classified as anxiety/anxiety disorders: generalized anxiety disorder and anxiety states related to
151 specific stimuli (i.e., people, noises, places, animals, and objects).

152 The study was conducted in double-blind fashion, where the veterinarian who performed the
153 behavioral assessment and sample collection remained unaware of the IFAT results until the study's
154 conclusion. Conversely, the researchers conducting the laboratory analyses were not informed
155 whether the dog was anxious or not, or if it consumed raw meat.

156 **2.2 Indirect fluorescent antibody test (IFAT)**

157 *Toxoplasma gondii* indirect fluorescent antibody test (IFAT) for IgG (MegaFLUO TOXOPLASMA
158 g, MegaCor Diagnostik, Hoerbranz, Austria) was performed on serum samples, following the
159 manufacturer's instructions. Briefly, slides coated with *T. gondii* infected cells were probed with 20µL
160 of serum diluted in phosphate-buffered saline (PBS) with a starting dilution of 1:40. Slides were
161 incubated for 30 min at 37 °C and washed two times with PBS. Internal canine positive and negative
162 sera controls were included on each slide. The slides were therefore probed with 20µL of fluorescein
163 isothiocyanate (FITC) conjugated anti-dog IgG antibody diluted in PBS at a concentration of 1:32
164 (Anti-Dog IgG-FITC antibody, Sigma-Aldrich, Saint Louis, MO) and incubated for 30 min at 37 °C.
165 After two further washing steps with PBS, they were examined under a fluorescent microscope. The

166 highest dilution showing fluorescence was the final antibody titre. Serum samples with antibody titre
167 $\geq 1:40$ were assessed positive, as 1:40 is the cut-off adopted for diagnostic purpose in different
168 diagnostic facilities in the same area (Dini et al., 2023a, Dini et al., 2023b).

169 **2.3 Statistical analysis**

170 All data were analyzed using statistical software (JMP 17, SAS). A Receiver Operating Characteristic
171 (ROC) analysis was implemented to divide dogs according to size in small-breed and medium/large-
172 breed dogs (<15 kg and >15 kg). Furthermore, several nominal logistic models were implemented to
173 study the relationship between anxiety and raw meat, toxoplasmosis positivity, age, and breed. The
174 same procedure was implemented in previous studies (Masebo et al., 2023; Spadari et al., 2023).

175 **3 Results**

176 **3.1 Correlation between Anxiety and *T. gondii* infection**

177 The study population was divided into two groups based on dog size: those weighing less than 15 kg,
178 classified as small-breed dogs, and those weighing more than 15 kg, categorized as medium/large-
179 breed dogs. This division was determined using a ROC curve that assessed the relationship between
180 weight and predisposition to anxiety, with a sensitivity of 0.69 and specificity of 0.51.

181 The group of small-breed dogs consisted of 78 subjects, comprising 46 (59%) anxious subjects and
182 32 (41%) non-anxious dogs. Among these, 15 tested positive for *T. gondii* in the IFAT test, while 63
183 tested negative. Among the positive subjects, 8 exhibited anxiety states, while among the negatives,
184 there were 38 anxious individuals. Conversely, the group of medium/large breed dogs included 46
185 subjects, consisting of 17 (37%) dogs affected by anxiety states and 29 (63%) non-anxious dogs.
186 Among them, 14 tested positive for *T. gondii*, and 32 tested negatives. In this case, among the subjects
187 suffering from anxiety disorders, 8 had antibodies for the parasite, while 9 tested negative (see Table
188 1 and Figure 1).

189 First of all, the predisposition of dogs to develop anxiety in relation to their size was assessed.
190 According to the results of the statistical analysis (as shown in Table 2), dogs weighing less than 15
191 kg exhibited a 2.3-fold higher risk of experiencing anxiety (p-value=0.01) compared to
192 medium/large-breed dogs, regardless of their *Toxoplasma gondii* seropositivity.

193 Subsequently, always considering dogs based on their weight, the likelihood of developing anxiety in
194 the presence of *T. gondii* seropositivity was examined. The findings indicated that small-breed dogs
195 did not display an additional risk of being classified as anxious when testing positive for *T. gondii*
196 IgG. On the contrary, dogs weighing more than 15 kg had a 3.4-fold risk, with a significant trend (p-
197 value = 0.07), of developing anxiety when tested positive for *T. gondii*, as presented in Table 3.
198 Among large/medium breed dogs weighing, it was found that 8 (57.1%) out of 14 seropositive
199 subjects were also classified as anxious, while among the seronegative subjects, only 28.1% were
200 affected by anxiety (9 dogs out of 32), while 71.9% did not exhibit any disorder. In small-breed dogs,
201 the situation was reversed, as 60.3% of them tested negative for *T. gondii* was affected by anxiety (38
202 dogs out of 63), and, on the other hand, 53.3% (8 out of 15) of seropositive small-breed dogs are
203 affected by anxiety disorders (Figure 1).

204 **3.2 *T. gondii* infection related to raw meat intake**

205 Considering the entire study population composed of 124 animals, 29 individuals were positive for
206 IFAT for *T. gondii*, 74 dogs ate regularly raw meat, and 63 subjects were classified as anxious.

207 The possible correlation between the consumption of raw meat and the risk of contracting *T. gondii*
208 was assessed. As previously mentioned, 74 dogs regularly consumed raw meat; among them, 22 tested
209 positive for IFAT for *T. gondii*. In contrast, out of the remaining 50 dogs that were not fed raw meat,
210 only 7 individuals had antibodies against the parasite. Therefore, when considering the 29 positive
211 cases, 75.9% of them regularly consumed raw meat, while only 24.1% did not. On the other hand,
212 among subjects that tested negative for *T. gondii* at IFAT (comprising 95 dogs), there was a smaller

213 difference between those who consumed raw meat (54.7%, n=52 dogs) and those who did not (45.3%,
214 n=43 dogs) (see Fig. 2). According to the statistical analysis, dogs regularly fed raw meat showed a
215 2.6 times higher risk (p-value = 0.05) of contracting *T. gondii* (Table 4).

216

217

218 **4 Discussion**

219 *Toxoplasma gondii*, a worldwide intracellular parasite, infects warm-blooded animals, including
220 mammals and certain birds, through various transmission routes (Tenter et al., 2000; Dubey, 2022).
221 In immunocompetent individuals, the initial infection triggers an immune response that effectively
222 suppresses tachyzoite replication, resulting in a persistent chronic infection characterized by tissue
223 cysts housing bradyzoites. These cysts are distributed in various tissues, including the nervous system
224 and striated muscles (Tenter et al., 2000). Patients with chronic toxoplasmosis can exhibit behavioural
225 alterations, thereby demonstrating the potential role played by *T. gondii* in the pathogenesis of these
226 disorders (Hinze-Selch, 2015). This study aims to investigate the relationship between exposure to *T.*
227 *gondii* and the development of anxiety disorders in dogs. For this research, we employed indirect
228 immunofluorescence, which allows the evaluation of an animal's exposure to *T. gondii* through IgG
229 detection but does not represent an index of active infection (Molaei et al., 2022).

230 First and foremost, we explored the relationship between the habitual consumption of raw meat and
231 the risk of develop an antibody titer for *T. gondii*. Dogs that regularly consume raw meat showed a
232 2.6 times higher risk (p-value = 0.05) of testing positive at IFAT. The consumption o raw or
233 undercooked meet has been widely recognized as an important risk factor for the infection in several
234 carnivorous species, including humans (Tenter et al., 2000; Opsteegh et al., 2011; Bellucco et al.,
235 2017). In the scientific literature, studies on the actual role of meat consumption in dogs as a risk
236 factor are lacking, as the majority of epidemiological studies on seroprevalence in dogs do not include

237 the dog's diet as a variable, but rather focus on lifestyle. A recent study conducted in Italy has brought
238 attention to significant infection risks for dogs, such as living with cats, the habit of coprophagy, and
239 constant outdoor living. These risks demonstrate that, beyond the transmission route through oocysts,
240 factors like predatory behavior, which can be more actively pursued in outdoor settings, also play a
241 role (Dini et al., 2023b, under review).

242 Several studies have examined how behaviour may vary depending on a dog's size, indicating that
243 behaviour and the onset of behavioural disorders can be influenced by various factors such as training
244 techniques, owner interactions, and genetic differences between small and large-sized dogs (Arhant
245 et al., 2010; Zapata et al., 2022). To address a potential confounding factor, we divided our study
246 population based on weight in relation to their predisposition to anxiety, employing a ROC curve for
247 this purpose. The curve determined a weight threshold of 15 kg, leading to the categorization of dogs
248 as small-sized (weighing under 15 kg) or medium/large-sized (weighing over 15 kg). When
249 examining the likelihood of dogs developing anxiety disorders based on their size, regardless of *T.*
250 *gondii* exposure, it was found that small-sized dogs have a 2.34 higher risk ($p=0.01$) of developing
251 anxiety disorders compared to medium/large-sized dogs. This observation aligns with reports that
252 owners of small-sized dogs tend to be less consistent in training and interactions with their pets, and
253 they often promote insufficient socialization with other animals and humans, possibly because
254 behavioural problems in small-sized dogs are perceived as a less serious problem compared to their
255 larger conspecifics. Additionally, small-sized dogs may receive excessive protection, preventing them
256 from expressing their natural behavioural patterns (McGreevy et al., 2013). Moreover, genetic
257 differences between dog breeds should be considered. Smaller body size has been shown to
258 correspond with smaller brain regions, leading to reduced inhibition of subcortical areas, resulting in
259 heightened responsiveness to certain stimuli. These factors can contribute to the onset of behavioural
260 disorders, including anxiety, frustration, and increased aggression (Hecht et al., 2021). Therefore,
261 could have been a potential confounding factor. We proceeded to analyse the risk of anxiety in dogs

262 that had antibodies for *T. gondii*, dividing the subjects based on their weight. No significant difference
263 was observed in the onset of anxiety related to toxoplasmosis among dogs weighing less than 15 kg.
264 This can be explained by what was previously mentioned regarding the higher predisposition of
265 small-sized dogs to develop behavioural problems, as anxiety. Conversely, dogs weighing over 15 kg
266 showed a 3.41 higher risk, with a significant tendency ($p=0.07$), of experiencing anxiety in relation
267 to anti-*T. gondii* IgG positivity. The results obtained are consistent with what has been reported in the
268 literature concerning the association between *T. gondii* and behavioural alterations, examined in
269 various animal species, including human-beings (Hinze-Selch, 2015; Adekunle and Lateef, 2022).
270 Several studies have concluded that the persistence of the parasite, in the form of bradyzoites within
271 tissue cysts, in the nervous system leads to structural and physiological changes in specific brain
272 regions, as well as alterations in the metabolism of certain neurotransmitters responsible for behaviour
273 modulation (Gatkowska et al., 2013; Evans et al., 2014; Parlog et al., 2014). In particular, it has been
274 noted that the brain structure most involved in the pathogenesis of chronic toxoplasmosis is the
275 amygdala, which, in the same time, plays a fundamental role in modulating responses to certain
276 stimuli, especially negative stimuli that trigger fear and in disorders related to anxiety (El Saftawy et
277 al., 2021). Indeed, the amygdala is the limbic structure that represents the most crucial part of the
278 anxiety-fear circuit. It can be considered a repository of emotion-related memories and plays an
279 essential role in activating the anxiety-fear circuit in response to negative stimuli (Davidson, 2002;
280 Etkin, 2010; Duvarci and Pare, 2014). Alterations in the amygdala and hippocampus have often been
281 observed in anxiety disorders (Overall, 1997).

282 In conclusion, the findings from this study do not definitively exclude the possible contribution of *T.*
283 *gondii* in the development of anxiety disorders, partially supporting our initial predictions. However,
284 it should always be considered that the probability of anxiety disorders onset is influenced by a myriad
285 of factors, including not only neuroanatomical and receptor variations, but also genetic elements,
286 social influences, and life experiences (Newman et al., 2016). Moreover, our research underlines that

287 the consumption of raw meat can be a contributing risk factor in dogs' exposure to *T. gondii*, and this
288 should be taken into serious consideration. The decision to opt for a raw meat-based diet or to use
289 raw-meat as threat necessitates a thorough and comprehensive evaluation, taking into account all
290 potential associated risks. Further investigations, such the direct confirmation of the presence of the
291 parasite in neural tissues of these animals, could be useful to provide additional insights into this
292 matter and deepened our results.

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413

414

415

416 **Table 1.** The total number of small and medium/large breed dogs classified as anxious or non-
 417 anxious, and tested positive or negative for *T. gondii* to the IFAT.

| | Anxiety | No Anxiety | Positive for <i>T. gondii</i> | Negative for <i>T. gondii</i> |
|----------------------------------|---------|------------|-------------------------------|-------------------------------|
| Small breed (n=78) | 46 | 32 | 15 | 63 |
| Medium/large breed (n=46) | 17 | 29 | 14 | 32 |

418
 419 **Table 2.** Predisposition to anxiety in adult dogs weighing less than 15 kg (Small-breed dogs).
 420 Lower and Upper represent the limits of the 95% confidence interval (C.I.).

| Level 1 | Level 2 | Odd Ratio | p-value | Lower | Upper |
|--------------------|--------------------|-----------|---------|-------|-------|
| Small-breed | Large/Medium-breed | 2.34 | 0.01 | 1.18 | 4.61 |
| Large/Medium-breed | Small-breed | 0.43 | 0.01 | 0.22 | 0.84 |

421
 422 **Table 3.** Statistical risk analysis of being affected by anxiety in *T. gondii* seropositive (Pos) and
 423 seronegative (Neg) dogs of both small-breed and Large/medium-breed dogs. Lower and Upper
 424 represent the limits of the 95% confidence interval (C.I.).

| | Level 1 | Level 2 | Odd Ratio | p-value | Lower | Upper |
|--------------------------------|---------|---------|-----------|---------|-------|-------|
| Large/Medium-breed dogs | Pos | Neg | 3.41 | 0.07 | 0.92 | 12.62 |
| | Neg | Pos | 0.29 | 0.07 | 0.08 | 1.09 |
| Small-breed dogs | Pos | Neg | 0.75 | 0.62 | 0.24 | 2.33 |
| | Neg | Pos | 1.33 | 0.62 | 0.43 | 4.13 |

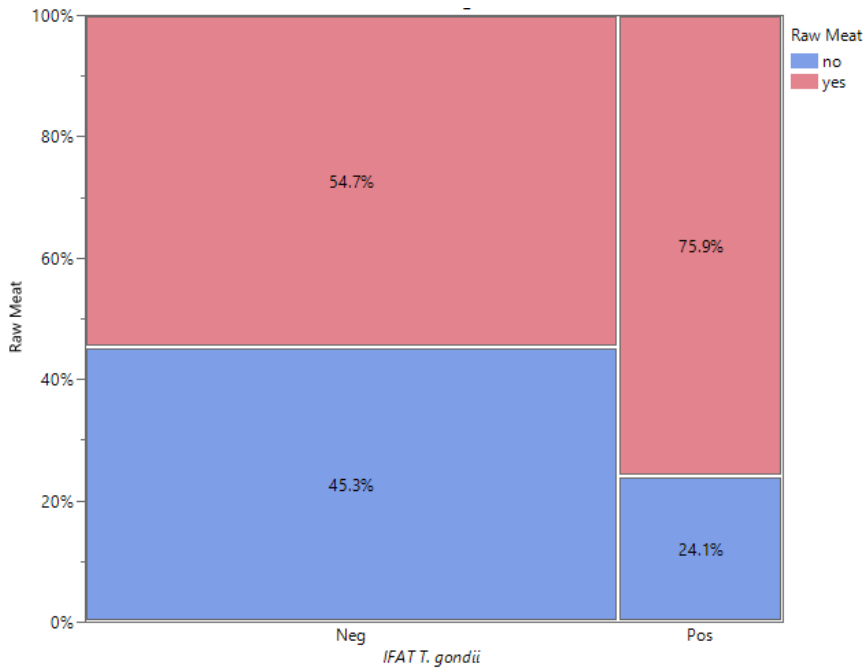
426 **Table 4.** Statistical risk analysis for *Toxoplasma gondii* infection in relation to raw meat
427 consumption. Lower and Upper are the limits of the 95% confidence interval (C.I.); Yes =
428 consumption of raw meat; No = not eating raw meat.

429

| Level 1 | Level 2 | Odds Ratio | p-value | Lower | Upper |
|----------------|----------------|-------------------|----------------|--------------|--------------|
| Yes | No | 2.60 | 0.05 | 1.01 | 6.66 |
| No | Yes | 0.38 | 0.05 | 0.15 | 0.99 |

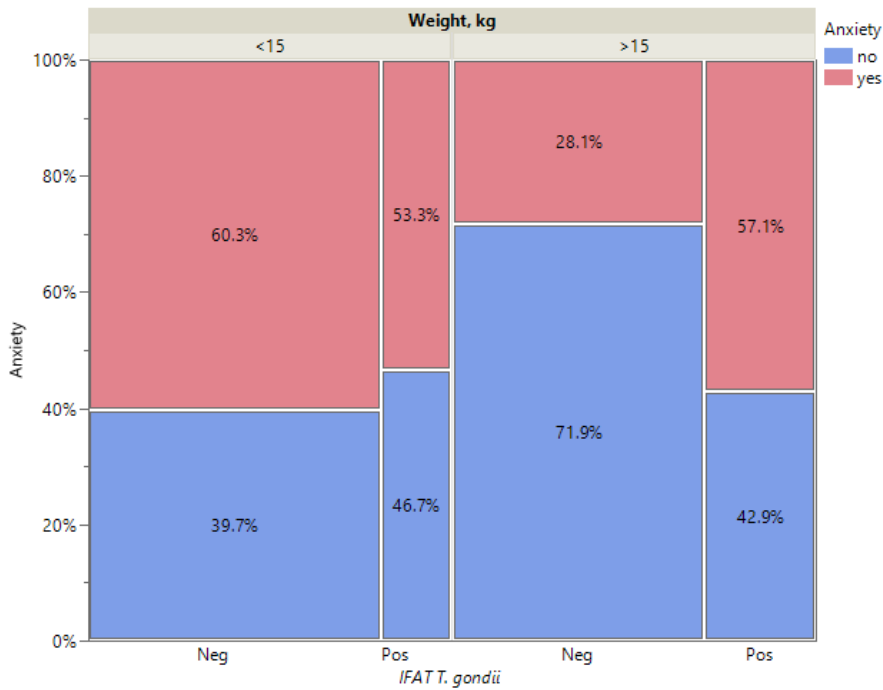
430

431 **Figures**



432

433 **Figure 1.** Percentage of dogs suffering or not from anxiety subdivided according to the results of
 434 IFAT for *T. gondii* (neg=negative; pos=positive) and divided considering their size.



435

436 **Figure 2.** Percentage of negative (neg) and positive (pos) animals for *T. gondii* to the IFAT in relation
 437 to consumption or not of raw meat.

Chapter 6.1

Observational longitudinal study on *Toxoplasma gondii* infection in fattening beef cattle: serology and associated hematological findings

Dini FM, Jacinto JGP, Cavallini D, Beltrame A, Del Re FS, Abram L, Gentile A, Galuppi R. (2023). Observational longitudinal study on *Toxoplasma gondii* infection in fattening beef cattle: serology and associated hematological findings. *Parasitology Research* (under revision).

1 Original Paper

2 **Observational longitudinal study on *Toxoplasma gondii* infection in fattening beef cattle:**
3 **serology and associated haematological findings**

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20 **Abstract**

21 Toxoplasmosis, caused by the protozoan parasite *Toxoplasma gondii*, is a globally distributed
22 zoonotic infection with significant implications for human and animal health. This study investigated
23 the prevalence of *T. gondii* infection in a population of beef cattle at three different stages of their
24 productive lifespan and examined the impact of *T. gondii* serological status on blood parameters. A
25 commercial beef fattening unit in Italy was the setting for this research, which involved a biosecurity
26 assessment upon cattle arrival, blood sampling at three time points, and *Toxoplasma*-specific
27 serological testing using indirect fluorescent antibody tests (IFAT). Results revealed a dynamic
28 pattern of *T. gondii* seropositivity in cattle, with an initial prevalence of 30.6% at arrival (T0) that
29 increased to 44.6% at 14 days (T1) and then decreased slightly to 39.3% at slaughter (T2).
30 Interestingly, seroconversion was observed during the study, indicating ongoing infections, and
31 antibody waning occurred in some animals. In terms of blood parameters, seropositive cattle exhibited
32 significantly lower mean corpuscular volume (MCV) and a higher neutrophil-lymphocyte (N/L) ratio,
33 suggesting an activation of the innate immune response. Furthermore, cattle with higher antibody
34 titers displayed higher neutrophil counts. This study provides for the first time a longitudinal
35 investigation on the serological status for *T. gondii* in naturally exposed beef cattle.. These findings
36 provide valuable insights into the clinico-pathological aspects of natural *T. gondii* exposure in cattle
37 and underscore the importance of monitoring and managing *T. gondii* infection in livestock
38 production systems.

39

40 **Keywords:** antibody, bovine, *T. gondii*, IFAT, haematology, neutrophil

41 **1. Introduction**

42 Toxoplasmosis is a worldwide zoonotic protozoan infection caused by the Apicomplexa *Toxoplasma*
43 *gondii*. Although the disease is usually asymptomatic in the most susceptible species, it can be life-
44 threatening in immunocompromised individuals and can result in abortion or birth of an affected child
45 if a primarily infected woman transmits the parasite to the foetus (Robert-Gangneux and Dardé, 2012;
46 Havelaar et al., 2015). In Felidae definitive hosts, after a primary infection, sexual replication occurs
47 in small intestine, resulting in the elimination of millions of environmentally resistant oocysts
48 (Dabritz and Conrad, 2010). Virtually all warm-blooded species, including humans, can act as
49 intermediate hosts. They will develop bradyzoite tissue cysts, after asexual replication, particularly
50 in muscle and nervous tissues (Dubey, 2020). Herbivorous intermediate hosts are of particular
51 importance for the epidemiology of the parasite. By acquiring the infection primarily through the
52 environmental route, they are an indicator of environmental contamination with oocysts and, in the
53 case of livestock species, a source of infection to humans through the consumption of
54 raw/undercooked meat (Tenter et al., 2000, Shapiro et al., 2019). Cattle play a singular role in this
55 parasitosis, with particular host-parasite dynamics and an unclear role in meat-borne transmission.
56 Infection of cattle with *T. gondii* most likely occurs through ingestion of sporulated oocysts spread in
57 pastures and other sources of feed and water (Stelzer et al., 2019). Exposure to the parasite is strongly
58 influenced by livestock husbandry, farm and dietary management. Risk factors for infection identified
59 in this species include extensive farming systems, the presence of cats and, drinking water sources
60 (Gilot-Fromont et al., 2009; Magalhães et al., 2016), leading to seroprevalence rates in Europe
61 ranging from 7.8 up to 83.3% (Klun et al. 2006; Gilot-Fromont et al. 2009; Berger-Schoch et al. 2011;
62 Garcia-Bocanegra et al., 2013; Jokelainen et al. 2017; Blaga et al. 2019, Gazzonis et al., 2020). There
63 is evidence of the importance of beef consumption in human infection, also in the context of outbreaks
64 (Smith, 1993; Baril et al., 1999; Cook et al., 2000; Belluco et al., 2017). Indeed, based on quantitative
65 risk assessment, beef was predicted to be the main source of meat-borne infections in the Netherlands

66 and Italy (Opsteegh et al., 2011a, Bellucco et al., 2018). Unfortunately, in contrast to other species,
67 serological data on *Toxoplasma* exposure in cattle are of limited use for consumer protection, as no
68 concordance has been shown between the detection of antibodies and the presence of viable tissue
69 cysts (Opsteegh et al., 2011b, 2019). The observed phenomenon can be attributed to the hypothesis
70 that cattle possess the ability to eliminate the parasite, resulting in the development of protective
71 antibody titres, once the parasite has been cleared from their tissues (Opsteegh et al., 2011b).
72 Additionally, available seroprevalence data in the literature suggest that cattle experience a moderate
73 level of exposure to the parasite without any clinical evidence of infection, with only a limited number
74 of congenital transmission cases documented, unlike in small ruminants that often present abortion
75 and symptomatic congenital infection (Canada et al., 2002; Costa et al., 2010; Stelzer et al., 2019).
76 The resistance mechanism observed in cattle infection is thought to be associated with the lethal
77 impact of neutrophil extracellular traps (NETs) on tachyzoites, which merely have an immobilizing
78 effect in sheep (Yildiz et al., 2017). Nevertheless, the specific pathological effects and dynamics of
79 antibody production during natural *Toxoplasma* infections in cattle remain poorly understood so far.
80 The aims of this study were to investigate the seroprevalence of *T. gondii* infection at three different
81 stages of the animals' productive lifespan in a population of beef cattle and to analyse the impact of
82 *T. gondii* serological status on blood parameters.

83

84 **2. Materials and Methods**

85 ***2.1 Housing and Management***

86 The research was conducted within a commercial fattening facility that housed Limousine bulls
87 imported from France. This facility was situated in the province of Modena, in the Po Valley region
88 of Italy, and the study period extended from November 2021 to May 2022. The housing system was
89 a semi-closed barn with 44 pens configured in a free stall system. Each pen had the maximum capacity
90 to stock 6 animals. The pens were arranged in close proximity, separated by iron bars to facilitate

91 interaction among animals in adjacent pens. The floor was slatted, with a pit beneath for manure
92 collection. Prior to introducing the animals, the pens underwent thorough cleaning and disinfection,
93 employing a pressure washer.

94 A total of 264 animals were delivered to the fattening unit facility in weekly shipments organized in
95 numerically diverse groups, spanning six consecutive weeks. These animals originated from various
96 farms across France, encompassing different regions within the country. The majority of these bulls
97 were primarily raised either on pastures or in indoor free stall systems with straw bedding.

98 Before their arrival in Italy, the bulls spent one day in a selection center in France, where they
99 underwent assessments related to their health status, age, and body weight. This selection process
100 aimed to create homogeneous groups of animals. Upon their entry into the fattening unit, the bulls
101 were approximately 11 months old and had an average weight of 400 kg. No quarantine period was
102 performed. At the arrival, animals were fed an adaptation diet in order to reduce dietary stressors
103 (Supplementary Table S1).

104 The production cycle lasted between 5 to 6 months. During this period, 14 bulls were euthanized due
105 to respiratory disease and 250 bulls finished the cycle and were slaughtered with 600kg.

106

107 ***2.2 Biosecurity assessment***

108 A biosecurity assessment was performed at arrival to the unit (T0) and 15 days after arrival (T1). An
109 adapted version of the Italian protocol for the assessment of beef cattle welfare included in the
110 ClassyFarm system (Bertocchi et al., 2020) was applied as previously reported (Masebo et al., 2023).
111 The used protocol included a list of 17 items: pests control measures, interaction with other animal
112 species, general precautions to the entrance of occasional visitors, general precautions to the entrance
113 of regular visitors, disinfection of vehicles upon entering the farm, possibility of contact between
114 foreign vehicles and farmed animals (< 20 m), carcass collection (< 20 m), live animal loading,

115 quarantine/housing management, control and prevention of most prevalent infectious diseases, health
116 monitoring activities, control and prevention of endo/ectoparasites, control and analysis of water
117 sources, cleaning of troughs/water point, storage buildings and rooms (hygiene, cleanliness and
118 management of housing environments and bedding) and origin of the drinking water (Supplementary
119 Table S2). For each item, a 2- or 3-point scale scoring system was applied (1=insufficient;
120 2=acceptable; 3=optimal). A value for each section was computed by summing the obtained score of
121 each item from each section or area. The obtained values were further converted into percentages. A
122 result below 59% indicated a poor status (=low), a result between 60 and 80% a medium status
123 (=medium), and a result over 80% a good status (=high).

124

125 ***2.3 Haematological investigation***

126 Blood samples from 88 animals were collected for haematological investigation at T0 and T1. Two
127 animals were randomly selected from each pen at T0, and the same subjects were again sampled at
128 T1. Samples were transferred to serum vacuum tubes for serological analyses and in EDTA vacuum
129 tubes for complete blood count (CBC) and then to citrate tubes for fibrinogen analysis. The following
130 parameters were analysed: RBC, haemoglobin, haematocrit (HCT), mean corpuscular volume
131 (MCV), mean corpuscular haemoglobin (MCH), mean corpuscular haemoglobin concentration
132 (MCHC), red cell distribution width (RDW), platelets (PLT), leukocytes (WBC), neutrophils,
133 monocytes, lymphocytes, eosinophils, basophils and fibrinogen.

134

135 ***2.4 Sampling at slaughter***

136 Five months after T0, cardiac blood samples were obtained at the slaughterhouse (T2), from 56 of the
137 88 animals that underwent a blood sampling at T0 and T1. Blood collection took place during the

138 heart excision process, where approximately 10-40 ml of blood was collected in a 50 ml falcon tube
139 and kept at room temperature until further processing.

140

141 ***2.5 Indirect fluorescent antibody test (IFAT)***

142 The blood samples were centrifuged at 2000 rpm for 25 minutes and the resulting serum was collected
143 and stored at -20 °C until further analysis. *Toxoplasma gondii* indirect fluorescent antibody test (IFAT)
144 for IgG was performed on serum samples, following the manufacturer's instructions (MegaFLUO
145 TOXO-PLASMA g, MegaCor Diagnostik, Hoerbranz, Austria). As conjugated, anti-cattle IgG
146 antibody diluted in PBS at concentration of 1:200 was used (Anti-Cattle IgG-FITC antibody, Sigma-
147 Aldrich, Saint Louis, MO). Serum samples with antibody titer \geq 1:40 were considered positive.

148

149 ***2.6 Statistical analysis***

150 Data were entered into a statistics program (JMP Pro 17). Descriptive statistics were generated: mean,
151 standard deviation (SD) and/or standard error (SE), median and interquartile range (25° and 75°) for
152 continuous data, and count and percentage for categorical data. For continuous variables, normality
153 was tested by the Shapiro-Wilk test and non-normally distributed variables were Box-Cox
154 transformed before the analysis according to previous reports (Raspa et al., 2022). The evaluation of
155 differences between the positive/negative to *T. gondii* and different IFAT titres was undertaken using
156 the Mixed Model Procedure. Each bovine was set as an experimental unit within the arrival group
157 and pen as nested factors. The seropositive/seronegative status for *T. gondii* (pos/neg) and different
158 IFAT titer (1:40/1:80/ \geq 1:160) was implemented as a fixed effect in separate models. After the
159 analysis, the normal distribution of the data was checked again for the resulting residuals. Means are
160 reported as least square mean and pairwise multiple comparisons were performed using Tukey-test
161 as a post hoc test when a significance was detected. The nominal logistic model was used for

162 categorical variables using the same discriminant as before mentioned. A p-value ≤ 0.10 was
163 considered a tendency; a p-value ≤ 0.05 was considered statistically significant; and a p-value ≤ 0.01
164 was considered highly significant.

165 Principal component analysis (PCA) (correlation matrix) was used to reduce the variables to factors
166 as previously reported (Vinassa et al., 2020); data assumption for multivariate normality was checked
167 using Keiser-Meyer-Olkin (KMO) and Barlett tests, which were performed to test the suitability of
168 the data for structure detection.

169

170 **3. Results**

171 **3.1. Biosecurity assessment**

172 The biosecurity assessment did not vary between T0 and T1. Biosecurity was scored as medium with
173 a 61% value in both T0 and T1 (Supplementary Table S1).

174

175 **3.2. Distribution of serological status and IFAT titres for *Toxoplasma gondii***

176 The distribution of serological status for *T. gondii* is shown in Figure 1A. The percentage of
177 seropositive animals at T0 was 30.6%, and increased at T1 to 44.6%, when the percentage of
178 seropositive animals were almost equal to that of the seronegative group. Finally, at T2, the percentage
179 of seropositive animals was 39.3%. Due to challenges faced during the slaughtering process, the total
180 number of animals collected and tested at T2 was slightly lower (56/88) compared to the numbers
181 obtained during the other two sampling events in the barn.

182 The distribution of IFAT titres in the seropositive group for *T. gondii* were as follow: at T0 51.2%
183 (1:80) followed by 40.7% (1:40) and 7.4% (1:160) as the maximum titre; at T1, the animals with a
184 titre of 1:40 slightly increased reaching the 43.2% followed by the ones with a titre of 1:160 (29.7%),

185 1:80 (16.2%), 1:320 (8.1%) and finally 1:1280 (2.7%); finally at T2, the percentage of animals with
186 a titre of 1:40 increased again as the most common category (54.6%), followed by animals with titres
187 \geq 1:80. Seroconversion occurred in 13 animals (14.6%) from T0 to T1, and in 5 (6%) from T1 to T2.
188 No animals lost detectable antibody titre from T0 to T1, while at T2, 12 (14.5%) bulls previously
189 positive tested negative for IgG (Fig. 1B).

190

191 ***3.3. Effect of the *Toxoplasma gondii* serological status on blood analysis***

192 The effect of *T. gondii* serological status (positive vs negative) on haematological analysis is shown
193 in Table 1. There was a statistically significant effect (p-value <0.05) on MCV and N/L ratio. MCV
194 was significantly lower and N/L ratio was significantly higher in seropositive compared with
195 seronegative cattle. There was also a trend effect (p-value <0.10) on MCH and neutrophils. MCH and
196 neutrophils tended to be higher in seropositive cattle.

197

198 ***3.4. Effect of different IFAT titres of *Toxoplasma gondii* on blood analysis***

199 There was a significant effect (p-value <0.05) of the different titres on neutrophils and N/L ratio
200 (Table 2). The neutrophils and consequently the N/L ratio were significantly higher in cattle with
201 titres >1:160 compared to cattle with titres of 1:80 and 1:160.

202

203 ***3.5. Principal component analysis***

204 PCA was performed to explain the variability in the blood analysis and to correlate each blood
205 parameter according to serological status for *T. gondii*. The suitability of the data for PCA was
206 evaluated (KMO = 0.80; Barlett's test, p < 0.01). Figure 2 shows that PCA separated the blood
207 parameters on the first principal component (PC1): component 1 explains 24.6% of the variance of

208 the data, and component 2 (PC2) another 16.3%, for a total of 40.9% of variability of variance. Table
209 3 shows the loadings of the variables of the first and second principal components, and how each
210 variable contributes to each component. Even though the obtained PCA showed a small effect, three
211 different patterns were identified. Cattle with titres >1:160 showed a greater number of eosinophils,
212 lymphocytes, WBC, basophils, monocytes and neutrophils, while cattle with a titre of 1:80 showed a
213 correlation with MCV and fibrinogen. Finally, cattle with titres of 1:40 or seronegative showed no
214 effect on the considered blood parameters.

215

216 **4. Discussion**

217 The present study consisted in a longitudinal investigation on the serological status for *T. gondii* in
218 beef cattle naturally exposed at three different stages of the productive cycle. We observed a relatively
219 high seroprevalence of *T. gondii* infection among cattle at T0, with 30.6% of the animals tested
220 positive. This initial prevalence suggest that animals were already infected at arrival to the fattening
221 unit. However, the most noteworthy finding was the increase in seropositivity observed at T1, where
222 44.6% of the cattle tested positive for *T. gondii* antibodies. Considering the kinetics of IgG, this rise
223 in seropositivity at T1 implies that some cattle may have become infected at the time of arrival in the
224 fattening unit, during the transport, or immediately before the shipping. Furthermore, we identified a
225 subset of animals (5 in total) that underwent seroconversion from T1 to T2, indicating that these
226 individuals likely acquired the infection during their time in the fattening unit rather than before their
227 arrival. Interestingly, when comparing T1 with T2, a slight decrease in seroprevalence at T2 was
228 noticed. This reduction suggests that some cattle may have lost detectable antibody titres by the time
229 of slaughter, potentially indicating a waning of the immune response or clearance of the infection in
230 these individuals. Overall, these findings highlight the dynamic nature of *T. gondii* infection in
231 fattening cattle, with evidence of both new infections and antibody waning over the course of their
232 productive cycle.

233 Estimates of seroprevalence in cattle, when obtained by highly specific assays, may be useful for
234 monitoring exposure of bovines to *T. gondii*. Different serological techniques have been
235 recommended and considered suitable for the confirmation of exposure to *T. gondii* in cattle such as
236 IFAT, modified agglutination test (MAT) and enzyme linked immunosorbent assay (ELISA) (WOAH,
237 2017). Nevertheless, results of seropositivity should be interpreted with caution, as studies using
238 bioassay experiments on naturally exposed cattle indicate that the overwhelming majority of
239 seropositive cattle do not show evidence of viable *T. gondii* infection (Boch et al., 1965; Dubey et al.,
240 2005; Dubey and Streitl, 1976; Jacobs and Moyle, 1963; Opsteegh et al., 2019). On the contrary,
241 there are a limited number of studies of naturally exposed cattle in which positive *T. gondii* bioassays
242 indicate viable infection (Arias et al., 1994; Catar et al., 1969; de Macedo et al., 2012; Dubey, 1992;
243 Jacobs et al., 1960). Therefore, identification of *T. gondii* genomic material without positive bioassays
244 should not be considered as conclusive of infection and consequently does not provide an indication
245 of risk for the consumer (Opsteegh et al., 2019; Stelzer et al., 2019).

246 Herein within the seropositive group, the most prevalent IFAT titre at T0 was 1:80, and at T1 and T2
247 was 1:40. Moreover, seroconversion occurred in 14.6% of cattle from T0 to T1, and in 6% from T1
248 to T2. No animals lost detectable antibody titre from T0 to T1, while at T2 14.5% became seronegative
249 for IgG. Therefore, our results suggest that cattle might become infected with *T. gondii* but are able
250 to clear the infection followed by a decline of antibody titres. The host-*T. gondii* interaction in cattle
251 is poorly understood and only few studies have investigated the antibody kinetics (Dubey et al., 1985;
252 Opsteegh et al., 2011a). It has been observed that the dynamics of anti-*T. gondii* antibody levels in
253 cattle are influenced by age, with infected adult cattle typically exhibiting low antibody titres (Dubey
254 et al., 1985). Additionally, it could be postulated that calves exposed to low doses of parasite early in
255 life, which may result in the generation of a relatively weak protective immunological response, could
256 experience seronegativization during their relatively short lifespan, as observed in our case (16-18
257 months).

258 The fact that an increase in seroprevalence was observed during the five months of the fattening
259 period may indicate that some risk factors may have been present in the investigated fattening farm
260 leading to *T. gondii* infection of the cattle. In the biosecurity assessment, the main risk factors
261 identified were inadequate rodent and insect control measures, the possibility of contact with other
262 animal species such as cats, and the possibility of contamination of drinking water in case of failure
263 of the central water supply (use of a storage tank). The presence of cats (Gilot-Fromont et al., 2009;
264 Magalhaes et al., 2016; Sun et al., 2015) and rodents (Sun et al., 2015) on farms are considered
265 important risk factors for infection of cattle. In addition, access to water from a reservoir has also
266 been identified as a potential risk factor (Magalhaes et al., 2016).

267 In respect to the blood parameters, MCV was significantly lower and N/L ratio was significantly
268 higher in seropositive compared with seronegative cattle and the MCH and neutrophils tended to be
269 higher in seropositive cattle. Furthermore, the neutrophils and consequently the N/L ratio were also
270 significantly higher in cattle with titres >1:160 compared to cattle with lower titres. These results
271 related to neutrophils indicate an activation of the innate immune response in the *T. gondii* positive
272 animals. An effective innate immune response plays a crucial role in the early recognition of *T. gondii*
273 (Wilson, 2012). Neutrophils, essential components of the innate immune system, are produced in the
274 bone marrow and despite their relatively short lifespan, they rapidly accumulate at the site of infection
275 employing diverse strategies to fight invading pathogens (Mantovani et al., 2011). Their primary
276 function revolves around phagocytosis, wherein pathogens taken up by neutrophils are subsequently
277 eradicated within the phagolysosome through the actions of enzymes and proteins (Brinkmann and
278 Zychlinsky, 2012). Neutrophilia, a common occurrence during numerous infections, was observed in
279 our study in association with seropositivity and higher antibody titres. This phenomenon may be
280 linked to recent toxoplasmic infections, where IgGs have yet to be fully developed. A limitation of
281 our study lies in the absence of IgM research, which is more closely related to the acute phase of
282 infection. In the context of toxoplasmosis, neutrophils appear to hold particular significance. *T. gondii*

283 tachyzoites have been shown to induce the formation of extracellular trap structures in murine and
284 human neutrophils (NETs) (Abi Abdallah et al., 2011; Manda et al., 2014). These extracellular traps
285 not only physically entrap tachyzoites, preventing host cell invasion, but also exert detrimental effects
286 on the viability of the trapped tachyzoites (Abi Abdallah et al., 2011). Furthermore, it was
287 demonstrated that NET structures released from sheep polymorphonuclear leukocytes (PMNs) led to
288 the mechanical immobilization of *T. gondii* tachyzoites, while NET structures released from cattle
289 PMNs appeared to have lethal effects on the tachyzoites (Yildiz et al., 2017). It might be premature
290 and speculative to establish a direct link between our research findings and the role of NETosis in
291 bovine toxoplasmosis. However, our study does provide valuable insights suggesting a discernible
292 association between neutrophils and seropositivity for *T. gondii* antibodies in cattle. This observation
293 contributes to a better understanding of the clinico-pathological aspects of naturally exposure of *T.*
294 *gondii* in cattle.

295

296 **5. Conclusion**

297 This study evaluates for the first time the antibody kinetics for *T. gondii* at three different time points
298 of the production cycle of fattening cattle. The high seroprevalence of *T. gondii* infection among cattle
299 at T0, with an increase in T1 and a slight decrease in T2 emphasize the dynamic nature of *T. gondii*
300 infection in cattle, with evidence of both new infections and antibody decay during the production
301 cycle. In addition, it was observed that the same titer varies in different samplings over time,
302 suggesting that this species has a peculiar antibody dynamic.

303 Regarding blood parameters, the N/L ratio was significantly higher and the number of neutrophils
304 tended to be higher in seropositive cattle. In addition, the number of neutrophils was significantly
305 higher in cattle with higher titers for *T. gondii*. Overall, our findings suggest an activation of the innate
306 immune response in the *T. gondii* seropositive animals. Further studies are needed to better understand
307 the specific behavior of neutrophils in cattle exposed to *T. gondii*.

308 **CRedit authorship contribution statement**

309 Filippo M. Dini: Conceptualization, Formal analysis, Investigation, Methodology, Validation,
310 Writing – original draft, Writing – review & editing. Joana G.P. Jacinto: Conceptualization, Data
311 curation, Investigation, Resources, Writing – original draft, Writing – review & editing, Funding
312 acquisition, Resources. Damiano Cavallini: Investigation, Methodology, Validation; Andrea
313 Beltrame: Investigation, Methodology, Validation; Flavia S. Del Re: Investigation, Methodology,
314 Validation; Laura Abram: Investigation, Methodology, Validation; Arcangelo Gentile:
315 Conceptualization, Investigation, Methodology, Validation; Roberta Galuppi: Conceptualization,
316 Formal analysis, Investigation, Methodology, Validation, Writing – review & editing, Funding
317 acquisition, Resources, Project administration.

318

319 **Declaration of Competing Interests**

320 The authors declare that they have no known competing financial interests or personal relationships
321 that could have appeared to influence the work reported in this paper. The authors declare no
322 competing interests.

323 **Ethical Approval**

324 Not applicable

325 **Funding**

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327 **Availability of data and materials**

328 Not applicable

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332

333 **Supplemental Information (SI)**

334 **Supplementary Table S1:** Analysis of the adaptation TMR diet (T0 and T1) and chemical analysis.

335 **Supplementary Table S2:** Check-list used to perform the biosecurity assessment.

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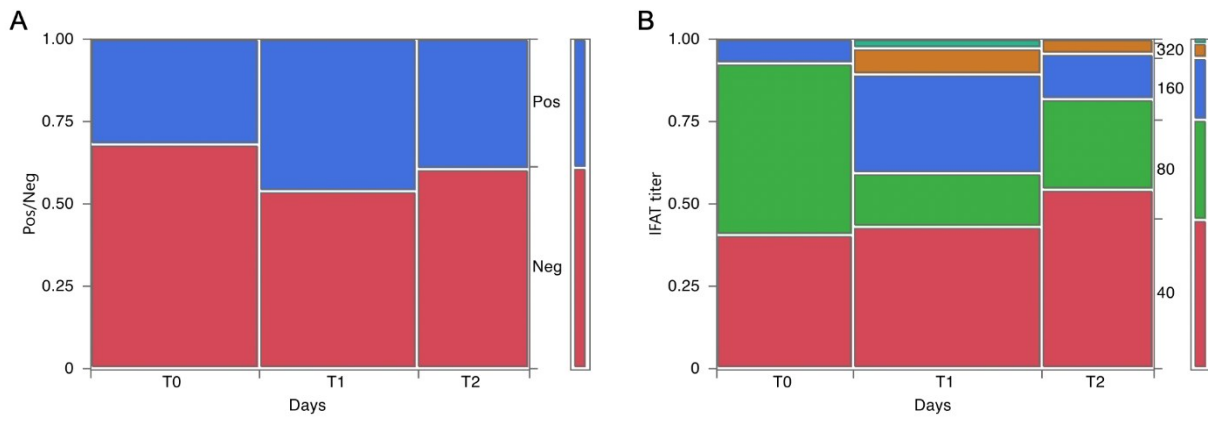
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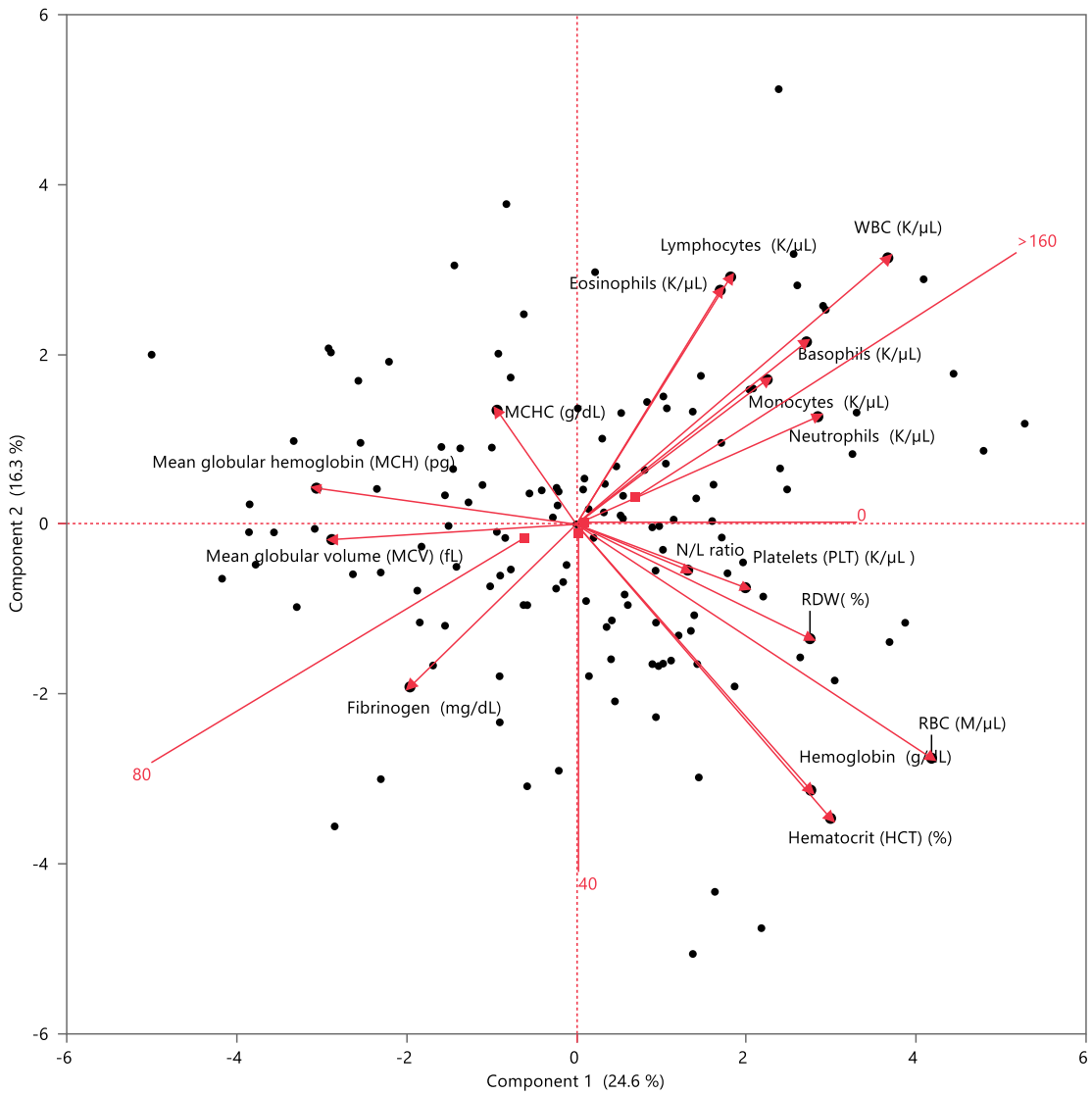
471 **Figures**



472

473 **Figure 1: Contingency Analysis comparing the distribution of serological status for *Toxoplasma***
474 ***gondii* (A) and the IFAT titers in the seropositive cattle (B) at T0, T1 and T2.**

475



476

477 **Figure 2: Principal component analysis biplot (PC1 and PC2) performed on blood parameters**

478 **according to serological status for *Toxoplasma gondii***

479

Table 1: Effect of the serological status for *Toxoplasma gondii* on the blood analysis

| Parameter | | <i>T. gondii</i> Neg. | <i>T. gondii</i> Po.s | p-value |
|-------------------|----------------------|-------------------------|-----------------------|---------|
| RBC (M/ μ L) | Mean \pm SD | 9.82 \pm 1.34 | 9.71 \pm 1.04 | 0.65 |
| HGB (g/dL) | Mean \pm SD | 12.07 \pm 1.21 | 11.94 \pm 1.13 | 0.83 |
| HCT (%) | Mean \pm SD | 39.76 \pm 4.31 | 38.67 \pm 3.66 | 0.7 |
| MCV (fL) | Mean \pm SD | 40.6 \pm 3.06 | 40 \pm 2.37 | 0.04 |
| MCH (pg) | Median [Min.-Max] | 12.2 [11.6-13.08] | 12.4 [11.7-12.95] | 0.07 |
| MCHC (g/dL) | Mean \pm SD | 30.4 \pm 1.33 | 30.9 \pm 1.1 | 0.13 |
| RDW (%) | Mean \pm SD | 24.06 \pm 1.84 | 24.06 \pm 1.86 | 0.91 |
| PLT (K/ μ L) | Median [Min.-Max] | 283 [150-408.5] | 151.5 [151.5-428] | 0.29 |
| WBC (K/ μ L) | Median [Min.-Max] | 9.24 [7.81-11.73] | 9.29 [7.73-10.64] | 0.72 |
| NEU (K/ μ L) | Median [Min.-Max] | 3.42 [2.76-4.65] | 3.77 [2.93-5.2] | 0.08 |
| MONO (K/ μ L) | Median [Min.-Max] | 1.23 [0.95-1.46] | 1.1 [0.9-1.35] | 0.38 |
| LYM (K/ μ L) | Mean \pm SD | 4.37 \pm 1.64 | 3.83 \pm 1.42 | 0.2 |
| EOS (K/ μ L) | Median [Min.-Max] | 0.13 [0.05-0.29] | 0.1 [0.06-0.3] | 0.59 |
| BASO (K/ μ L) | Median [Min.-Max] | 0.07 [0.05-0.1] | 0.07 [0.05-0.11] | 0.93 |
| FIBR (mg/dL) | Median [Min.-Max] | 916.2 [661.8-1348.2] | 826.5 [636-1111.8] | 0.28 |
| N/L ratio | Median [Min.-Max] | 0.85 [0.59-1.18] | 1.04 [0.69-1.74] | 0.03 |

481 Abbreviations: Neg=negative, Pos=positive, RBC= Red blood cell, HGB= Hemoglobin,
 482 HTC=Hematocrit, MCV = Mean corpuscular volume, MCH= Mean corpuscular hemoglobin,
 483 MCHC= Mean corpuscular hemoglobin concentration, RDW= Red blood cell distribution width,
 484 PLT= Platelets, NEU= Neutrophils, WBC= white blood cells, MONO=Monocytes,
 485 LYM=Lymphocytes, EOS=Eosinophils, BASO= Basophils, FIBR=Fibrinogen, N/L ratio=
 486 Neutrophils : Lymphocytes ratio, M/ μ L= 10^6 per microliter ,%,=percentage, K/ μ L= 10^3 per microliter,
 487 g/dL= grams per deciliter, fL= femtoliter, pg= picogram, mg/dL=milligram per decilitre

488

489 **Table 2: Effect of different serological titre *Toxoplasma gondii* on the blood analysis**

| Parameter | | 40 | 80 | ≥ 160 | p-value | Reference Range |
|------------------|----------------------|---------------------|---------------------|---------------------|---------|-----------------|
| NEU (K/ μ L) | Median [Min.-Max] | 3.37 [2.6-3.87] | 4.01 [2.93-4.55] | 5.39 [3.75-8.16] | 0.03 | 1.8-6.3 |
| N/L ratio | Median[Min.- Max] | 0.65 [0.85-1.23] | 0.85 [0.59-1.18] | 1.02 [1.97-1.41] | 0.02 | 0.4-2.34 |

490

491 Abbreviations: NEU= Neutrophils, N/L ratio= Neutrophils : Lymphocytes ratio, K/ μ L= 10^3 per
 492 microliter

493

494 **Table 3: Principal component analysis loadings of blood parameters according to serological**
 495 **status for *Toxoplasma gondii***

| Parameter | PCA1 (24.6%) | PCA2 (16.3%) |
|------------------|--------------|--------------|
| RBC (M/ μ L) | 39.9% | -32.3 |
| HGB (g/dL) | 26.3% | -36.7% |
| HCT (%) | 28.6% | -40.6% |
| MCV (fL) | -27.5% | -2.1% |

| Parameter | PCA1 (24.6%) | PCA2 (16.3%) |
|-------------------|---------------------|---------------------|
| MCH (pg) | -29.2% | 5% |
| MCHC (g/dL) | -8.9% | 15.7% |
| RDW (%) | 26.3% | -15.8% |
| PLT (K/ μ L) | 19% | -8.7% |
| WBC (K/ μ L) | 35% | 36.8% |
| NEU (K/ μ L) | 27.1% | 14.9% |
| MONO (K/ μ L) | 21.4% | 20% |
| LYM (K/ μ L) | 17.3% | 34.1% |
| EOS (K/ μ L) | 16.2% | 32.3% |
| BASO (K/ μ L) | 25.9% | 25.2% |
| FIBR (mg/dL) | -18.7% | -22.4% |
| N/L ratio | 12.5% | -6.3% |

496 Abbreviations: RBC= Red blood cell, HGB= Hemoglobin, HTC=Hematocrit, MCV = Mean
497 corpuscular volume, MCH= Mean corpuscular hemoglobin, MCHC= Mean corpuscular hemoglobin
498 concentration, RDW= Red blood cell distribution width, PLT= Platelets, NEU= Neutrophils, WBC=
499 white blood cells, MONO=Monocytes, LYM=Lymphocytes, EOS=Eosinophils, BASO= Basophils,
500 FIBR=Fibrinogen, N/L ratio= Neutrophils : Lymphocytes ratio, M/ μ L= 10^6 per microliter
501 ,%,=percentage, K/ μ L= 10^3 per microliter, g/dL= grams per deciliter, fL= femtoliter, pg= picogram,
502 mg/dL=milligram per decilitre

503

504 **Supplementary Table S1.** Analysis of the adaptation TMR diet (T0 and T1) and chemical analysis.

| TMR | Feed, kg af |
|----------------------------------|--------------------|
| Wheat silage | 3.5 |
| Meadow hay ¹ | 1.2 |
| Wheat straw | 1.1 |
| Beat pulp | 1.3 |
| Corn, finely ground ² | 1.1 |
| Soybean meal | 0.5 |
| Cane molasses ³ | 0.5 |
| Min&Vit Premix | 0.3 |
| Nutrients, %DM | |
| DM | 70.07 |
| UFC | 0.81 |
| CP ⁴ | 11.25 |
| Ash | 8.78 |
| EE ⁵ | 2.06 |
| Starch | 13.57 |
| Sugars | 7.37 |
| NDF ⁶ | 39.21 |
| ADF ⁷ | 25.79 |
| ADL ⁸ | 3.45 |

505 ¹ the quality of the hay was checked to ensure the absence of molds and spores (Cavallini et al. 2022).

506 ² the corn was below the EU maxim tolerable level (Girolami et al. 2022). ³ molasses were properly
 507 characterized (Palmonari et la. 2021). ⁴ Crude protein. ⁵ ether extract. ⁶ neutral detergent fiber. ⁷ acid
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Supplementary Table S2. Check-list used to perform the biosecurity assessment.

| | | T0 | T1 |
|----|---|---|----|
| | AREA | BIOSECURITY | |
| | Items | Level | |
| 1. | Rodent and insect control measures | Total absence of control measures | |
| | | Presence of rough and minor control measures (absence of written plans) | 2 |
| | | Presence of defined and effective procedures supported by written manual and recording system | |
| 2. | Contact with other animal species | Yes, the contact is frequent and evident | |
| | | No, contact may occur but is not evident at the time of the visit such as cats | 2 |
| | | No, the farm is well protected (fences, etc.); no other animal species are present on the farm perimeter, and no contact with herds of the same species or other animals | |
| 3 | General precautions at the entrance of occasional visitors | Total absence of measures | |
| | | Presence of minor procedures (absence of written plans) | 2 |
| | | Presence of defined and effective procedures supported by written and recording system manual | |
| 4 | General precautions at the entrance of regular visitors | Total absence of measures | |
| | | All visitors are required to wear disposable footwear before entering the farm or use boots that are on the farm for their exclusive personal use | 2 |
| | | All visitors must pass through a changing area and are required to wear disposable footwear and clothes provided by the farm or use clothing and boots that remain on the farm for their exclusive personal use | |
| 5. | Disinfection of vehicles upon entering the farm | Absence of disinfection facilities | 1 |
| | | Presence of non-specific disinfection facilities or used of disinfection aids only when necessary | |
| | | Presence of specific, fixed and routinely used disinfection facilities | |
| 6. | Possibility of contact between foreign vehicles and farmed animals (< 20 m) | Yes | 1 |
| | | No | |
| 7. | Carcass collection (< 20 m) | Yes, vehicles used to remove the carcasses have direct/indirect contact with cattle (< 20 m distance) | 1 |

| | | | | |
|-----|---|---|---|---|
| | | No, vehicles used to remove the carcasses are stopped at the border of the farm w (>20m distance) | | |
| 8. | Live animal loading (i.e. for sale) | Loading is carried out close to the housing premises where the animals are kept (<20 m) | 1 | 1 |
| | | Loading is carried out away from the housing premises where the animals are kept (>20 m) | | |
| 9. | Quarantine/Housing management | No quarantine for new entering animals | 1 | 1 |
| | | Partial/minor quarantine measures (i.e. designated area not separated from the areas where the other cattle are kept, quarantine is too short, no biological tests) | | |
| | | Proper quarantine measures, adequate in time and facilities (i.e. designated area separated from the areas where the other cattle are kept, adequate duration of the quarantine, biological tests) | | |
| 10. | Control and prevention of most prevalent infectious diseases | No knowledge of most prevalent infectious diseases or no information of the herd health status | | |
| | | Partial knowledge and/or presence of undefined plans (i.e., approximate, random, and not continuous over time) | | |
| | | Knowledge of at least three diseases prevalence in the herd; in addition, application of proper operational plans of prevention and control on at least two of them (vaccination plan, plan for dealing of infected animals, eradication plan, etc.). | 3 | 3 |
| 11. | Health monitoring activities (Verify the farm's habit of submitting pathological material, fetuses, carcasses, and blood samples to the reference testing laboratory; the farmer must be in possession of an analytical result from the last 12 months) | Absence | | |
| | | Presence of analysis on pathological material | 2 | 2 |
| 12. | Control and prevention of endo/ectoparasites | No knowledge and absence of prevention/control plans | | |
| | | Partial knowledge and/or presence of random control and prevention plans (i.e. approximate, random, and not continuous over time) | | |
| | | Knowledge of most prevalent parasites on the farm and prevention performed following laboratory tests | 3 | 3 |
| 13. | Control and analysis of water sources | Absence of water analysis | | |

| | | | | |
|------------------------------|--|---|-----|-----|
| | | Drinking water comes from the central supply system or from other sources and the quality of the water is checked at least once a year | 2 | 2 |
| 14. | Cleaning of troughs/water point | Presence of dirt on the surface and walls of troughs/water point | | |
| | | Presence of food only on the water surface or only on the bottom. The water still remains clear | 2 | 2 |
| | | Absence of dirt, clean troughs/water point and clear water | | |
| 15. | Storage buildings and rooms: hygiene, cleanliness and management of housing environments and bedding | Inadequate: Dirty, unmanaged and/or animal-harmful housing and bedding environments | | |
| | | Adequate: Fairly clean and sufficiently managed housing and/or bedding environments and/or clean grid in almost all groups | 2 | 2 |
| | | Optimum: Clean, dry and optimally managed housing and bedding environments with frequent material changes | | |
| 16. | Origin of the drinking water | only one drinking water source and no storage tank | | |
| | | Only one drinking water source but presence of a storage tank that guarantees a sufficient water supply in case of disruption of the water source | 2 | 2 |
| | | presence of two or more drinking water sources | | |
| TOTAL obtained | | | 27 | 27 |
| TOTAL obtained in percentage | | | 61% | 61% |

Abbreviations: T0 = Assessment at day 2 after arrival; T1=Assessment at day 15 after arrival.






Chapter 6.2

A Case of Bovine Eosinophilic Myositis (BEM) Associated with Co-Infection by *Sarcocystis hominis* and *Toxoplasma gondii*

Dini FM, Caffara M, Jacinto JGP, Benazzi C, Gentile A, Galuppi R. (2023). A Case of Bovine Eosinophilic Myositis (BEM) Associated with Co-Infection by *Sarcocystis hominis* and *Toxoplasma gondii*. *Animals*. 13 (2): 311. doi:10.3390/ani13020311.

Article

A Case of Bovine Eosinophilic Myositis (BEM) Associated with Co-Infection by *Sarcocystis hominis* and *Toxoplasma gondii*

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Simple Summary: In this study, a peculiar case of bovine eosinophilic myositis (BEM) observed in a beef cattle is described. BEM is a specific inflammatory myopathy, often associated with *Sarcocystis* spp., with multifocal gray-green lesions that can lead to considerable economic losses and public health issues. Through histological, molecular, and serological analyses, we confirmed the first detection of *T. gondii* DNA in a case of BEM, associated with the coinfection by *S. hominis*. Molecular results highlighted DNA of both pathogens within the lesion, in healthy muscle and or in the meat juice pellets, drawing attention to the possible role that a co-infection of *T. gondii* with *Sarcocystis* sp. may play in evoking BEM lesions.

Abstract: Bovine eosinophilic myositis (BEM) is a specific inflammatory myopathy, often associated with *Sarcocystis* spp., with multifocal gray-green lesions leading to carcass condemnation with considerable economic losses. Here is described a peculiar case of BEM that occurred in an adult (16 month) cattle, born in France, bred, and slaughtered in Italy at the end of 2021. On inspection, muscles showed the typical multifocal gray-green lesions that were sampled for, cytological, histological, and molecular investigations, while meat juice was subjected to IFAT for *Toxoplasma* IgG. Genomic DNA was extracted from lesions, portions of healthy muscle and from meat juice pellet and analyzed by PCR targeting 18S rDNA, COI mtDNA and B1 genes, and sequenced. The cytology showed inflammatory cells mostly referable to eosinophils; at histology, protozoan cysts and severe granulomatous myositis were observed. A BEM lesion and meat juice pellet subjected to PCR showed, concurrently, sequences referable both to *S. hominis* and *T. gondii*. Meat juice IFAT resulted negative for *T. gondii* IgG. Our findings highlight the first detection of *T. gondii* DNA in association with *S. hominis* in a BEM case, suggesting a multiple parasite infection associated with this pathology, although the actual role of *T. gondii* infection in the pathophysiology of the diseases should be clarified.

Keywords: *Sarcocystis hominis*; *Toxoplasma gondii*; BEM; cattle; meat-safety; Apicomplexa



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1. Introduction

Sarcocystis is an Apicomplexan parasite infecting several hosts including humans. Among the more than 200 *Sarcocystis* species at least six are recognized as infecting bovine muscular tissue, namely, *S. hirsuta*, *S. bovifelis*, *S. bovini*, *S. cruzi*, *S. hominis* and *S. heydorni*. Felids serve as definitive hosts of the first three species, canids are definitive hosts of *S. cruzi*, while *S. hominis* and *S. heydorni* are zoonotic [1–3].

Over the past few years, several species of *Sarcocystis* associated with eosinophilic lesions in bovine muscles have been reported. Their identification has been based on histological observation of the cyst wall thickness, separating the species forming thick-walled (2–7 µm) sarcocysts and thin-walled (<1 µm) sarcocysts [4]. The most common *Sarcocystis* species in cattle belonging to the first group are *S. hominis*, *S. bovifelis*, *S. bovini* and *S. hirsuta* [4–6], while the second group includes *S. cruzi* and *S. heydorni* [7,8]. As some of the abovementioned species forming thick- (*S. bovifelis* and *S. bovini*) and thin- (*S. heydorni*)

walled cysts have been recently described, misidentification may have occurred in the past with reference to etiology of bovine eosinophilic myositis [9].

Bovine eosinophilic myositis (BEM) is a specific inflammatory myopathy characterized by typical grey-green lesions in cattle muscles, visible during *post-mortem* inspection [4]. Although the etiology of the eosinophilic myositis remains uncertain [9], this condition in cattle is often associated with *Sarcocystis* sp. infection and can lead to carcass condemnation [10]. It has been hypothesized that the pathogenesis is linked with cysts' degeneration together with the establishment of a hypersensitivity response towards the parasite [11]. Supporting this hypothesis is the finding of intralesional *Sarcocystis* species inside the eosinophilic granulomatous lesions [4,5,7] and the ability of *Sarcocystis* sp. antigens to induce an eosinophilic granulocyte-mediated immune response [12]. However, except for the latter study, BEM has never been reported during experimental infection with *Sarcocystis* [11]. The prevalence of BEM is very low worldwide, ranging from 0.002 up to 5% [5], while the prevalence of *Sarcocystis* sp. infection in cattle is extremely high, with values in Italy ranging from 67.8% up to 95% [1,13–16]. A possible explanation of this discrepancy could be that BEM may be associated with one or more specific *Sarcocystis* species [5], including those that are zoonotic. For this reason, the correct identification of the species involved in BEM is crucial in order to assess the risk for the consumer of eating raw or undercooked meat [13,17].

So far sequencing the 18S rDNA has been widely used for *Sarcocystis* species identification, even if several authors pointed out that misidentification may occur due to high conservative characters of this gene, as for example among *S. bovini*, *S. bovifelis* and *S. hominis* [6,18–20]. Therefore, cytochrome C oxidase subunit I mitochondrial (COI mtDNA) gene has recently been exploited as a useful genetic marker for the Sarcocystidae and has proved to be useful in resolving unclear species boundaries of closely related *Sarcocystis* spp. in different hosts [2,18,21,22]. In the wake of this evidence, molecular techniques have been recently developed to clarify the identification of *Sarcocystis* species infecting cattle, confirming the higher discriminatory power of COI mitochondrial gene for *Sarcocystis* species identification [23]. A novel species-specific multiplex PCR assay for the simultaneous identification of all the species of the genus *Sarcocystis* reported in cattle in Italy has been recently developed by Rubiola et al. [19]. Through this new molecular approach, during an investigation on the presence of *Sarcocystis* species in BEM cases, the presence of *S. bovifelis* and *S. hominis* has been observed and seems to be considerably higher in specimens isolated from BEM condemned carcasses than in samples isolated from randomly sampled slaughter cattle [1]; anyway, *Sarcocystis* species seem to be predominant in different geographical areas [9].

Furthermore, possible co-infections between *Sarcocystis* spp. and other Apicomplexa parasites, such as *Toxoplasma gondii* have been described in cattle [24–27]. *Toxoplasma gondii* is a widespread zoonotic protozoon that can also lead to important economic impacts in livestock, causing mainly reproductive failure in small ruminants [28]. In contrast to small ruminants, cattle appear to be largely resistant to *T. gondii* infections and rarely showed the presence of tissue cysts [29]. Reports on clinical toxoplasmosis in naturally infected cattle are rare and comprised only abortions in association with the isolation of *T. gondii* from the fetuses [30].

Our study presents a severe case of BEM in a Limousine bull imported from France and fattened and slaughtered in Italy by characterizing in detail the gross-pathological, cytological and histological features and by identifying the associated etiology by serologic and molecular analysis.

2. Materials and Methods

2.1. Source Material

Portions of muscle (*gluteus*, *semimembranosus*, and *semitendinosus*) from a clinically healthy 16-month-old Limousine bull were conferred at the Department of Veterinary Medical Sciences of Bologna University because of suspected sarcosporidiosis. The bull was

born in France and imported to a fattening unit in the province of Verona (Italy) at the age of 10 months to be fattened and then slaughtered. No signs of disease were observed during the entire period of fattening in Italy and no differences in body weight were noticed when compared to the cohort animals. The carcass was rejected at slaughterhouse inspection due to the presence of macroscopic nodular green lesions on most muscle masses.

2.2. Gross Pathology, Cytology and Histology Investigation

A gross-pathologic examination of the skeletal muscles of the Limousine bull was carried out. Smears and impressions of different lesion were performed, fixed and stained with May-Grunwald Giemsa. Samples from both affected areas and healthy muscle were collected for histology. The samples were fixed in 10% neutral buffered formalin, trimmed, embedded in paraffin wax, sectioned at 3–4 μm , and stained with hematoxylin and eosin (H&E) for histological evaluation.

2.3. Meat Juice Extraction and Serology

Portions of the skeletal muscle (approximately 1 kg) were frozen in a plastic bag at $-20\text{ }^{\circ}\text{C}$ immediately after sampling and thawed at $+4\text{ }^{\circ}\text{C}$ overnight for collecting meat juice. After defrosting, approximately 1.5 mL of meat juice from the bag was transferred into sterile tubes (Eppendorf, Hamburg, Germany). Meat juice tubes were then centrifuged at 2500 rpm for 15 min to remove coarse particles, and the supernatant were tested by Immunofluorescence Antibody test (IFAT) by commercial antigen (Mega Cor Diagnostik, Horbranz, Osterreich) consisting of tachyzoites cultured on Vero cells and, as a conjugate, rabbit anti-bovine IgG (Sigma Immunochemicals, St. Louis, MO, USA) bound to fluorescein isothiocyanate (FITC) and diluted 1/300. An initial dilution of 1:4 (cut off) was used for the meat juice. The pellet was stored at $-20\text{ }^{\circ}\text{C}$ for downstream analyses.

2.4. Molecular Investigations

Genomic DNA was purified from different parts of the muscle: four samples from macroscopic lesions (ML) and four from muscle macroscopically healthy (HM), of 25 mg each, and one meat juice pellet (MJ), approximately 200 μL , using Pure Link[®] Genomic DNA Mini kit (Invitrogen by Thermo Fisher), according to the manufacturer's protocol.

A first screening end-point PCR targeting 18S rDNA gene of Apicomplexa was performed on all of the samples with the primers COC-1 and COC-2, as described by Hornok et al. [31]. Briefly, a reaction volume of 25 μL , containing 12.5 μL $2\times$ Dream Taq Hot Start Green PCR Master Mix (Thermo Scientific), 9.5 μL ddH₂O, 0.25 μL (1 μM final concentration) of each primer, and 2.5 μL template DNA were used. For amplification, an initial denaturation step at $94\text{ }^{\circ}\text{C}$ for 10 min was followed by 40 cycles of denaturation at $94\text{ }^{\circ}\text{C}$ for 30 s, annealing at $54\text{ }^{\circ}\text{C}$ for 30 s and an extension at $72\text{ }^{\circ}\text{C}$ for 30 s. A final extension was performed at $72\text{ }^{\circ}\text{C}$ for 10 min.

Additional Multiplex PCR assay, described by Rubiola et al. [19] was performed to simultaneously identify all of the species of the genus *Sarcocystis* actually reported in cattle in Italy, targeting 18S rDNA and COI mtDNA. The multiplex-PCR contained 2.5 μL of template DNA, 0.25 μL (0.5 mM) of each primer, Sarco Rev, Sar F, Hirsuta, Cruzi, COI HB, COI H and COI B, 12.5 μL $2\times$ Dream Taq Hot Start Green PCR Master Mix to a total volume of 25 μL . The PCR assay involved a denaturation step at $95\text{ }^{\circ}\text{C}$ for 3 min, followed by 35 cycles at $95\text{ }^{\circ}\text{C}$ for 60 s, $58\text{ }^{\circ}\text{C}$ for 60 s and $72\text{ }^{\circ}\text{C}$ for 30 s and a final extension of $72\text{ }^{\circ}\text{C}$ for 3 min.

Finally, a Nested PCR targeting the glycerol-3-phosphate dehydrogenase (B1 gene) of *Toxoplasma gondii* was performed as described by Jones et al. [32]. First round of amplification included a denaturation step at $96\text{ }^{\circ}\text{C}$ for 2 min, followed by 40 cycles at $93\text{ }^{\circ}\text{C}$ for 10 s, $57\text{ }^{\circ}\text{C}$ for 10 s, and $72\text{ }^{\circ}\text{C}$ for 30 s. The second round of amplification involved a denaturation step at $95\text{ }^{\circ}\text{C}$ for 2 min, followed by 40 cycles at $93\text{ }^{\circ}\text{C}$ for 10 s, $62.5\text{ }^{\circ}\text{C}$ for 10 s, and $72\text{ }^{\circ}\text{C}$ for 30 s. Amplifications were performed in a T-personal thermal cycler

(Biometra, Goettingen, Germany). In all of the abovementioned PCRs, water was included as a negative control.

The PCR products were electrophoresed on a 1% (for the first two assays) and 2% (for B1 nested PCR), agarose gel stained with SYBR Safe DNA Gel Stain (Thermo Fisher Scientific, Carlsbad, CA, USA) in 0.5× TBE. For sequencing, the amplicons were excised and purified by Nucleo-Spin Gel and PCR Clean-up (Mackerey-Nagel, Düren, Germany) and sequenced with an ABI 3730 DNA analyzer (StarSEQ, Mainz, Germany). All of the primers used in this study are reported in Table 1.

The trace files were assembled with Contig Express (VectorNTI Advance 11 software, Invitrogen, Carlsbad, CA, USA), and the consensus sequences were compared with published data by BLAST tools (<https://blast.ncbi.nlm.nih.gov/Blast.cgi>, accessed on 5 December 2022). Sequence alignments were carried out by BioEdit 7.2.5 [33], while p-distance and maximum-likelihood (ML) tree (K2+G substitution model for both genes and bootstrap of 1000 replicate) were calculated by MEGA 7 [34]. The sequences obtained in this study were deposited in GenBank under accession numbers OQ184854-56 (18SrDNA) and OQ190466-67 (COI mtDNA).

Table 1. Forward and reverse primers used in the different PCR assays.

| | Primers | Gene | Primer Sequences | Product Length | Reference |
|--|--|--------|--|----------------|-----------|
| 18S Apicomplexa | COC-1 COC-2 | 18S | AAGTATAAGCTTTTATACGGCT CACTGCCACGGTAGTCCAATA | 300 bp | [31] |
| <i>Sarcocystis</i> spp. Multiplex PCR | Sarco_Rev | 18S | AACCCTAATTCCCCGTTA | 200–250 bp | [15] |
| | SarF | | TGGCTAATACATGCGCAAATA | | [35] |
| | Hirsuta | | CATTTCGGTGATTATTGG | 108 bp | [15] |
| | Cruzi | COI | ATCAGATGAAAATCTACTACATGG | 300 bp | [19] |
| | COI_HB | | AATGTGGTGCGGTATGAACT | 420 bp | |
| | COI_H | | GGCACCAACGAACATGGTA | | |
| COI_B | TCAAAAACCTGCTTTGCTG | 700 bp | | | |
| B1 <i>Toxoplasma</i> nested PCR | I Round for I Round rev II Round for II Round rev | B1 | GGAAGTGCATCCGTTTCATGAG TCTTTAAAGCGTTCGTGGTC- TGCATAGGTTGCAGTCACTG GGCGACCAATCTGCGAATACACC | 96bp | [32] |

3. Results

3.1. Gross-Pathological Findings

On gross pathology, skeletal muscles showed multifocal, firm, coalescent green-yellowish round lesions with a diameter ranging from 0.1 to 1.5 cm. Some of the larger lesions (1.0–1.5 cm in diameter) had necrotic yellow-green content (Figure 1a), and the smaller (0.2–0.5 cm in diameter) were whitish in color and appeared solid or released only little yellowish-white material when squeezed (Figure 1b). Based on the gross pathology, a diagnosis of severe multifocal chronic myositis was formulated.

3.2. Cytological and Histological Findings

On cytology, inflammatory cells mostly referable to eosinophils were noticed.

Histologically, the muscle revealed extensive multifocal areas of necrosis with mineralization surrounded by fibrosis and inflammatory cells, mostly lymphoid cells (Figure 2a,b). In some areas, single muscle fibers were noted to be atrophic or with initial necrosis (in a longitudinal section made visible by hypertrophy, loss of transverse striation, and initial fragmentation) immersed in connective tissue with macrophages, giant cells, and lymphoid cells. Occasionally, the foci presented degenerate parasitic cysts surrounded by variable numbers of inflammatory cells (among which many eosinophils), or, at a later state, macrophages and giant cells forming a granulomatous lesion (Figure 2c). Intact protozoan

cysts (morphologically referable to *Sarcocystis* sp.) were detected in the unaffected muscle (Figure 2d).

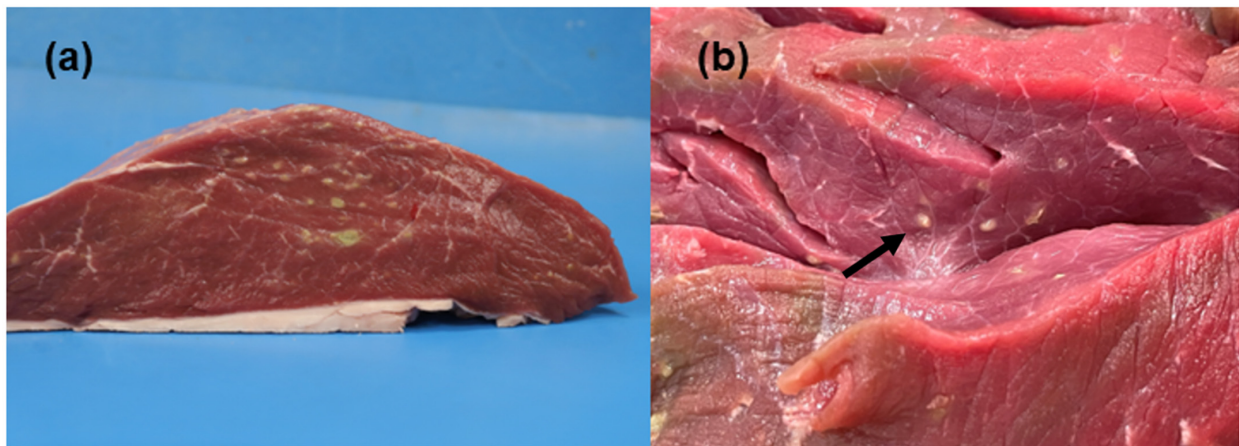


Figure 1. Macroscopic appearance of the infected skeletal muscle. (a) Note the multifocal yellowish-green round lesions, ranging from 0.1 to 1cm of diameter, with a necrotic content in a cross-section of skeletal muscle. (b) Note the white round lesions and a green discoloration area of the muscle (arrow).

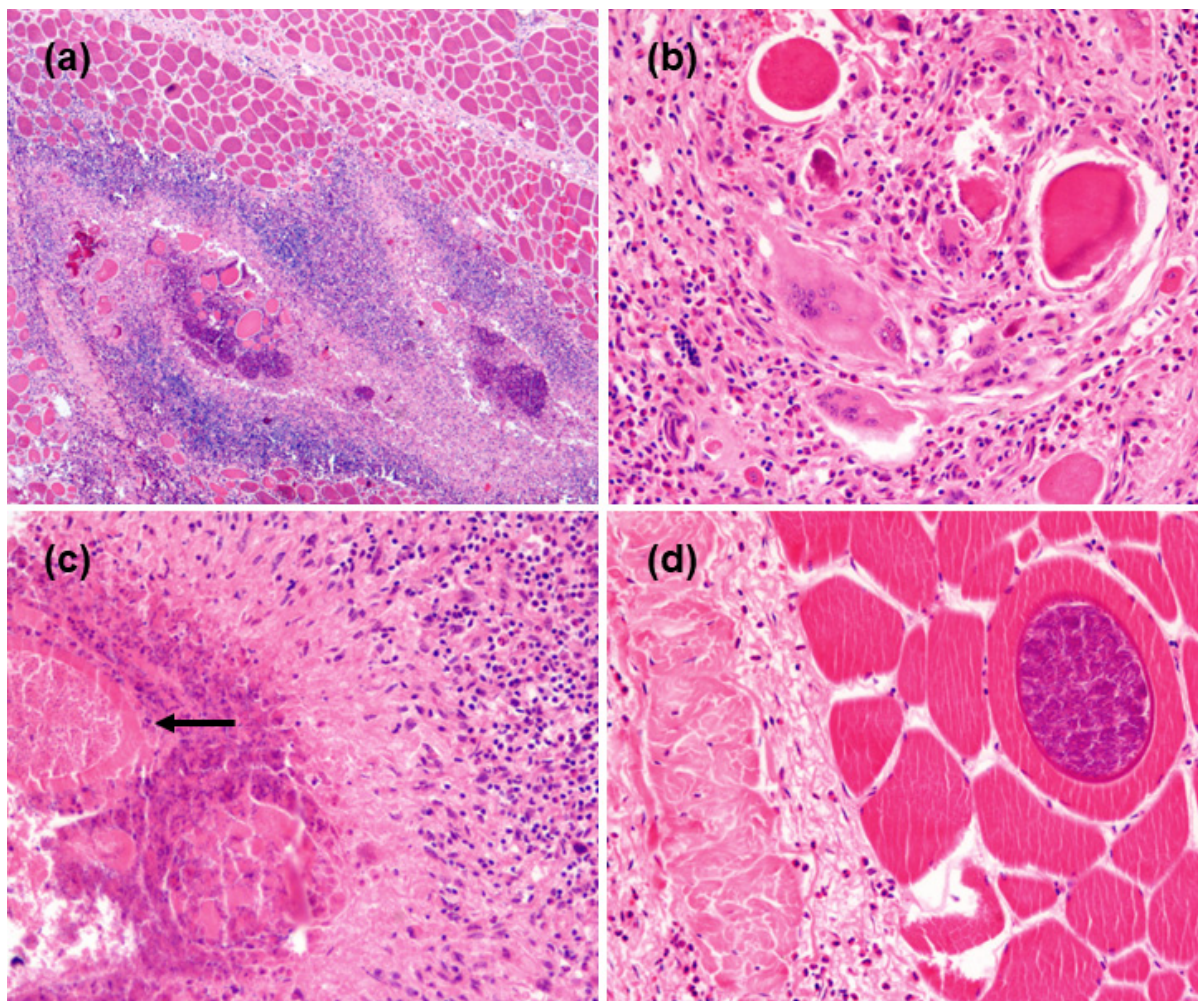


Figure 2. Histological appearance of the infected skeletal muscle. (a) A vast lesion showing mineralized foci of necrotic tissue surrounded by inflammation, mostly mononuclear elements. H.&E. 4× (b) Higher

magnification shows a few necrotic fibers in the center of inflammatory tissue composed by palisades epithelioid macrophages, multinucleated giant cells, admixed with eosinophils and lymphoid tissue. H.&E. 20× (c) On the left, extensive necrotic material in which the debris of a protozoan cyst are visible (arrow). Around them a layer of necrotic inflammatory cells surrounded by granulomatous tissue. H.&E. 10× (d) Top right: A cyst in the middle of a viable skeletal muscle fiber, with no inflammation. Left: Thick connective tissue (fibrosis) with scattered eosinophils. H.&E.10×.

Histologically, the retrieved findings were compatible with a severe granulomatous myositis.

3.3. Serological and Molecular Results

The meat juice IFAT resulted negative for *T. gondii* specific IgG at a 1:4 dilution.

Concerning the molecular analyses, all of the PCR assays successfully amplified all of the three matrices examined. In detail, in the PCR targeting the Apicomplexa 18S rDNA, all nine specimens were positive, with a band of ~ 300 bp. Sequences were obtained from six samples (4 ML, 1 HM, 1 MJ) and a BLAST search gave 99.6% identity with *S. hominis* in five (3 ML, 1 HM, 1 MJ), and 99.6–99.3% *Hammondia hammondi*/*T. gondii* only from ML.

The same samples tested with the multiplex PCR specific for cattle *Sarcocystis* showed a band of 420 bp of *S. hominis*. To confirm the results, the COI mtDNA of two samples (1 ML, 1 MJ) were sequenced. A BLAST search gave a 99.5% (ML) and a 99.7% (MJ) identity with *S. hominis*.

Finally, the nested PCR targeting B1 gene of *T. gondii* showed amplification of all the nine samples, with an amplicon of approximately of 96 bp. Unfortunately, only one specimen (MJ) gave a readable sequence showing 100% identity with *T. gondii* (Table 2).

Table 2. Results of PCR and Sequencing on tested samples.

| Sample | 18s PCR [31] | Multiplex Sarcocystis PCR [19] | B1 Toxoplasma Nested-PCR [32] |
|-------------------|---|--|---|
| ML (4 samples) | 4 PCR positive * (3 <i>S. hominis</i> , 1 <i>Toxoplasma/Hammondia</i>) | 4 <i>S. hominis</i> PCR positive (1 <i>S. hominis</i>) | 4 PCR Positive (no sequence) |
| HM (4 samples) | 4 PCR Positive (1 <i>S. hominis</i>) | 4 <i>S. hominis</i> PCR positive | 4 PCR Positive (no sequence) |
| MJ (1 sample) | 1 PCR Positive (1 <i>S. hominis</i>) | 1 <i>S. hominis</i> PCR positive (1 <i>S. hominis</i>) | 1 PCR Positive (1 <i>T. gondii</i>) |

* In round brackets the results of Sanger sequencing.

The p-distance of the 18S rDNA *S. hominis* specimens (HM, ML and MJ) showed 0% genetic variability to the same species retrieved from GenBank and used for building the ML tree. The interspecific p-distance was 0.2–0.3% with *S. bovini* and *S. bovifelis*, respectively, reaching 1.2–1.3 and 1.4% with *S. hirsuta*, *S. heydorni* and *S. cruzi*, respectively. Concerning the more variable COI mtDNA the intraspecific variability among *S. hominis* was 0.1–0.2%, while the interspecific divergence was 0.9–1% with *S. bovini* and *S. bovifelis*, respectively, and 1.6–2.5 and 2.3 % with *S. hirsuta*, *S. heydorni* and *S. cruzi*, respectively.

The ML tree of both molecular markers showed the same topology (Figure 3a,b); our specimens (both HM and MJ) are included in the *S. hominis* cluster and closely related to *S. bovini* and *S. bovifelis*. Moreover, the *T. gondii* sample formed a cluster with the other member of the family Sarcocystidae (*H. hammondi*/*T. gondii* and *N. caninum*).

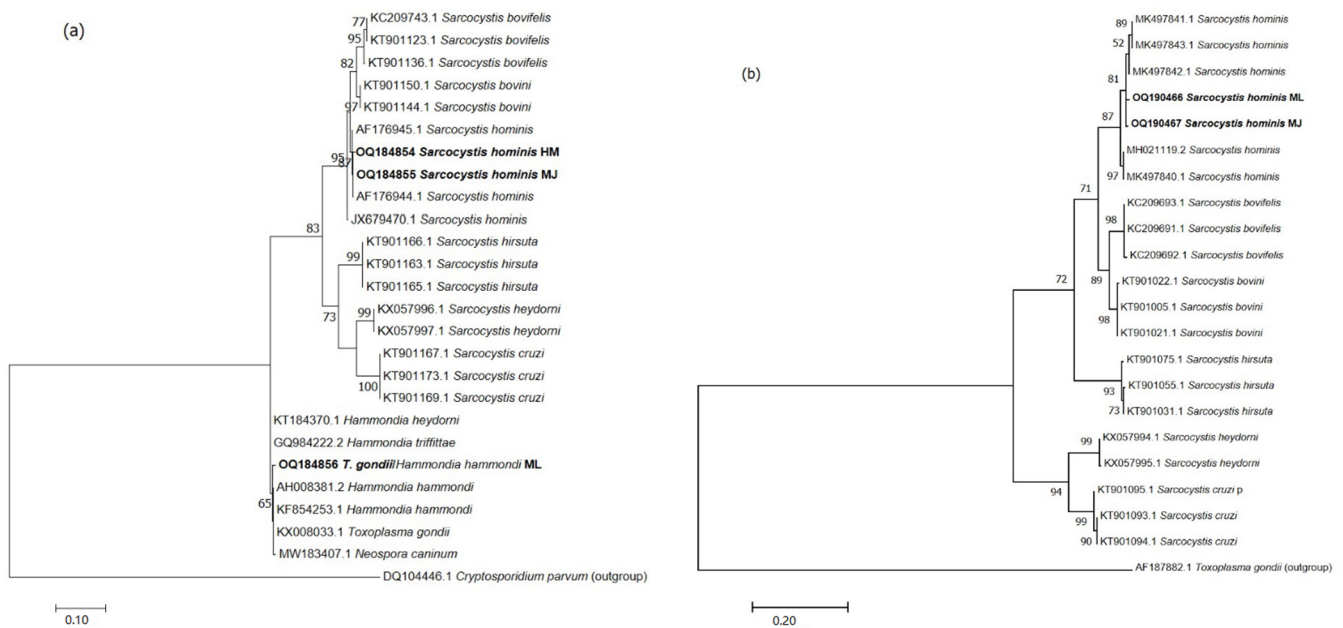


Figure 3. Maximum Likelihood trees inferred from *Sarcocystis* hominis and *Toxoplasma gondii* 18S rDNA (a) and COI mtDNA (b) from this study and sequences retrieved from GenBank. The evolutionary history was computed with the Kimura 2-parameter model. The tree is drawn to scale, with branch lengths measured in the number of substitutions per site. There were a total of 207 position for 18S rDNA and 348 for COI mtDNA in the final data sets. Our specimens are in bold. HM = healthy muscle; ML = macroscopic lesion; MJ = meat juice pellet.

4. Discussion

This paper reports for the first time co-infection by *S. hominis* and *T. gondii* in a severe case of BEM, resulting in carcass condemnation at slaughter. *Sarcocystis* spp. infection is common in cattle, but the development of BEM only occurs in some cases and seems to be linked to the presence of some *Sarcocystis* spp. [4]. In Italy, it has been seen to be associated mainly with *S. bovis*, *S. hominis* and *S. cruzi* [1]. Occasionally, as shown in the present report, muscular involvement can be extremely severe, causing carcass discard and high economic losses. The histopathological lesions observed in this study were similar to those described by Wouda [4] in a case of BEM in a beef cow due to *S. hominis*.

The correct identification of the etiological agents involved in BEM are of primary importance as the cattle muscle can be infected by some important zoonotic parasites, i.e., *Sarcocystis* spp. and *T. gondii*. In this view, the identification at species level of the former genus should be considered of primary importance in order to discriminate the zoonotic from the non-zoonotic species. In fact, *S. hominis* and *S. heydorni* are meat-borne zoonotic parasites that can be transmitted by eating raw or undercooked meat, a very common practice in all the southern regions of Europe [13,17,18].

In our study, depending on the method used, both *S. hominis* and *T. gondii* were detected in all of the three matrices tested (ML, HM and MJ). In particular by the species-specific multiplex PCR for *Sarcocystis* spp. [19], the *S. hominis*-related amplicon was detected in all matrices, as well as with the nested PCR targeting B1 gene of *T. gondii* [32].

The less specific PCR targeting of the 18S rDNA of Apicomplexa [32], did not allow for properly identifying *T. gondii* (BLAST result *H. hammondi*/*T. gondii*), which was confirmed only by the B1 specific gene.

Despite the two Apicomplexa detected in all matrices examined, sequences of good quality were obtained mostly for *S. hominis*, probably due to the high presence of this species also in healthy tissues (observed in histological sections).

Lastly, in our study, the sediment of meat juice was used as a target for the DNA extraction and amplification, and to the best of our knowledge this is the first time that

such a matrix has been used for this purpose. Interestingly, only from this matrix were we able to obtain a readable sequence of *T. gondii* B1 gene, probably because the starting amount of parasite was higher than in lesions and in healthy muscle.

Therefore, based on our results, meat juice sediment proved to be a promising matrix to be tested for the molecular diagnosis of cysts-forming protozoans infecting bovine muscle, independently of the presence of BEM lesions.

Co-infections in cattle between *T. gondii* and *Sarcocystis* spp. have been already described [24–27]. To the best of our knowledge, this is the first report of the presence of *T. gondii* DNA in a case of BEM. However, its role in evoking the disease is unclear, as the infection in cattle is usually asymptomatic [28] and the reported cases are mainly related to reproductive failure [30]. Nevertheless, ingestion of *T. gondii* tissue cysts from infected meat is a major route of infection for humans, with consumption of raw or undercooked meat from infected animals considered a significant public health risk [36]. There is evidence suggesting the important role of the beef as a source of human infection [37–39]. The reported seroprevalence for *T. gondii* infection in cattle varies between different countries, for example, 83.3% ($n = 504$) in southern Spain [40], 45.6% ($n = 406$) in Switzerland [41], and 10.2% in Italian beef cattle [42].

Contrastingly to what happens in other animal species, in cattle the seroprevalence does not give a valid indication of the risk for human infection by eating meat because cattle can eliminate their tissue cysts while remaining seropositive [43]. Possibly, only recently infected animals, which have not yet developed antibodies, have a parasite load high enough to be detectable by direct assays [44]. This is confirmed also in the presented study in which the animal was seronegative for IgG against *T. gondii* by IFAT on meat juice, while *T. gondii* DNA was observed in muscle.

The finding of *T. gondii* DNA within the BEM lesions draws attention to the possible role that a co-infection of this parasite with *Sarcocystis* sp. may play in evoking BEM lesions. In the human context, although toxoplasmosis is not a well-recognized cause of eosinophilia, the literature suggests that associated factors, such as coinfection with other parasites or drug hypersensitivity, may play a role in the development of eosinophilia with acquired toxoplasmosis [45,46]. However, this is only a possible pathogenetic analogy, as these two host species (bovine and human) have a totally different susceptibility to *T. gondii*, with very different consequences of infection.

5. Conclusions

In conclusion, we described in this paper the first detection of *T. gondii* DNA in a severe case of bovine eosinophilic myositis associated with a coinfection by *S. hominis*. Molecular results highlighted DNA of both pathogens within the lesion in healthy muscle and or in the meat juice pellets, laying the groundwork for a possible etio-pathogenetic correlation between co-infection and the development of BEM. However, the role of *T. gondii* in the pathogenesis of eosinophilic myositis is completely unclear, and further studies on co-infection of *T. gondii* and *Sarcocystis* sp. in BEM cases are necessary to understand the possible role of *Toxoplasma* in this condition that impacts food safety and the economy of the livestock sector.

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Informed Consent Statement: Informed consent was obtained from all subjects involved in the study.

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Conflicts of Interest: The authors declare no conflict of interest.

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Chapter 7

Genotype characterization of *Toxoplasma gondii* in Italy: multiple typing approach from captive and livestock species confirm the circulation of type II variant

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1 **Genotype characterization of *Toxoplasma gondii* in Italy: multiple typing approach from**
2 **captive and livestock species confirms the circulation of Type-II variants**

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10

11 **Abstract**

12 *Toxoplasma gondii* is a widespread foodborne parasite affecting both humans and animals worldwide.
13 Genetic characterization of this parasite has become of crucial importance for epidemiological and
14 clinical implications. This study focused on the direct genetic characterization of *T. gondii*-positive
15 DNA samples in Italy, with different standardized genotyping methods. An attempt to quantify a total
16 of 87 DNA samples that had tested positive for *T. gondii* and were obtained from livestock and wild
17 animals in Northern Italy was undertaken using quantitative PCR. Only 11 were positive with specific
18 qPCR and only three gave an adequate typing by microsatellite analysis, PCR-RFLP, and partial
19 sequencing of GRA6 and SAG3 genes. Predominantly, Type II strains were observed, with non-clonal
20 variants identified in sheep and a lemur. Sequencing of SAG3 revealed specific single nucleotide
21 polymorphism previously documented in European Type-II variants. This study provides valuable
22 insights into the epidemiology of *T. gondii* in Italy. Understanding the diversity and transmission
23 dynamics of this parasite is crucial for managing its impact on both human and animal health.

24 **Keywords:** *Toxoplasma gondii*, Genotyping, Microsatellite analysis, RFLP, Zoonosis

25 **1. Introduction**

26 The protozoan parasite *Toxoplasma gondii*, a member of the Apicomplexa, family
27 Sarcocystidae, is known to infect a wide range of warm-blooded animals. This pathogen poses a
28 specific threat to food safety within the European Union (EFSA, 2018) and ranks as the second
29 leading cause of foodborne illnesses in the United States (Scallan et al., 2011). Infection primarily
30 result from the consumption of undercooked meat containing viable tissue cysts or the ingestion of
31 food and water contaminated with oocysts (Pereira et al., 2010; Guo et al., 2015). This infection are
32 closely linked to harmful effects, such as reproductive failure in pregnant women, neurological
33 manifestations in immunocompromised individuals, and ocular diseases in otherwise healthy humans.

34 *Toxoplasma gondii* has significant implications for animal health as well, especially in the
35 ovine industry, resulting in substantial global economic losses (Katzer et al., 2011; Stelzer et al., 2019;
36 Dubey, 2022a). Some animal species are highly susceptible to fatal toxoplasmosis, such as lemurs,
37 New World non-human primates (NWNHPs), and Australian marsupials, often experiencing sudden
38 death upon infection (Carrossino et al., 2021; Rocchigiani et al., 2022; Salas-Fajardo et al., 2023).
39 The genotyping of *T. gondii* strains plays a pivotal role in understanding the global population
40 structure of the parasite. Genomic diversity within *T. gondii* may significantly influence its
41 epidemiology, impacting factors such as host adaptation in definitive and intermediate hosts (Lilue et
42 al., 2013; Khan et al., 2014; Hamidovic et al., 2021). Furthermore, some *T. gondii* genotypes are
43 known to exhibit higher virulence towards specific hosts compared to others (Khan et al., 2006;
44 Behnke et al., 2011). These differences in virulence may not only exist between different host species
45 but also at the intra-individual level (Calero Bernal et al., 2022).

46 In the last decade, Italy has witnessed numerous studies employing diverse genotyping
47 techniques to analyze clinical and epidemiological *T. gondii* isolates identifying primarily the Type II
48 variants and, to a lesser extent, Type III.

49 Type II and III have been indeed reported in two different reports on striped dolphin on Italian
50 coasts, through Multilocus Sequencing genotyping (Di Guardo et al., 2011) and through PCR-
51 Restriction Fragment Length Polymorphism (PCR-RFLP) genotyping and subtyping with PCR-
52 Sequencing (Fernández-Escobar et al., 2022) In a terrestrial context, *T. gondii* Type II, and less
53 frequently Type III, have been widely observed in various hosts through different typing methods: in
54 sheep flocks following abortion outbreaks (Chessa et al., 2014), from slaughter samples (Vismarra et
55 al., 2017), and in wild animals such as corvids (Mancianti et al., 2020), red deer (Rocchigiani et al.,
56 2016) and Eurasian otter (Viscardi et al., 2021). Few other reports have identified genetic variants
57 rarely described in Europe, such as Type I variant in wild and domestic mammals from Northern
58 (Battisti et al., 2018) and Southern regions (Sgroi et al., 2020), though involving the analysis few
59 numbers of typing loci. These findings contrast with results from other European countries where
60 Type II is the most prevalent *T. gondii* genotype (Richomme et al., 2009; Aubert et al., 2010; Calero-
61 Bernal et al., 2015).

62 Given the limited information available on *T. gondii* genotype characterization in Italy, this study
63 aims to genotype samples collected from both epidemiological surveys and clinical outbreaks of
64 toxoplasmosis in animals from northern Italy, employing a complementary analysis of three distinct
65 genotyping approaches: Microsatellite analysis, PCR-RFLP, and Multilocus Sequencing.

66

67 **2. Materials and Methods**

68 In this study, we carried out genetic characterization of *T. gondii* on positive samples tested during
69 epidemiological surveys and routine diagnostic procedures. The 87 specimens were collected from
70 both wild and domestic animals, all of which were screened for *T. gondii* using a nested PCR targeting
71 B1 gene of *T. gondii* (Dini et al., 2023) (see Table 1 for details).

72 *Toxoplasma*-specific DNA quantification was performed using a duplex qPCR assay, adapted
73 from Slany et al. (2019). It included the amplification of the species-specific 529 bp-RE locus and an
74 internal amplification control (IAC) to aid the identification of false negative results (Slana et al.,
75 2008). Reaction details, amplification condition and quantification acquisition were performed
76 following Fernández-Escobar et al. (2022)

77 Samples with Ct values < 36 were subjected to genotyping by 15 microsatellite (MS) markers
78 analyzed in a multiplex PCR assay (Ajzenberg et al. 2010). For *T. gondii* MS typing, we used a set of
79 up to 15 markers located on 11 different chromosomes of the *T. gondii* genome, including eight
80 lineage typing markers (B18, M33, TUB2, XI.1, TgM-A, W35, IV.1, and B17) and seven
81 fingerprinting markers (N61, M48, N83, N82, N60, M102, and AA), used to resolve different isolates,
82 applicable to both archetypal (type I, II, or III) and non-archetypal lineages (Ajzenberg et al., 2010,
83 Joeres et al., 2023). Multiplex PCR, fragment size measurement, and typing follow Joeres et al.
84 (2023).

85 Additionally, samples with complete microsatellite profile were subjected to further
86 genotyping analysis. DNA extracts were subjected to Mn-PCR restriction fragment length
87 polymorphism (RFLP) method, with the markers SAG1, SAG2 (50–30 SAG2, and alt. SAG2),
88 SAG3, BTUB, GRA6, c22-8, c29-2, L358, PK1, and Apico (Su et al., 2010). ToxoDB RFLP genotype
89 was identified according to <http://toxodb.org/toxo/> (accessed 12 September 2023).

90 Finally, sequencing of the SAG3 and GRA6 markers was performed for all qPCR positive
91 samples. Sequencing were carried at the Center for Genomic Technologies of the Complutense
92 University of Madrid, Spain, with the BigDye® Terminator kit v 3.1 by Applied Biosystems (Foster
93 City, CA, USA). The resulting sequences were then analyzed using an ABI 3130 Genetic Analyzer
94 (Applied Biosystems).

95 A Maximum-Likelihood (ML) phylogenetic tree was built based on SAG3 sequences (HKY
96 model with 1000 bootstrap) together with sequences retrieved from GenBank, selected based on their

97 geographical origin, representing Europe and Africa to contextualize the Mediterranean region.
98 Furthermore, we included sequences from well-established clonal reference strains, such as TgRH
99 (type I), TgMe49 (type II), and TgNED (type III), from GenBank.

100

101 **3. Results**

102 **3.1 qPCR**

103 Out 87 samples only 11 successfully amplified the 529bp RE region. These samples yielded cycle
104 threshold (Ct) values ranging from 27.8 to 39.9, indicative of varying levels of parasite DNA amount.
105 The maximum quantification of *T. gondii* zoites in these samples was observed at 82.5 zoites per
106 milligram of tissue. Notably, the majority of these positive cases derived from domestic small
107 ruminants, all of which were sourced from instances of abortion outbreaks.

108 Moreover, one sample from muscle of a ring-tailed lemur exhibited a parasitic load of 37 zoites
109 per milligram of tissue while a second one from the heart of a red fox showed a notably low parasitic
110 burden (Table 2).

111 **3.2 Microsatellite Analysis**

112 The results of genotyping and fingerprinting using microsatellite (MS) markers are reported in
113 Table 3. Among the seven samples subjected to MS typing, five amplified a minimum of five typing
114 markers. Among these three specimens sourced from sheep (two placental samples and one central
115 nervous system [CNS] foetus), one muscle sample from *Lemur catta*, and one CNS sample from an
116 aborted goat foetus. Two of these samples (Lemur muscle and sheep placenta [1016]) yielded a
117 comprehensive MS profile encompassing all 15 markers. Consensus profiles were determined for
118 three samples out of five, including only the samples with a complete profile or with at least 7/8
119 genotyping markers. Specifically, these three samples (two sheep placenta [1016 and 956] and lemur
120 muscle) exhibited non-clonal Type II strains. (Table 3).

121 **3.3 RFLP results**

122 The two samples subjected to PCR-RFLP procedures (sheep placenta [1016], and lemur muscle)
123 yielded a complete profile corresponding to the ToxoDB#3. The results are shown in Table 3.

124 **3.4 Results of Sequencing and Phylogenetic analysis**

125 After sequencing all GRA6 sequences, corresponding to type II, displayed a remarkable 99.7-
126 100% similarity with sequences of *T. gondii* from various sources, including ON814571 (dolphin,
127 Italy), MT370491 (sheep, Spain), MG587975 (pig, Italy), MG587959 (pig, Italy), and numerous
128 others available in GenBank. For SAG3 sequences the type II allele showed a single nucleotide
129 polymorphism (SNP), namely G1691T, which effectively separated our type II and type II-like
130 samples into two distinct groups.

131 The first group, represented by sample 493 (muscle from a congenitally infected goat; IIa SAG3
132 allele), exhibited 100% identity with the sequences MT361125 (sheep, Spain), KU599489 (cat,
133 Turkey), KU599478 (chicken, Portugal), ON814566 (Me49 reference strain), ON814568 (dolphin,
134 Italy), and others present in GenBank. The second group, characterized by the G1691T SNP, included
135 samples 16, 621, 1016, 956, and 630 (IIb SAG3 allele) and displayed 100% similarity with the
136 sequences MT361126 (sheep, Spain), KU599488 (cat, Turkey), KU599479 (pig, Portugal),
137 KU599412 (sheep, France), ON814569 (dolphin, Italy), among various other deposited sequences.
138 Notably, this SNP results in an amino acid change at codon 368 from Methionine (Met) to Isoleucine
139 (Ile), a phenomenon previously documented in a significant number of samples collected from sheep
140 abortion cases in Spain (Fernández-Escobar et al., 2020a) and stranded dolphins in Italy (Fernández-
141 Escobar et al., 2022).

142 The ML tree showed 3 clearly separated cluster composed by the three types: Type I, Type II,
143 and Type III, supported by high bootstrap values ranging from 90% to 99%. It's worth noting that

144 within the Type II cluster, we identified two well-defined sub clusters, namely Type IIa and Type IIb,
145 as illustrated by the previously mentioned SNP observed in the alignment of SAG3 sequences.

146 **Discussion**

147 Genetic characterization, employing three distinct genotyping methodologies, has revealed
148 the predominance of Type-II variants within our sample set, primarily encompassing sheep and lemur.
149 Type-II strains are notably prevalent in European domestic livestock (Fernández-Escobar 2020a,
150 2020b), wildlife (Richomme et al., 2019), and humans (Jokelainen et al., 2018). It is important to note
151 that the current understanding of the genetic diversity of *T. gondii* populations in Italy remains limited.
152 Existing studies often employ a reduced number of typing loci (Mancianti et al., 2020, Battisti et al.,
153 2018, Sgroi et al., 2020), which may introduce bias in the characterization of the infecting strain.

154 Phylogenetic analyses of highly variable loci responsible for encoding virulence factors,
155 including surface and secretory antigens, which often experience significant selective pressure, have
156 been extensively employed to elucidate potential genetic population structure models, evolutionary
157 relationships among *T. gondii* populations, reservoirs, and transmission dynamics, among other
158 crucial factors (Jiang et al., 2018; Bertranpetit et al., 2017).

159 Our findings suggest a potential genetic relatedness between *T. gondii* populations in Italy,
160 Spain, and France. This inference is based on limited SAG3 sequences of sheep origin available in
161 GenBank database. Our SAG3 sequences grouped into two distinct clusters, which were delineated
162 by the specific SNP (G1691T) as described by Fernández-Escobar et al. (2020a).

163 The exclusive identification of *T. gondii* Type II strains within our collection of small ruminant
164 samples, primarily composed of sheep, aligns with the well-documented literature that underscores
165 the prevalence of *T. gondii* Type II alleles in European sheep populations (Dubey, 2009).
166 Nevertheless, *T. gondii* is recognized as a prominent contributor to ovine reproductive failures,

167 resulting in significant economic losses to the global sheep industry (Katzner et al., 2011, Stelzer et
168 al., 2019, Dubey, 2022).

169 The clinical manifestations of ovine toxoplasmosis are influenced by various factors,
170 including strain virulence and the parasite's developmental stage at the time of infection (Dubremetz
171 and Lebrun, 2014; Benavidez et al., 2014). It is noteworthy that all the sheep samples analysed in this
172 study originated from abortion outbreaks, comprising both placental infected tissue and congenitally
173 infected lambs.

174 The prevalence of *T. gondii* Type II strains among European animals suggests that zoo species
175 in Europe may encounter a relatively restricted set of strain genotypes compared to those found in
176 their natural habitats (Denk et al., 2022). Our study findings corroborate this trend, as we observed
177 that the single primate specimen in our sample set hosted a Type IIb variant, which was observed to
178 cluster in the phylogenetic tree alongside the small ruminant samples displaying the distinctive SNP
179 (G1691T).

180 Lemurs and New World monkeys are especially vulnerable to develop severe clinical
181 manifestations and succumb to acute toxoplasmosis. Many outbreaks have been described in captive
182 species, but those accompanied by genotypic data are scarce (Dubey et al 2022b). In an Italian zoo, a
183 possible type II strain determined by 8 PCR-RFLP markers was confirmed in one individual during
184 a fatal outbreak in ring-tailed lemur (*Lemur catta*) (Rocchigiani et al. 2022). Lately, another lethal
185 case occurring in a zoo-housed black-capped squirrel monkey (*Saimiri boliviensis*) in Portugal have
186 been described. Genotyping of 13 microsatellite markers confirmed a systemic *T. gondii* infection
187 linked to a non-clonal type II strain (Salas-Fajardo et al., 2023).

188 Apart from *T. gondii* cell culture isolates, where the parasitic burden is often considerably high
189 and permits feasible DNA genotyping, typing and subtyping discrimination in *T. gondii*-positive
190 samples can be challenging, especially in epidemiological surveys. Studies such as Dubey et al.
191 (2008) and Fernández-Escobar et al. (2020a,b), which include a bioassay step prior to genotyping,

192 have yielded more favourable results in terms of marker amplification compared to those that carried
193 out PCR-RFLP or MS typing without prior bioassay, as observed by several authors (Herrmann et al.,
194 2012; Calero-Bernal et al., 2015; Fernández-Escobar et al., 2022; Salas-Fajardo et al., 2023; and
195 present study). These findings underscore the critical importance of high-quality DNA to obtain a
196 satisfactory percentage of marker amplification. However, in epidemiological investigations,
197 particularly in wildlife settings, challenges arise. Sampling activities in the wild may occur days after
198 the animals' demise, making it difficult to recover viable *T. gondii*. Moreover, conducting a bioassay
199 is both costly and time-consuming, rendering it impractical for epidemiological studies involving a
200 large number of samples (Battisti et al., 2018).

201 Quantitative PCR assay results showed a reduction in the number of positive samples by
202 amplification of the 529 bp repeat element marker compared to B1. These could be explained either
203 by false positive results by B1 PCR assay or due to lower sensitivity of the former marker (Veronesi
204 et al., 2017). Furthermore, some authors have reported instances of non-reproducibility in qPCR
205 results for *T. gondii*, highlighting the potential for limited agreement between various direct molecular
206 assays (Opsteegh et al., 2019).

207 Hence, the insights of this study hold significant importance in the context of *T. gondii*
208 epidemiology within Italy. Notably, they mark the first instance of comprehensive microsatellite
209 profiles, confirmed by RFLP and further detailed by MLS analysis, originating from two distinct
210 species, each bearing unique epidemiological implications: captive ring-tailed lemurs and sheep. The
211 exhaustive characterization of these strains circulating in diverse ecological settings undoubtedly
212 contributes valuable insights to enhance our understanding of the epidemiology and transmission
213 dynamics of this remarkably successful protozoan.

214 **Conclusion**

215 By employing a combination of three distinct genotyping methods, we have generated the first
216 comprehensive microsatellite profiles for *T. gondii* in Italy. Our findings underscore the prevalence

217 of Type II strains, particularly in cases of ovine abortion, and in a fatal toxoplasmosis in captive *Lemur*
218 *catta*. This multifaceted approach not only enhances our knowledge of *T. gondii*'s genetic variants but
219 also provides valuable insights into its transmission dynamics. This comprehensive analysis is crucial
220 for effectively managing the impact of this pathogen on both human and animal health in Italy.

221

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376

377 Table 1. Samples analysed by qPCR. In the “tissues examined” column in brackets the number of
 378 samples if more than one matrices were analysed. All the DNA extraction were performed using Pure
 379 Link ® Genomic DNA Mini kit (Invitrogen by Thermo Fisher), according to the manufacturer’s
 380 protocol.

381

| Animal Species | Specimens N | Tissues examined (n) | Amount of tissue for DNA extraction |
|-------------------------------------|------------------------|--|---|
| <i>Canis lupus italicus</i> | 7 | CNS (7), Heart Tissue (5) | 25 mg |
| <i>Capreolus capreolus</i> | 6 | Spleen | 25 mg |
| <i>Vulpes vulpes</i> | 6 | Heart Tissues (5), Spleen (1) | 25 mg |
| <i>Talpa europaea</i> | 1 | CNS, Heart Tissue, Tongue | 25 mg |
| <i>Mustela nivalis</i> | 1 | CNS, Heart Tissue, Tongue | 25 mg |
| <i>Erinaceus europaeus</i> | 1 | CNS, Heart Tissue, Tongue | 25 mg |
| <i>Sciurus vulgaris</i> | 2 | CNS, Heart Tissue, Tongue, Muscle | 25 mg |
| <i>Sus scrofa</i> (wild) | 2 | Muscle | 10 g (200 µL of pellet after Peptic Digestion) |
| <i>Spatula clypeata</i> | 3 | Heart Tissue | 25mg |
| <i>Anas crecca</i> | 1 | Heart Tissue | 25mg |
| <i>Anas platyrhynchos</i> | 2 | Heart Tissue | 25mg |
| <i>Vanellus vanellus</i> | 1 | Heart Tissue | 25mg |
| <i>Lemur catta</i> | 1 | Muscle | 25mg |
| | | CNS (4) | 2g (200 µL of pellet after Peptic Digestion) |
| <i>Gallus gallus domesticus</i> | 12 | Heart Tissue (3) | 4g (200 µL of pellet after Peptic Digestion) |
| | | Skeletal Muscle (8) | 25g (200 µL of pellet after Peptic Digestion) |
| <i>Bos taurus</i> | 13 | Heart Tissue | 25mg |
| <i>Capra hircus</i> | 4 | Liver (1), CNS (Aborted Fetuses) (2), Muscle (Aborted Fetus) (1) | 25mg |
| <i>Ovis aries</i> | 7 | CNS (Aborted Fetuses) (2), Placenta (2), Muscles (Aborted Fetuses) (2), Heart Tissue (1) | 25mg |

382

383

384 Table 2 Real time PCR positive samples

| Sample ID | Host | Locality | Tissue | qPCR results | |
|-----------|----------------------|-------------------|------------|--------------|------------------|
| | | | | Ct | Zoites/mg tissue |
| 630 | <i>Lemur catta</i> | Ravenna (RA) | Muscle | 26.9 | 37 |
| 956 | | Parma (PR) | Placenta | 29.7 | 24 |
| 1011 | | Mantova (MN) | CN Sfoetus | 34 | 1.5 |
| 1016 | <i>Ovis aries</i> | Mantova (MN) | Placenta | 27.8 | 82.5 |
| 22235 | | Parma (PR) | CNS foetus | 35.8 | 0.5 |
| 812-1 | | Bologna (BO) | CNS foetus | 39.5 | 0.04 |
| 812-1 | | Bologna (BO) | CNS foetus | 39.9 | 0.03 |
| 621 | | Bologna (BO) | CNS foetus | 33.9 | 1.6 |
| 16 | <i>Capra hircus</i> | Modena (MO) | CNS foetus | 30.3 | 16.2 |
| 493 | | Forli-Cesena (FC) | Muscle | 36.2 | 0.35 |
| 268624 | <i>Vulpes vulpes</i> | Modena (MO) | Heart | 36.5 | 0.3 |

385

386

Table 3. Microsatellite (MS) typing profile of the samples analysed and RFLP results

| Sample | Species | Microsatellites alleles | | | | | | | | | | | | | | | Consensus profiles | |
|---------------|--------------------|-------------------------|-----|-----|-----|------|-----|------|-----|-------|-----|------|-----|-----|------|-----|--------------------|----------|
| | | N61 | B18 | M33 | M48 | TUB2 | N83 | XI.1 | N82 | TgM-A | W35 | IV.1 | B17 | N60 | M102 | AA | MS genotype | RFLP |
| 1016 | <i>Ovis aries</i> | 93 | 158 | 169 | 211 | 289 | 310 | 356 | 129 | 207 | 242 | 274 | 336 | 140 | 176 | 263 | II | ToxoDB#3 |
| 630/19 | <i>Lemur catta</i> | 97 | 158 | 169 | 219 | 289 | 310 | 356 | 111 | 207 | 242 | 274 | 336 | 140 | 174 | 261 | II | ToxoDB#3 |

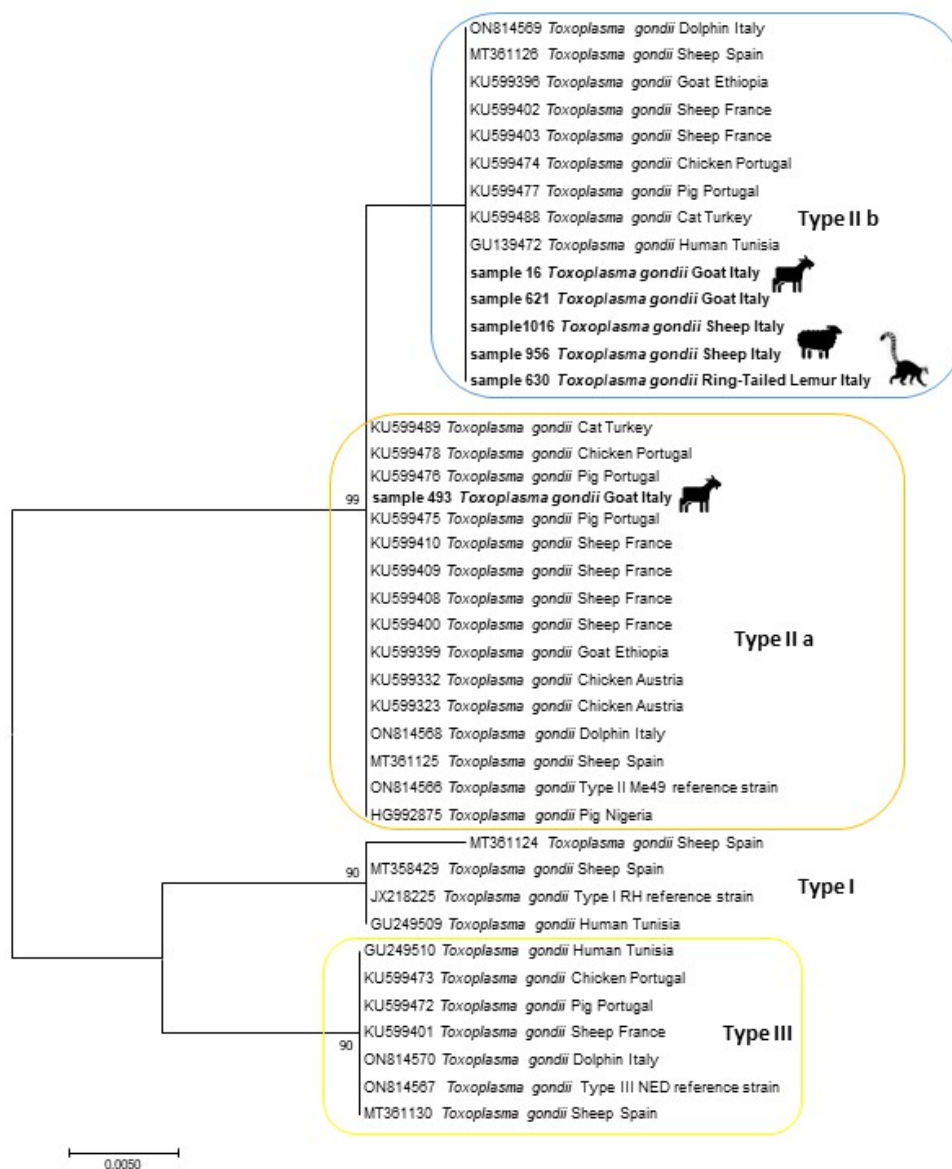


Figure 1. Phylogenetic tree with sequences of SAG3 in the Mediterranean context. It yielded a clear classification into the three distinct genotypes: Type I, Type II, and Type III. The robustness of this clustering is supported by high bootstrap (BP) values, ranging from 90% to 99%. Within the Type II cluster, a more detailed examination revealed the presence of two well-defined subclusters, specifically Type IIa and Type IIb. These subclusters were distinguished by a previously mentioned single nucleotide polymorphism (SNP) observed in the alignment of SAG3 sequences. This SNP likely represents a critical genetic variation that separates these two subclusters within the Type II group.

CHAPTER 8 - Discussions and Conclusion

The One Health approach embodies the essence of transdisciplinary collaboration, uniting efforts to address multifaceted challenges spanning human health, animal well-being, plant health, and the environment. Some authors underline the necessity for One Health to proactively engage in examining, mitigating, and preventing substantial challenges both in the present and the foreseeable future. This urgency is particularly emphasized by the fact that a majority of emerging infectious diseases in humans have their origins in animals, often taking the form of zoonoses. As such, it is imperative to integrate human, animal, and ecosystem health under a common framework. Recent global issues, including environmental shifts, biodiversity decline, habitat fragmentation, globalization, and the emergence of infectious diseases, have converged to create a demand for integrative approaches that transcend traditional disciplinary boundaries and coalesce under the banner of 'One Health.' These converging problems highlight the need for holistic and collaborative strategies. Critical to One Health will be effective monitoring of toxoplasmosis and *T. gondii* prevalence.

✦ The evidence presented in the third chapter of this thesis paints a compelling picture of the widespread distribution of the parasite *Toxoplasma gondii* in the study area. Specific antibodies were found in various animal species, as well as in human populations, indicating the constant presence of this parasite across diverse environments. Furthermore, the presence of seropositivity in both humans, wild, and domestic animals underscores the parasite's adaptation to anthropized environments. The interplay between human activities and environmental factors plays a pivotal role in shaping the epidemiology of this parasitic infection and influencing its spread. Given the inherently interdisciplinary nature of this issue, a One Health approach is indispensable. This approach is not only pertinent in prevalence surveys, as demonstrated in this study, but is equally crucial in the development of strategies for control, education, and prevention campaigns. It reflects the need for a unified effort to address the complex interdependencies between human, animal, and environmental health, ultimately striving for a more holistic and effective approach to these pressing health challenges.

✦ In the holistic perspective of the One Health approach, the environment plays an irreplaceable and significant role. This is also the case in the epidemiology of Toxoplasmosis, where the environment is a fundamental component in the spread of the

parasite, which recognizes it as an important natural reservoir for one of its infectious forms, the oocysts. These oocysts, when released into the environment, serve as a source of infection through environmental sources such as water and soil for various hosts, including certain wildlife, which can act as indicators of environmental contamination by oocysts. Migratory aquatic birds, synanthropic rodents, wolves, and wild boars were the subjects of this chapter (4.1-4-3), in which *Toxoplasma* was investigated using both molecular and serological methods, with serological methods being the most indicative of parasite exposure. The positive findings in migratory aquatic birds reflect how these species can serve as indicators of an aquatic environment contaminated by oocysts. Furthermore, as migratory birds, they have the potential to easily transport parasite strains from specific geographic areas. The rodents, sampled in human-influenced environments, revealed that there is a certain degree of contamination by apicomplexan oocysts shed by felids, such as *T. gondii*, *Hammondia hammondi*, and *Sarcocystis gigantea*, in the sampling areas. Interestingly, for the first time in Italy in these hosts, also *Besnoitia besnoiti* has been recovered, for which the definitive host is unknown in Europe. The seropositivity for *T. gondii* found in Italian wild boars and wolves, sampled in more natural settings, indicates that parasite transmission consistently occurs in the wild, where these hosts become infected by ingesting oocysts present in the environment or through the consumption of other intermediate hosts. The results of this study also provide an initial and comprehensive insight into seroprevalence in wolves.

✱ The fifth chapter of the thesis delved into the role of dogs as intermediate hosts of veterinary importance, assessing the risk factors in various categories of dogs and examining the correlation between seropositivity and pathological anxiety. The results underscore the significance of specific factors in amplifying the risk of *T. gondii* infection among dogs. Cohabitation with cats, coprophagy behaviours, and continuous outdoor habitation were identified as pivotal factors contributing to the likelihood of infection. This comprehensive understanding of how these factors interplay with infection risk adds to our broader comprehension of the epidemiological landscape and emphasizes the need for targeted preventive strategies, especially for dogs exhibiting these risk-associated behaviours and conditions. Recent research has revealed the potential neural localization of bradyzoite cysts in intermediate hosts, which can lead to behavioural modifications. The second study of this chapter exploring the correlation between serological evidence of exposure to *T. gondii* and pathological anxiety in dogs, indicate that large size dogs were more likely to develop

anxiety when testing positive for *T. gondii*, and that raw meat consumption is a valid risk factor for seropositivity.

✦ The consumption of raw or undercooked meat is widely acknowledged as a significant risk factor for human *T. gondii* infection. Recent risk assessments carried out in Europe have particularly highlighted the role of beef in the context of human infection risk. Interestingly, cattle, conversely, exhibit clinical resistance to *T. gondii* infection, and direct diagnostic tools rarely directly detect the parasite in bovine muscle tissues. Chapter six of this thesis is exclusively dedicated to the distinctive bovine host. It specifically focuses on a serological investigation aimed at observing the natural infection dynamics of *T. gondii*. In this study, for the first time an assessment of antibody kinetics for *T. gondii* was conducted at three different time points during the production cycle of fattening cattle, thereby underscoring the dynamic nature of *T. gondii* infection in cattle. This dynamic nature is characterized by evidence of both new infections and a decline in antibody levels over the production cycle. Additionally, the results of blood analysis suggest an activation of the innate immune response in cattle that have been exposed to *T. gondii*. Moreover, within the context of this research, the second section of this chapter provides the first description of a co-infection involving *T. gondii* and *Sarcocystis hominis* (both zoonotic parasites) in a case of Bovine Eosinophilic Myositis (BEM), that caused the condemnation of a bovine carcass. Notably, a novel matrix, such as the meat juice pellet, was effectively employed for the simultaneous detection of both parasites from the Sarcocystidae family.

✦ In the final chapter of the thesis (7), we have employed a combination of three distinct genotyping methods to create the first comprehensive genotyping profiles for *T. gondii* in Italy. Our results highlight the predominance of Type II strains, particularly in cases of ovine abortion and in fatal toxoplasmosis among captive *Lemur catta*. This multifaceted approach not only advances our understanding of the genetic diversity within *T. gondii* but also offers valuable insights into its patterns of transmission. This comprehensive analysis is of paramount importance for the effective management of the impact of this pathogen on both human and animal health in Italy.